



# THE BEACON HILL TIMES

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Above, Beacon Hill residents Stephen Courtney, Cathy Price, Dorie Seavey and Gary Riccio rang King's Chapel's bell, made by Paul Revere, to send the message about the urgency of acting upon climate change.



Left, Mt. Vernon St. resident Dorie Seavey pulls hard on the rope as she rings King's Chapel's Paul Revere bell at 11 a.m. on April 11 to emphasize that it is the 11th hour to do something about climate change.

## King's Chapel serious about fighting climate change

Special to the Times

King's Chapel members have gone all out to celebrate Earth Day on April 22 and to introduce their Environmental Action Initiative to a wider audience.

Concerned about the effects of climate change on Boston and the rest of the planet, members rang the Paul Revere bell in the chapel's tower at 11 a.m. on April 11 to send the message that it is late—the eleventh hour—to do something about the warming of the earth.

They will participate in a Charles River cleanup on April 19 and have begun to coordinate with other downtown houses of wor-

ship to learn how together they can be more effective. They have also organized a "Celebration of the Earth" virtual art show featuring photography, paintings, drawing, floral arrangements, poetry, calligraphy, sculpture, furniture and gardens that celebrate Mother Earth. It will go live in the afternoon on Earth Day, April 22, on the chapel's website <http://www.kings-chapel.org>. Everyone is invited to take a look.

Finally, former Beacon Hill resident and King's Chapel member Bill Wilson, co-founder and managing partner of Birds & Beans coffee, will give a Zoom talk at noon on April 22 entitled "Regenerative Agriculture + Good Coffee

+ Abundant Bird Life." Regenerative agriculture, or using farming practices that rebuild soils and improve conditions, is the new standard of the environmental movement.

Wilson will tell the story of how he created a coffee business that helps preserve more than 4,000 acres of tropical forest habitat and helps support over 2,500 family coffee farms and their workers in Central and South America while protecting more than 150 species of birds.

The public is invited to this Zoom talk. To register for the link, [https://us02web.zoom.us/meeting/register/tZMldO6orD4tH-NY8Z6gA\\_9ZzxkXIHXR07IWM](https://us02web.zoom.us/meeting/register/tZMldO6orD4tH-NY8Z6gA_9ZzxkXIHXR07IWM).

## Livingstone and Bok outline proposed MGH mitigation

By Dan Murphy

Rep. Jay Livingstone and City Councilor Kenzie Bok were on hand via Zoom for the Beacon Hill Civic Association's April 12 board meeting to discuss proposed mitigation, including plans for more affordable housing and to bring a much-desired community center to the West End, for Mass General Hospital's planned \$1 billion expansion of its Cambridge Street campus.

Councilor Bok said the hospital is committing to move its current operations out of a maintenance garage at 12 Garden St. and into its new development in the next few years, at which time it would make that building available to the city for an acquisition fee of "\$0" for income-restricted redevelopment purposes.

In the meantime, the hospital

would be willing to work with the community to develop a Request for Proposal (RFP) for the affordable housing project, which, said Councilor Bok, could take one of many forms, such as artist housing or housing for seniors who don't now qualify for assistance, but still have trouble making ends meet.

"Right now, it's a blank piece of paper where every part of it needs to be filled in," Rep. Livingstone said of the flexibility that the RFP process would allow for the project.

While the hospital won't devote any additional funding to making the affordable housing project a reality, it's paying \$10 million into the city's Affordable Housing Trust Fund, Councilor Bok said, and in an unusual move, the city has pledged to allocate part or all

(MGH, Pg. 3)

## Friends of the Public Garden 50th Anniversary Celebration

Special to the Times

The Friends of the Public Garden will celebrate its 50th Anniversary virtually on Friday, April 30. Attendees of this year's special event will discover the powerful story of 50 Years of Friends: Moments, Memories & Milestones hosted online by WCVB's Rhondella Richardson. The funds raised will support the care and renewal of the Boston Common, Public Garden, and the Commonwealth Avenue Mall.

With captivating visuals and a compelling narrative, the evening will include Friends president Liz Vizza, Board Chair Leslie Adam, Friends President Emeritus Henry Lee along with the faces and voices of countless park lovers. The Friends is honored to have now Secretary of Labor Martin J. Walsh and Ms. Lorrie Higgins serving as honorary co-chairs. Proceeds from this year's virtual celebration will provide critical funds for park stewardship, a most essential ele-

ment of the Friends' efforts that ensures all of the 1,700 trees and more than 40 pieces of public art, as well as the turf areas of the Boston Common, Public Garden and Commonwealth Avenue Mall are maintained.

The stellar event committee is made up a roster of mostly Boston residents, including Leslie Singleton Adam, Tess and Sam Atkinson, Courtney Barry, Whitney Dayton Brunet and Christian Brunet, Namrita Kapur and Tom DeWinter, Meg and Matt Dwyer, Tracy and John Flannery, Keeta Gilmore, Arjun Gupta, Christine and Scott Hayward, Elizabeth and Sol Kumni, Leslie Lucchina and Thomas MacGillivray, Annsley and Bobby McAleer, Meg McClafferty, Katherine and Ian O'Keefe, Annie and Alex Sacerdote, Aliza Samuels, Kate Enroth and Dana Schmalz, Kim Druker Stockwell and Pel Stockwell, Janie Walsh, and Boston Parks Commissioner

(PUBLIC GARDEN Pg. 3)

Summer in the City guide, see Page 8

# EDITORIAL

## NUMB TO THE NUMBERS

With just about all of the states now reopening their economies, the conventional wisdom among most Americans is that the worst days of the coronavirus are behind us.

Yet the reality is that hundreds of Americans continue to die and tens of thousands more are contracting the disease each and every day.

This past Monday, April 12, for example, the New York Times -- which gets its data from Johns Hopkins University -- reported that 476 Americans died from the virus and that there were 72,286 new cases on that day.

Admittedly, these numbers pale in comparison to the 3000 Americans who were dying and the 300,000 new cases that were being reported each day at the pandemic's height this past winter.

But even these lower daily figures still are huge, rivaling the numbers that were in evidence last spring and summer.

Yet despite the ongoing tragedies of friends and family members across the country who are succumbing to the pandemic, there has been a complacency developing among most Americans about the virus.

To be sure, all of us are suffering from virus fatigue, attributable to the quarantining, restrictions, and omnipresent fear of catching the disease.

In addition, with the vaccine rollout proceeding ahead of projections, most of us believe that the worst is behind us.

And while that may be true, we still have a rough road ahead. With the announcement earlier this week that the one-and-done Johnson & Johnson vaccine is linked to serious side-effects in a tiny number of recipients, the national vaccination program will be facing a slowdown.

More ominously, the so-called United Kingdom variant of the virus now is the dominant case-type in the U.S. -- and that variant has been shown to be 60% more contagious AND 67 percent more deadly.

Even more worrisome, the variants that have been attributable to Brazil and South Africa are thought to be more resistant to vaccine-efficacy AND have been shown to reinfect persons who previously had caught the disease.

The arithmetic is this: More Americans still are dying each and every week from the coronavirus than were killed on 9/11. Let that sink in for a moment.

For those of us who like to compare the fight against COVID-19 to a war, the proper analogy to WWII is this: We may have won the war in Europe (V-E Day was on May 8), but American troops still were fighting and dying in the Pacific in epic battles on Iwo Jima and Okinawa.

To paraphrase Winston Churchill, we are not at the end of this pandemic and, in view of the huge numbers we are seeing nationwide, we may not even be at the beginning of the end.

Although we may be at the end of the beginning, it is premature to let our guard (which is to say, our masks) down.

The reality that we all must acknowledge is this: We still have a long way to go before we can declare victory over COVID-19.

## GUEST OP-ED

### Mask wearing in America

Dr. Glenn Mollette

Like most everyone else, I'm tired of wearing a mask.

Every time I go to the grocery, a restaurant, church, or work I have to put on a mask. Not long ago, if we wore a mask into a bank or convenience store, the attendants would be alarmed and call 911. Today if we don't wear one, we are in trouble and not welcomed.

A lot of people have died from Covid-19 and thus I understand masks are important in this pandemic era. I don't want a disease. I have had two Pfizer shots and I wear a mask most every place I go.

Is it our American, God given right to take off our masks? While we are free to take off our masks, others are free to ask us to put them on. The business owner has the freedom to require a mask. The airlines have the freedom to require masks. The religious assembly has the freedom to require you to wear a mask. People with whom you socialize may ask that you wear

a mask. Of course, you are free to not patronize those businesses, forsake religious assembly and not hang out with certain people.

You are free to go maskless if you want to. However, you aren't free to be in someone else's face without a mask if they don't want you there without one. There are many places where you aren't allowed to smoke. There are some businesses that will not allow your pet. They have the freedom to refuse you service and you have the freedom to go somewhere else. This is America.

We've all been to the funeral home around sick people. A dear friend of mine eulogized a funeral in late November. Two people were in attendance who had Covid-19. He caught the virus and was dead by mid-December. He spent his last two weeks of life isolated in intensive care. He meant well in trying to help out a family in their time of grief. It cost him his life. He had been very active and healthy.

I've spoken in churches and to

groups where people would come up and shake my hand and then say, "Well, I've been sick, but I came anyway." They acted like they should have received a trophy for coming and contaminating everyone. In reality, their actions were inconsiderate of everyone else's health.

State governments may remove mask mandates. However, keep in mind that business owners still have the right to require masks. Churches still have the right to require masks. You don't have to let anyone in your home without a mask if you choose.

We have freedom in America to make choices - all of us.

*Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist - American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.*

## GUEST OP-ED

### Don't let the pandemic delay advance care planning

By Catherine Duffy, NP, ACHPN

*Note: This article is published in observance of National Health-care Decisions Day.*

Times of our lives may be forever defined as what happened "before the COVID-19 pandemic" and everything after that.

One thing that hasn't changed is the importance of having conversations with your family and health care professionals about your preferences for medical care if you were unable to speak for yourself.

In fact, the pandemic has only highlighted why it's so important. Patients and family members who had advance care planning discussions prior to the pandemic are prepared when faced with a serious illness or medical crisis. They're comfortable sharing these discussions with healthcare professionals, as in, "IF mom gets COVID-19, and IF it is severe, she would/would not want X, Y, or Z."

Unfortunately, few families are that well prepared. Only one-third

of U.S. adults have discussed or completed advance directive documents such as a health care proxy, power of attorney, or living will that help guide family members and health care professionals as to what kind of medical treatments you would or would not like to receive if you were unable to speak for yourself.

•Don't wait for a crisis

One of the biggest challenges I've seen during the pandemic is working with families who have not had any in-depth advance care planning discussions. Whether due to COVID-19 or some other illness, their loved one's health suddenly was declining, and they had not been able to spend much time together because of the pandemic. Perhaps the patient lived in a facility with visitor restrictions or the patient limited visits out of infection concerns. The patient's decline SEEMED sudden to the family, who was not seeing it happen as they normally would over days, weeks, and months. It was hard for them to believe, and thus hard to think in that moment about the

crucial need for advance care planning conversations.

Many older adults have vision, hearing, or cognitive deficits and in-depth conversations over the phone or video are difficult. And video chats are not the same as in-person discussions. The conversation flow is different and there often are technical issues to overcome.

It is never too early to start thinking and talking about your wishes for care if your health status were to change. Choose a health care agent wisely who will be your voice when you cannot speak for yourself and have those important discussions about health care preferences before a crisis occurs.

The COVID-19 pandemic opened a lot of eyes about advance care planning. Giving guidance to your family and friends will help you get the care that you want. Your loved ones can feel confident they are voicing YOUR wishes, not their guesses!

*Catherine Duffy, NP, ACHPN, is a palliative care nurse practitioner at Care Dimensions.*

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# Prescott Patriots

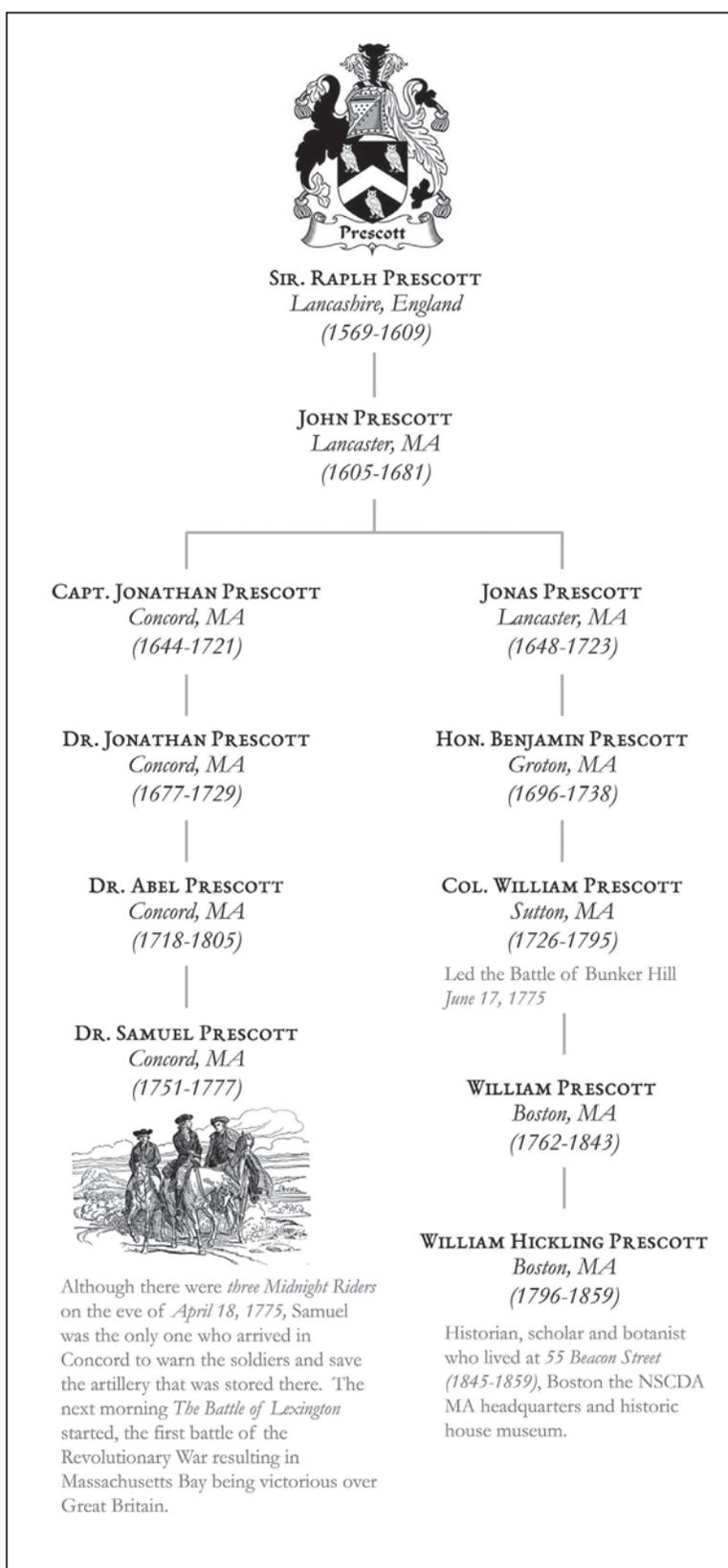
By Christina Yin

Patriots Day, celebrated on April 19, is the Massachusetts state holiday commemorating the Battles of Lexington and Concord and their significance sparking the Revolutionary War. On April 18, 1775, Dr. Samuel Prescott of Concord, met up with Paul Revere and William Dawes, who were riding to Concord as their second stop of the night. Their first stop had been warning John Hancock and Samuel Adams in Lexington about their possible arrest. Next, Revere and Dawes needed to warn the Minutemen in Concord about the impending British strike on their military stores. If the riders failed this mission, the Patriots would be without weapons. Shortly after Prescott joined the two, they were stopped by British riders. Even though they all escaped or were let go, only Prescott was thoroughly familiar with Concord's countryside and made it to Concord a little past midnight, where he successfully warned the Minutemen.

Thanks to Prescott — the Midnight Rider who joined the ride midway — the Patriots successfully hid the munitions that proved essential for the Battles of Lexington and Concord. Without Prescott's warning, the start of the American Revolution might have turned out differently.

After delivering his warning in Concord, Prescott rode on to notify the town of Acton Minutemen so that they would arrive in time to lead the advance on the Old North Bridge in Concord. Since 1962, Prescott's ride through Acton has been reenacted in the town's Patriot's Day celebrations. Other members of the Prescott family have also contributed to American history. It is said Prescotts have fought in every major U.S. battle. Colonel William Prescott led the Battle of Bunker Hill on June 17, 1775. His grandson — and Samuel Prescott's second cousin — was William Hickling Prescott, a historian, scholar, and botanist who named the poinsettia plant. Today, the William Hickling Prescott House located at 55 Beacon St. is so named because it was his residence during 1845-1855. You may recognize it as it appeared in Greta Gerwig's "Little Women" (2019) as Meg March's ballroom.

Overlooking the Boston Common, this federal style mansion



Artwork courtesy of Linzee Prescott, Studio 1991.

is also the headquarters of The National Society of The Colonial Dames of America in The Commonwealth of Massachusetts (NSCDA MA). NSCDA MA is a non-profit organization celebrating its 128th year of service. Its missions include historic preservation, patriotic services, sponsorship of veterans' programs, as well as educational programs focused

on early U.S. history.

For 77 years, NSCDA MA has operated and preserved the William Hickling Prescott House. The house museum is closed for the 2021 season due to COVID-19. However, please check their official website, [nscdama.org](http://nscdama.org), or the William Hickling Prescott House Facebook page for possible schedule modifications.

## MGH (from pg. 1)

of those funds specifically to the garage project.

Rep. Livingstone said the "pretty comprehensive" mitigation package is a "huge win" for the community and would resolve many local issues.

Rep. Livingstone and Councilor Bok are in the process of finalizing with the hospital also includes plans to open a community center in the West End to accommodate senior groups, the West End Community Center, and Hill House, among other organizations.

Councilor Bok added that the mitigation also aims to address anticipated traffic congestion, especially at the intersection of Cambridge and Grove streets, and said that the Boston Planning and Development Agency has asked the hospital to put \$250,000 aside for such purposes.

The mitigation package came about from multiple conversations with myriad stakeholders, said Rep. Livingstone, including the BHCA; ABCD North End/West End Neighborhood Service Center (NE/WE NSC); the West End Civic Association; the West End Museum, the Esplanade Association; and the Museum of African American History, among other groups, over several months to address as many of their concerns as possible.

Rajan Nanda, a Civic Association board member, as well as a Garden Street resident, said the hospital hadn't notified abutters of the plans for the Garden Street garage.

"It's not so much the potential

uses [that I have an issue with,]" Nanda said. "It's that the process hasn't been transparent."

Rep. Livingstone replied, "The conversation happened very quickly in March...but we want to continue the discussion with you, and to get everyone more involved." Rep. Livingstone also said he and Councilor Bok held a meeting with residents of Garden Street, including Nanda, last week to update them on the situation.

Moreover, Rep. Livingstone said the hospital has committed to preserving some portion of the 1884 Winchell Elementary School (a.k.a. Ruth Sleeper Hall) at 24 Blossom St., the 1910 West End Tenement House at 23-25 North Anderson St. and the West End Settlement House at 16-18 Blossom St. — three of about a dozen historically significant buildings in the neighborhood to have survived the Urban Renewal efforts that began in the 1950s.

This decision comes in response to backlash against the proposal to demolish the buildings the hospital faced from civic groups and West End residents, as well as from Rep. Livingstone and Councilor Bok, particularly during an at-times passionate public meeting last August.

MGH's expansion plans include the construction of two connected, 12-story towers located entirely within the campus, with the facade facing Cambridge Street, as well as for six levels of below-grade parking that would provide more than 1,000 spaces beneath the new building.

## PUBLIC GARDEN (from pg. 1)

Ryan Woods.

The Friends work in collaboration with the City of Boston Parks and Recreation Department and invest nearly \$2 million each year to ensure that the critical natural and structural features of these parks receive the vital care that they need. The group conducts major capital improvement projects like the \$4 million renovation of the Brewer Fountain Plaza on Boston Common. The Friends also encourages citizen advocacy, speaking out for protection against park misuse and encroachment, and sponsors educational park programs and family events.

To take part in the Friends of the Public Garden 50th Anniversary Celebration, one of the spring's signature philanthropic events, please visit <https://friendsofthepublicgarden.org/events/50th-anniversary-virtual-celebration/>.

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# Dr. Peter Slavin stepping down as MGH president

By Dan Murphy

After spending the past 18 years at the helm of the hospital, Dr. Peter Slavin announced last week he's stepping down as president of Mass General.

Dr. Slavin, who said in his announcement that he's been considering the move for months, has agreed to stay in the role until his replacement can be named, or in his words: "a new captain for the ship, someone with new energy and new ideas, who can ably steer this great hospital forward."

Under Dr. Slavin's leadership, research grew from \$400 million in 2003 to more than \$1 billion in research operations in 2020, according to the hospital, as MGH has maintained its position as the top hospital recipient of NIH funding and the largest hospi-



COURTESY OF MASS GENERAL HOSPITAL  
Dr. Peter Slavin, Mass General's outgoing president.

tal-based research program in the nation.

Dr. Slavin championed diversity

at MGH during his leadership. He helped develop the MGH Disparities Solutions Center, which the hospital describes as a "first-of-its-kind effort to identify and eliminate racial and ethnic inequities in health," in 2005, and last year, "oversaw the creation of a broad-based strategy to address structural racism within and outside the hospital."

Of Dr. Slavin's tenure at the hospital, Rep. Jay Livingstone wrote, "I greatly appreciate the stewardship of Peter Slavin as head of MGH where he has maintained it as one of the premier hospitals in the world, and I particularly appreciate his focus on mental health and the great expansion of mental health services under his leadership."

Reflecting on the impact that Dr. Slavin has made on MGH

over the course of his career there, City Councilor Kenzie Bok wrote: "It's made us very proud to have someone from one of our anchor institutions serving as such a vocal leader throughout this pandemic, and really calling from the first moment for all hands on deck. MGH has benefited hugely from his many decades of service."

In a press release, Anne Klibanski, MD, president and CEO of Mass General Brigham, called Dr. Slavin's achievements as MGH president "nothing short of remarkable."

Dr. Klibanski said: "I know firsthand of his thoughtful and compassionate style, his knowledgeable thinking and his warm heart, all of which have defined his leadership. Massachusetts General Hospital and, in turn, Mass General Brigham are better today

because of the deep and lasting imprint Peter Slavin has made on so many."

A 63-year-old Malden native, Dr. Slavin graduated from Harvard College and received his medical degree from Harvard Medical School, and also holds an MBA from Harvard Business School. He completed his residency in Internal Medicine at the MGH before joining the hospital staff as a primary care physician. Dr. Slavin was named Mass General's chief medical officer in 1994 and remained in that role until 1997, when he went to Barnes-Jewish Hospital in St. Louis, Mo., serving as president there for two years. He returned to Boston in 1999 to become chairman and CEO of the Massachusetts General Physicians Organization and was appointed president of the MGH in 2003.

## BEACON HILL BEAT

### From Boston Police Area A-1

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#### Larceny

4/5/21 - Officers responded to Winchester Street for a larceny report. The officers spoke with the victim, who stated she went to bring her kids inside her house, but when she ran back out to get her suitcase, it was gone. The suitcase contained many valuables. Area A-1 detectives are currently investigating the matter.

#### Fight

4/7/21 - Officers responded to

North Anderson Street for a large fight.

Upon arrival, police spoke with a female victim who had a large laceration to her head. She appeared to be extremely intoxicated and was not very cooperative. All other parties involved in the fight also appeared to be under the influence and not very helpful to the investigation. Area A-1 detectives are currently investigating the matter.

## Gubernatorial candidate Downing outlines his climate plan

By John Lynds

Gubernatorial Candidate, former State Senator and Boston resident Ben Downing outlined his climate plan that he'd make a priority if elected to the state's corner office in 2022.

In his plan, the Pittsfield native said he wants to achieve 100 percent clean electricity in the Commonwealth by 2030 and 100 percent clean energy by 2040.

Downing, who became a clean energy business leader at a leading renewable energy company after leaving the Senate in 2017, unveiled his plan via his newly launched BEN TV (<https://www.facebook.com/watch/?v=305705040944045>).

Downing said the first part of his campaign's policy agenda would be to focus on climate action.

"The Downing Climate Plan" is focused on urgency, equity, innovation, justice and jobs.

Aside from reaching 100 percent clean energy Downing said he's also committed to requiring

50 percent of climate spending to directly benefit environmental justice communities; undertake "Restructuring 3.0" to reform utilities and modernize the grid; create a climate impact mandate across state government; and maximize the economic benefit of a clean energy economy in Massachusetts

"For years, the Massachusetts state government has approached climate change with sluggishness and delay," said Downing during the launch of his climate agenda. "So barely two weeks after we finally saw a major climate bill signed into law, we still find ourselves behind. It's past time we had a Governor who understands the fierce urgency of our changing climate, the disparate impact of our failures on disenfranchised communities, and the reality that if there is one resource we are flat out of, it is time. In the years ahead there is no greater priority for our state than undertaking an aggressive, all-hands-on-deck campaign to bring emissions down, reform our energy sector, maximize green jobs, build up climate resilience,

and fortify communities shouldering environmental injustice."

Downing said his climate policy plan is the first of many in his campaign.

"It's critical to me that voters understand my vision and priorities from the start," said Downing. "Our campaign's policy agenda will be a living, breathing effort, and we're looking forward to sharing ideas in the months ahead, getting feedback, listening to concerns, and building out a collective vision for a fairer, stronger Massachusetts."

Downing was a leading voice for climate action during his 10 years in the state senate. He served as Senate Chair of the Joint Committee on Telecommunications, Utilities, and Energy where he passed transformative legislation to improve energy efficiency, jumpstart renewable development, and help the state meet its carbon reduction goals.

He later served as Vice President at Nexamp and also served on the board of the Environmental League of Massachusetts.

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# Janey discusses police accountability and transparency in the city

By Lauren Bennett

Acting Mayor Kim Janey held a press conference on April 13 to discuss police accountability and transparency, as well as violence in the City of Boston, following the shooting and death of Delois Brown on her front porch in Dorchester last weekend.

"I visited the fatal crime scene on Saturday evening and again on Sunday morning," Janey said. "It was my first time as mayor, but like the residents on that street, it is something I have experienced far too many times."

She continued, "It is outrageous that a grandmother or anyone cannot sit outside on a beautiful spring day without the fear of being shot to death. Most Boston residents live in a safe, peaceful neighbor-

hood, but too many others live in fear of violence."

She said that "As mayor, I'm committed to ensuring safety, healing, and justice in every Boston neighborhood. I understand that the fabric of trust between the Boston Police Department (BPD) and Boston residents has worn thin in parts of our city, especially in communities of color."

Janey said that "Transparency and accountability" need to be at the forefront of the conversation, "especially" when talking about law enforcement.

"My administration is doubling down on our work to stand up the Office of Police Accountability and Transparency, otherwise known as OPAT," she said.

On Wednesday, Janey submitted her Fiscal Year 2022 budget,

which she said allocates \$1 million to create the office. At Tuesday's press conference, she announced that "seasoned attorney and advocate" Stephanie Everett will be the Executive Director of OPAT.

Everett "will lead the organization with the authority to review all BPD internal affairs cases, subpoena the release of records and strengthening police accountability to the people of Boston," Janey said. "My administration is bringing a new era of transparency and accountability to all corners of city government."

She also brought up the allegations of child molestation and abuse against former Boston Police Union president and BPD officer Patrick Rose.

"I have directed the city's law department to immediately review

Patrick Rose's internal affairs file, and redact any information that could compromise the identities of the sexual assault or domestic violence victims," Janey said. "The victims of these appalling crimes must be protected, but transparency cannot wait any longer."

She continued, "As we now know, an alleged child molester was allowed to remain on the police force and rise through the ranks of the patrolmen's union for two decades."

She said that "those who are complicit in abuses of power will be held to account," and that "the release of these files is a first step."

Additionally, the OPAT will investigate the "BPD internal affairs system that allowed a police officer to remain on the job while preying upon children," she said.

"We must change the way BPD internal affairs works to ensure that this never happens again."

She also said that her FY22 budget "dramatically reduced police overtime expenses," and funding for expanding the police cadet program by 50 percent to allow for more diversity in the police force. She said the program will add "20 new diverse officers to the Boston Police force."

Janey also said that she has "charged" Chief of Housing Shie-la Dillon with helping to "safely relocate families impacted by homicide."

Additionally, "I'm dedicated to ensuring safety, healing, and justice for every resident in all of our neighborhoods," she said.

## CITY PAWS

# Shed pounds those extra pandemic pounds by taking regular walks this spring

By Penny & Ed Cherubino

Many people are talking about the weight they gained over the past year. Some call it "COVID curves" or the "Quarantine 15." It might surprise you to learn that the website Daily Paws reported that a survey in December found, "... one-third of pet owners report that their animals have gained weight during the pandemic." The good news is that you and your pets can make losing the extra pounds a joint effort.

### Starting Point

Any major change in your routine diet and exercise, the two elements of weight loss for both humans and animals, should begin by checking in with your doctor and veterinarian. In both cases you should discuss an ideal weight goal that takes into account age and any medical conditions.

### Measure and Record

You can schedule reminders for regular weight checks for the entire team and shop for any supplies you might need to reach your goals. This might include better walking or hiking shoes for the humans, more active toys for cats, a long training-leash that would let dogs run in large circles in a safe place like a beach or field, more appropriate food, and healthier snacks for everyone.

Anyone who took up baking during the pandemic may have learned the value of weighing

ingredients instead of just measuring them. If you don't have a kitchen scale, this may be an essential weight loss purchase.

We've weighed our Poppy's food since she was a puppy and, as a result, she has maintained her weight at a healthy level for eight years. Ed weighs her and himself every Thursday. That helps both of them stay fit.

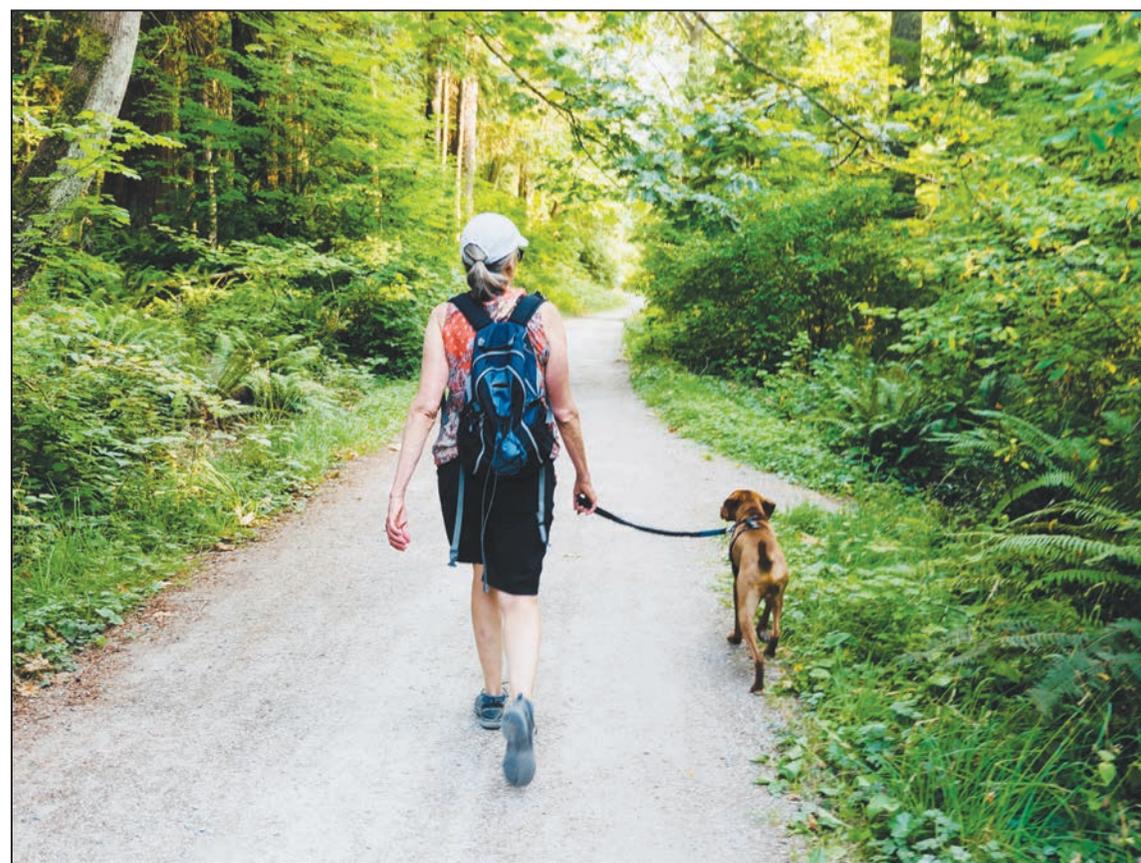
You should also measure out any treats. Perhaps set up a treat jar or container that everyone knows is the pet's daily limit. This can help get the whole family onboard for control of treat distribution.

### Plan Treats

Snacks and treats add pounds quickly. First think about size. You can break up larger treats if they happen to be a favorite or switch to smaller ones. We use tiny oatmeal and fruit dog treats that are less than an inch long and very skinny. They also provide food value with very simple human food ingredients.

You can also prepare a daily supply of snacks that you and your dog can share. One of our dog's loved carrots and was just as happy gnawing at one as she was scarfing a dog biscuit. Hard boiled eggs can be cut up and will be a nice high protein treat for dogs or cats.

You can also make home-made treats. We suggest ones based on oatmeal and yogurt which are both okay for feline or canine pals.



Both you and your dog can shed those pandemic pounds by summer with small changes, like regular weigh-ins and longer walks. (Photo by Stephen Goldberg)

There are plenty of recipes on the web.

### Exercise More

Adding more exercise and playtime for your dog or cat will naturally add more calorie burn to their day. This is an area where you have to start slowly and work up to a higher level of exercise, a

bit more each week. While weekends would seem to be the perfect time to go all out, you might find you or your furry friend limping and exhausted by Monday.

One added benefit to increased movement is that you and your animals might sleep better.

We've all heard the old adage that a tired dog is a good dog. The

same is true for cats. You might even find yourself in a better mood and ready for sleep after you have enjoyed an evening stroll with your dog or some quality playtime with your cat.

Do you have a question or topic for City Paws? Send an email to [Penny@BostonZest.com](mailto:Penny@BostonZest.com) with your request.

# Beacon Hill COVID update posted

By John Lynds

Last week Beacon Hill's weekly COVID-19 positive test rate decreased after posting a 17.2 percent increase two weeks ago.

According to the latest data released by the Boston Public Health Commission (BPHC) last Friday, 2,987 residents were tested and 3.2 percent were positive--this was a 5.8 percent increase from the 3.4 percent reported by the BPHC two Fridays ago.

Overall since the pandemic started 48,822 Beacon Hill, Back Bay, North End, West End and Downtown residents have been tested for COVID-19 and the data shows that 6.7 percent of those tested were COVID positive. This was a 1.5 percentage increase from

the 6.6 reported by the BPHC two weeks ago.

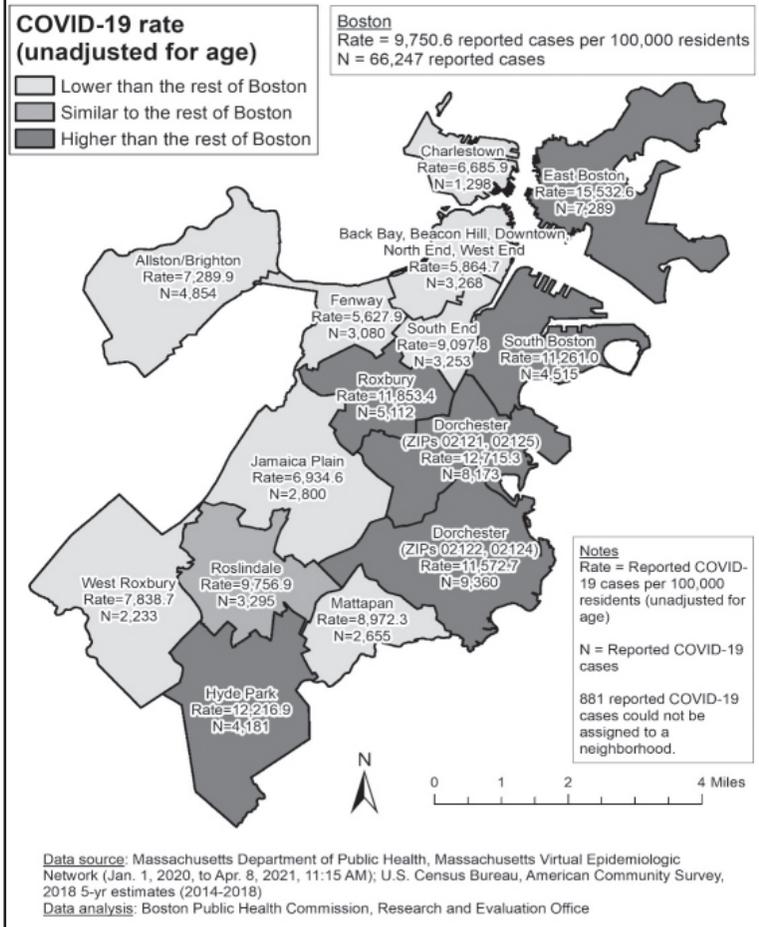
Positive test rates citywide decreased but still remain at the 5 percent threshold. According to the BPHC 28,091 residents were tested and 5 percent were COVID positive--this was a 3.8 percent decrease from the 5.2 percent positive test rate reported by the BPHC two weeks ago. The 5 percent threshold has been used to plan Boston's phased reopening strategies.

The BPHC data released last Friday showed Beacon Hill, Back Bay, North End, West End and Downtown had an infection rate of 586.4 cases per 10,000 residents, up 3.3 percent from the 567.6 cases per 10,000 residents reported two weeks ago.

An additional 105 residents became infected with the virus last week and the total number of cases in the area increased from 3,163 cases to 3,268 cases as of last Friday.

The statistics released by the BPHC as part of its weekly COVID19 report breaks down the number of cases and infection rates in each neighborhood. It also breaks down the number of cases by age, gender and race.

Citywide positive cases of coronavirus increased 2.5 percent last week and went from 65,474 cases to 67,138 confirmed cases in a week. Five additional Boston residents died from the virus last week and there are now 1,358 total deaths in the city from COVID.



# FEMA to reimburse families up \$9,000 who lost a loved one due to COVID-19

By John Lynds

The COVID-19 pandemic has brought overwhelming grief to many families. With many families struggling through the pandemic with loss of jobs and income the added expense of providing a funeral for a loved one that succumbed to the virus has been a heavy burden.

This has been especially true for many in Boston but a new program by the Federal Emergency Management Agency (FEMA) aims to ease some of those financial burdens.

Last week FEMA launched a new program that began providing financial assistance for funeral expenses incurred after Jan. 20, 2020 for deaths related to COVID to, "help ease some of the financial stress and burden caused by the pandemic".

Under the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 and the American Rescue Plan Act of

2021, the new program will reimburse local residents who lost a loved one to COVID up to \$9,000 for funeral expenses.

"At FEMA, our mission is to help people before, during and after disasters," said Acting FEMA Administrator Bob Fenton. "The COVID-19 pandemic has caused immense grief for so many people. Although we cannot change what has happened, we affirm our commitment to help with funeral and burial expenses that many families did not anticipate."

If you have COVID-19 related funeral expenses, funeral directors are encouraging residents to keep and gather documentation. The types of information should include an official death certificate that attributes the death directly or indirectly to COVID-19 and shows that the death occurred in the United States, including the U.S. territories, and the District of Columbia. Other important documents are funeral expenses documents that include the applicant's

name, the deceased person's name, the amount of funeral expenses, and the dates the funeral expenses happened.

To be eligible for FEMA's funeral assistance, you must meet these conditions:

The death must have occurred in the United States, including the U.S. territories, and the District of Columbia.

The death certificate must indicate the death was attributed to COVID-19.

The applicant must be a U.S. citizen, non-citizen national, or qualified alien who incurred funeral expenses after January 20, 2020.

There is no requirement for the deceased person to have been a U.S. citizen, non-citizen national, or qualified alien.

FEMA began accepting applications Monday, April 12 and additional information may be found at <https://www.fema.gov/disasters/coronavirus/economic/funeral-assistance>.

On Friday the BPHC released its weekly COVID-19 stats by neighborhood that tracks infection rates and COVID testing results in Boston neighborhoods.

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# National Grid reminds customers to call 8-1-1 before digging

April is designated as National Safe Digging Month, and National Grid urges anyone who is planning on digging to call 811 to prevent serious personal injury, property damage and service interruptions caused by accidentally digging into electric, gas, telephone, water, sewer or cable facilities.

Nationally every nine minutes, an underground utility line is damaged because someone didn't con-

tact 811 before digging. Knowing where underground utility lines are buried before you dig will help protect you and your family from injury. With more people staying home and relying on their utilities to work and communicate, inconvenient outages are important to avoid.

State laws mandate that 811 must be contacted a few days in advance of beginning projects that

require excavation. Failure to call 811 may be punishable by fines, which in some states can be as high as \$1,000 for a first offense and \$10,000 for subsequent offenses.

National Grid works closely with local fire and police departments and, with their strong support, people are calling before they dig. Calling 811 can potentially avoid an incident that requires police and fire response.

# 2021 Summer in the City



**THE BOSTON CHILDREN'S SCHOOL**  
**8 WHITTIER PLACE**  
**Boston, MA 02114**  
**617-367-6239**  
**bostonchildrensschool.org**

**Summer Fun Program**  
 The Boston Children's School Summer Fun Program celebrates its 39th year of providing exceptional summertime experiences and academic enrichment to children between the ages of 3 and 8 years old. The Summer Fun Program at The Boston Children's School is conveniently located at Charles River Park, in the historic West End section of Boston. The location is fully air-conditioned.

The school has its own private playground, which allows children to safely play outdoors away from the noise, congestion and traffic of the city streets. The location also allows children to explore the cultural richness of the City of Boston through field trips to museums, theaters, libraries and historic sites, as permitted by COVID protocols. The Summer Fun program is organized by age; each age group is supervised, taught and nurtured by certified teachers, along with teacher interns from local area colleges. All activities are designed

to be developmentally appropriate for each age group.. The Summer Fun program also offers children music appreciation, gymnastics, arts and crafts, and interactive storytelling. Parent involvement and participation are always a part of the program, which begins July 12 and ends Aug. 6, 2021

If you would like your child to become part of the 2021 Summer Fun Program at the Boston Children's School, call Judy Langer, Program Director, at 617-367-6239. We are also now enrolling for the 2021-22 academic year. To learn more about all of the programming we offer, visit our website [bostonchildrensschool.org](http://bostonchildrensschool.org).

**CHARLESTOWN BOYS & GIRLS CLUB**  
**15 Green Street**  
**Charlestown, MA 02129**  
**617-242-1775**  
**www.bgcb.org**

The Charlestown Clubhouse has a full Summer program, but everyone is looking forward to resuming regular after school programming this Spring. Visit [www.bgcb.org](http://www.bgcb.org) to see what is happening "Up at the Club". The

Charlestown Boys and Girls Club has been around for over 125 years thanks to the generous support of donors. To help contribute to their continued success during this difficult time, visit the website or call 617-242-1775

**CHARLESTOWN BRANCH BOSTON PUBLIC LIBRARY**  
**179 Main Street**  
**Charlestown, MA 02129**  
**617-242-1248**

Spring Storytime + Art with Essem Studio

This six week series by Charlestown Library and Essem Art Studio begins Friday April 23rd at 10:00 am and incorporates an Art Project along with a reading project. Art projects include: a cardboard robot, watercolor, a self portrait, crayon project, poppy flowers and a plate of "my favorite food".

Be A Maker by Katey Howes includes the robot project. Craft materials for this project will be available at the Charlestown Library the week of April 19th 2021. Other titles include Tiger Days by Clark, I Promise by Lebron James, In The City by

Chris Rascka, The Sandwich Swap by Kelly DiPucchio, and Michelle's Garden by Sharee Miller. In addition, each session will include reading a poem from Mr Rogers' A Beautiful Day in the Neighborhood.

The Zoom meeting link will be given to you closer to the date of the first program. To sign up contact [ewhittle@bpl.org](mailto:ewhittle@bpl.org)

Also, on June 9th the BPL wil welcome Wally (the Green Monster) from The Red Sox for a virtual, interactive reading adventure. Visit [bpl.org](http://bpl.org) for the Zoom link for this webinar or contact the Charlestown Branch at 617-242-1248.

**COURAGEOUS SAILING CENTER**  
**Pier 4 Charlestown**  
**caitlyn@**  
**courageoussailing.org**  
**www.courageoussailing.org/spring-sale**

Spring into Summer Sailing for ALL

After a long year indoors, kids aren't the only ones who are ready to get outside and have some fun! Courageous Sailing Center offers programs for adults, fam-

ilies, and workplaces. With a focus on getting you out on the water, Courageous offers Learn to Sail lessons on weekdays and weekends, 2-hour sails on Boston Harbor, and memberships to give you access to our fleet of over 35 vessels.

Adults ages 18+ can transform from landlubber to seafaring soul in just 2 short weeks with our Learn to Sail course, and families can enjoy time together out on the water on a Harbor Sail! Purchase by April 25 to take advantage of our "Spring into Sailing" event.

After spending so much of this past year working alone, this summer is also a great time to get your work team back together. Courageous offers unique team-building opportunities that get coworkers out on the water for casual cruises or racing, followed by catered treats on the pier. Contact us for more information.

Courageous Sailing is thankful for the support from our donors and sponsors that make all of our programming included in our mission based youth program possible. If you would like to make a contribution, please visit our website.



**FOR GIRLS & BOYS GRADES 5-12**

- Specialty Programs**  
GRADES 5-8
- Sports Clinics**  
GRADES 6-12
- Academic Courses**  
GRADES 6-12

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# Greenway Conservancy Board announces new members

The Rose Kennedy Greenway Conservancy, the non-profit responsible for the management and care of The Greenway, is pleased to announce the election of two new members of its volunteer Board of Directors: Matthew J. "Matt" Conti, retired Portfolio Manager at Fidelity Investments and owner of Matt Conti Photography; and Yvonne Garcia, Chief of Staff to State Street CEO and Chairwoman of The Greater Boston Chamber's Women's Network.

"We are delighted to welcome Matt and Yvonne to join our volunteer Board," said Doug Husid, Chair of the Greenway Conservancy Board and Director at Goulston & Storrs. "As we prepare to come out of the COVID-19 pandemic, their long-standing advocacy and deep community roots in Boston will help the Conservancy in making The Greenway a place for all to gather, play, unwind, and explore."

At public Board meetings this winter, the Greenway Conservancy Board of Directors welcomed:

**Matthew J. "Matt" Conti**

Matt Conti worked as a portfolio manager at Fidelity Investments before retiring in 2018 after 23 years. At Fidelity, Matt managed several mutual funds, ETFs and institutional portfolios, focusing on high-yield bonds, leveraged loans and asset allocation strategies with total assets of over \$12 billion. His shareholders benefited from a long, consistent record of outperformance and he was part of the Fidelity team that won the prestigious Morningstar 2016 U.S. Fixed-Income Fund Manager of the Year award. Prior to joining Fidelity, he was an engineer at General Dynamics. He earned B.S. (Carnegie Mellon University) and M.S. (Rensselaer Polytechnic Institute) degrees in mechanical engineering and his MBA from Columbia Business School.

Matt is a photographer whose images have been widely published in newspapers, books, and magazines, including National

Geographic, USA Today, and the Boston Globe. He releases his current work at MattConti.com and works with a variety of photography organizations, including serving on the executive committee of the local non-profit, Boston Camera Club. He was the founder and editor of the local news websites NorthEndWaterfront.com (ceased publication January 2021) and NorthEndBoston.com. Matt was nominated by the Rose Kennedy Greenway Conservancy for a first-term concluding on 12/31/24.

**Yvonne Garcia**

Yvonne Garcia serves as Chief of Staff to State Street Chairman and CEO, Ron O'Hanley, and as Global Head of Internal Communications. As an active leader of local and national communities, Yvonne served as the Chairwoman for the largest Latino Professional Organization in the country, ALPFA, and currently serves as the Chairwoman for ALPFA's National's Corporate Advisory Board.

Yvonne is also the co-founding Chair of Milagros para Niños, a board at Children's Hospital in Boston, which has raised more than \$14 million in funds for Hispanic children who can't afford medical care. In addition, Yvonne was appointed by Massachusetts Governor Charlie Baker to serve on the state's Latino Advisory Commission Board and was also appointed as the Chairwoman for the Greater Boston

Chamber's Women's Network. Yvonne has been featured in Fortune magazine in partnership with ALPFA as one of the Top 50 Most Powerful Latinas in the United States four years in a row and just last year was named Boston Business Journal's Power 50. This year, Yvonne was recognized by the Boston Business Journal's Women Who Mean Business and by Yahoo Finance on their top 10 HERoes list nationally showcasing leaders who are championing women in business and driving change for

gender diversity in the workplace. Yvonne was nominated by Governor Baker for a first-term concluding on 12/31/24.

"Matt and Yvonne's insights and experiences will help to guide the Conservancy and incoming Executive Director Chris Cook as we emerge from the pandemic," said Jesse Brackenbury, Executive

Director of the Greenway Conservancy. "We look forward to working with them to assure The Greenway remains a beautiful, welcoming respite for all."

For a complete list of the Greenway Conservancy's Board of Directors, visit [www.rosekennedy-greenway.org/board](http://www.rosekennedy-greenway.org/board).

The Greenway is the contem-

porary public park in the heart of Boston. The Greenway welcomes millions of visitors annually to gather, play, unwind, and explore. The Greenway Conservancy is the non-profit responsible for the management and care of The Greenway. The majority of the public park's annual budget is generously provided by private sources.



## The Massachusetts Department of Transportation invites you to attend a Virtual Public Information Meeting for the Sumner Tunnel Centennial Project

**Tuesday, April 27, 2021**

**6:00 p.m. – 8:00 p.m.**

**Register:**

**[virtualmeeting.link/Sumner-4-27](https://virtualmeeting.link/Sumner-4-27)**

**Meeting ID: 889 2113 5782**

**Passcode: 860159**

**Dial-in option: 888 788 0099**

**Thursday, April 29, 2021**

**6:00 p.m. – 8:00 p.m.**

**Register:**

**[virtualmeeting.link/Sumner-4-29](https://virtualmeeting.link/Sumner-4-29)**

**Meeting ID: 862 2389 6416**

**Passcode: 765313**

**Dial-in option: 888 788 0099**

These meetings will provide an opportunity for the public to hear an overview of the Sumner Tunnel Centennial Project including project overview, schedule, and traffic impacts. Attendees will have the opportunity to ask questions and offer comments. Please note the presentation will be the same at both meetings. Spanish and Arabic interpretation will be available at both virtual meetings.

All residents, abutters, local business owners, and interested commuters are invited to attend. All attendees who sign into the meeting and provide an email address will be entered into the project's email database to receive project updates. Prior to the meetings, if you have specific questions or concerns for the project team, please email us: [sumner100@dot.state.ma.us](mailto:sumner100@dot.state.ma.us).

**Note: This meeting is accessible to people with disabilities. MassDOT provides reasonable accommodations and/or language assistance free of charge upon request (e.g interpreters in American Sign Language and languages other than English, live captioning, videos, assistive listening devices and alternate material formats), as appropriate. For accommodation or language assistance, please contact MassDOT's Chief Diversity & Civil Rights Officer by phone at (857) 368-8580, Relay Service at 7-1-1, fax (857) 368-0602 or by email to [MASSDOT.CivilRights@dot.state.ma.us](mailto:MASSDOT.CivilRights@dot.state.ma.us). Requests should be made as soon as possible prior to the meeting, and for more difficult to arrange services including sign-language, CART or language translation or interpretation, requests should be made at least ten business days before the meeting.**

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如果需要使用其它语言了解信息, 请联系马萨诸塞州交通部 (MassDOT) 《民权法》第六章专职人员, 电话 857-368-8580。

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# NEIGHBORHOOD ROUNDUP

## FRIENDS OF THE PUBLIC GARDEN ANNUAL MEETING COMING APRIL 15

The Friends of the Public Garden will its 51st Annual Meeting via Zoom on Thursday, April 15, at 6 p.m.

The virtual meeting will feature Imari Paris Jeffries of King Boston presenting "How Boston's Newest Memorial Can Help Build the Beloved Community," as well as welcoming remarks by Board Chair Leslie Adam and a presentation on 2020 Friends activities in the parks from President Liz Vizza, with a Q&A session to follow.

Admission is free; R.S.V.P. by April 15 by visiting [friendsofthepublicgarden.org](https://www.friendsofthepublicgarden.org).

## LECTURE ON 'ADVANCES IN TREATING CANCER'

Beacon Hill Village presents a virtual program called "Advances in Treating Cancer" with Edward J. Benz, Jr., MD, on Tuesday, April 20, from 2 to 3:30 p.m.

About one in three of us will develop cancer, and we all have known someone with this deadly disease. Dr. Benz will explain how cancer develops and review the remarkable progress in understanding and treating this complex disease. Cancer treatment has progressed from traditional chemotherapy and radiation to targeted therapies, including immune therapies, vaccines, and CAR-T, a form

of gene therapy. Cancer care also focuses on lifestyle factors like diet and stress management to relieve symptoms and improve outcomes. After his presentation, Dr. Benz will welcome your questions.

This program is presented in partnership with the Boston Public Library, as part of Beacon Hill Village's Living Well Ending Well series. Registration required online or by calling Beacon Hill Village at 617-723-9713. Registrants will receive a zoom link for the program. This program is free and open to the public.

## FOPG'S 50TH ANNIVERSARY VIRTUAL CELEBRATION

In lieu of its traditional Green and White Ball this year, the Friends of the Public Garden will present its 50th Anniversary Virtual Celebration via Zoom called "50 Years of Friends: Memories, Moments and Milestones" on Friday, April 30, at 6:30 p.m.

Tickets cost \$250 and sponsorships are also available for the event; visit [friendsofthepublicgarden.org](https://www.friendsofthepublicgarden.org) for more information.

## HILL HOUSE 2021 SUMMER CAMP REGISTRATION NOW OPEN!

Hill House, Inc. located at 127 Mount Vernon S., has officially opened up Summer Camp regis-

tration for 2021 campers.

Now in its 22nd year, Hill House Camps (Kiddie Kamp for 3-5 year olds and Day Camp for 5- to 12-year-olds) feature: weekly Day Camp field trips; Kiddie Kamp onsite adventures; expanded enrichment opportunities; sailing, theatre, sports and film camp options; weekly themes; extended day options for Day Campers; and expanded LIT program for 13- to 15-year-olds.

Visit Hill House's Summer Camp website ([www.hillhouse-boston.org/Camps.htm](http://www.hillhouse-boston.org/Camps.htm)) to learn more about all the fun. For more information on registering, contact Chelsea Evered at 617-227-5838 or [coved@hillhouseboston.org](mailto:coved@hillhouseboston.org).

## IMAGINE VAN GOGH COMING DEC. 21 TO SOWA POWER STATION.

"Imagine Van Gogh," more than 200 of the Dutch artist's paintings, is making its debut in Boston on Dec. 21 at the SoWa Power Station.

The exhibition is a contactless experience spanning over 24,000 square feet, with a limited number of guests allowed in on a timed-entry basis, and it will adhere to all safety guidelines established by the Commonwealth.

Tickets start at \$33.99 (plus service charges and fees) and are on sale now. For more information, visit [www.imagine-vangogh.com](http://www.imagine-vangogh.com).

## Bridge Architect Miguel Rosales on hand for Boston Design Week virtual presentation

By Times staff

As part of the eighth annual Boston Design Week, venerable bridge architect and designer, as well as a resident of Beacon Hill, Miguel Rosales will be on hand for a virtual presentation on Wednesday, April 28, at 1 p.m. to discuss his work on the design of the Leonard P. Zakim Bunker Hill Memorial Bridge, among other major bridge projects in the Boston area.

Rosales most recently completed work on the historic restoration of the Longfellow Bridge, as well as on the design of its sister structure, the Frances Appleton Pedestrian Bridge. He will be interviewed by Peter Vanderwarker, who is nationally known for his architectural photography, and whose photos are in museum collections.



Beacon Hill bridge architect and designer, Miguel Rosales.

Admission for the event is free, and tickets can be reserved at <https://www.eventbrite.com/meet-miguel-rosales-bridge-architect-and-designer-tickets-149919048911?aff=efbeventix>.

## National Grid replacing leaky gas main on Temple Street

By Dan Murphy

National Grid's ongoing work on Temple Street will take five months to complete, and involves the replacement of a leaky elevated pressure plastic gas main that was installed in 1977, according to Christine Milligan, a spokeswoman for the utilities company.

The project area covers Temple Street between Cambridge and Derne streets, behind the State House, according to Milligan, and work there entails replacing the existing 4-inch plastic main with an 8-inch steel main, as well as replacing 42 gas services on Temple Street from the old main to the new one.

"The primary driver for the

replacement project is to eliminate gas leaks from the services and the main." Milligan said.

Additionally, National Grid is installing a 6-inch elevated pressure plastic main beneath Ridgeway Lane between Cambridge and Derne streets, said Milligan, to maintain service to the State House.

(The interconnections of streets also feed into other areas in some cases, said Milligan, so National Grid also needs to maintain the connections to ensure supply to areas beyond Temple Street.)

Most of the project falls under the umbrella of the Gas System Enhancement Plans (GSEP) program, Milligan said.

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# Real Estate Transfers

# Attention to Detail

BY PENNY CHERUBINO

THIS WEEK'S ANSWER

BUYER 1	SELLER 1	ADDRESS	PRICE
<b>BACK BAY</b>			
Suizenji GP LLC	Pascu, Nicolae L	75 Clarendon St #40	\$845,000
Suizenji GP LLC	Pascu, Nicolae L	75 Clarendon St #502	\$845,000
Robin I Kane T	80 Comm Ave Dev LLC	80 Commonwealth Ave #3	\$5,400,000
Fliegau, Heidi	Baban, Jalal E	492 Beacon St #14	\$1,195,000
Raqeeb RT	Vincent Falanga RET	183-185A Massachusetts Ave #601	\$1,160,000
Lahmadi, Wahid	Forkner, Adam H	425 Newbury St #N58	\$120,000
160 St Botolph Street LLC	Knickerbocker&Brahmin	160 Saint Botolph St	\$3,100,000
Namkung, Andrew	Besosa, Jorge L	175 Saint Botolph St #2	\$850,000

<b>BEACON HILL</b>			
Nicholas, Coral D	Koncilja, Kevin	17 Bowdoin St #5A	\$510,000
Koncilja, Kevin	Schaefer, Justin	125 Charles St #R3	\$820,000
Kaplan, Lee M	Crozier, Julie S	19 W Cedar St #1	\$578,000

<b>BAY VILLAGE/SOUTH END/KENMORE</b>			
Brindley, David A	Gianatasio, Frank	213 W Canton St #1	\$1,975,000
Miranda, Zurilla M	Oconnell, Elise W	554 Tremont St #9	\$870,000
Schmid, Anna	Robert J Comazzi	16 Wellington St #5	\$645,000
McMahon, Brian	Shannon Robins RET	156 Worcester St #2	\$705,000

<b>WATERFRONT/DOWNTOWN</b>			
LCI 147 Milk Street LLC	Mept 147 Milk LLC	147-149 Milk St	\$47,950,000
Tran, Hai	Roberts, Justin	165 Tremont St #801	\$2,410,000



The feet in the last clue are on the George Robert White Memorial in the Boston Public Garden created by Daniel Chester French. From the corner of Arlington and Beacon Streets, you have the opportunity to enjoy the details on the back of this statue. When possible, walk around a statue to see all sides and all angles.

Do you have a favorite building or detail you would like featured? Send an email to Penny@BostonZest.com with your suggestion.

## LEGAL NOTICES

### LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT Suffolk Division Docket No. SU20E0042 CITATION

Matter of: The Evangelistic Association of

New England To all interested persons: A petition has been filed by: The Evangelistic Association of New England of Cambridge, MA requesting: A. Modify the restrictions on the Christian Leadership Fund to allow for EANE to make distribution from the fund's principle to provide scholarships for pastors

and church leaders from Urban, minority, multi-ethnic communities so that they may participate the EANE's varied leadership training events; and B. Grant any further relief the court deems just and proper. You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceed-

ing. To do so, you or your attorney must file a written appearance and objection at this Court before 10:00 a.m. on 05/11/2021. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections

within thirty (30) days of the return date, action may be taken without further notice to you. WITNESS, Brian J. Dunn, First Justice of this Court. Date: April 06, 2021 Felix D. Arroyo, Register of Probate 4/15/21 BH

### THIS WEEK'S CLUE



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# Spring blooms at the West End Library with volunteers' help

The Friends of the West End Library have been hard at work to renovate the open space in front of this branch of the Boston Public Library. The Friends began working with the Beacon Hill Garden Club to improve the space in 1989, but over years it had become a messy tangle of ivy and dying shrubs. In 2020, with the energy and funds provided by a new Friends Board and a generous grant from the Beacon Hill Garden Club, hard-working volunteers cleaned and maintained the garden spaces. They discovered attractive flagstones buried in the soil and planted more than a hundred daffodil bulbs contributed by the Beacon Hill Garden Club and the Boston Blooms program.

This spring, the Friends' Landscaping Committee, under the leadership of Sheryl Man and Laura Guadagno, has already added three elevated beds and paving stones by the gates. The beds will include a variety of kale, beets, lettuces, peppers, tomatoes, and herbs. Additional plantings of native flowers, both perennials and annuals, will encourage pollinators as well as enhance this area of Cambridge Street. Laura Guadagno, a Master Gardener, has headed the garden design.

The Friends of the West End Library is a 501c(3) organization, led by Robin Al-Khatib, which works with Branch Librarian



*Volunteers from the West End and Beacon Hill Anne Fitzgerald, Lisa Gannon, Likam Lie, Betsy Peterson, Laura Guadagno, and Sheryl Man.*

Helen Bender to help the Library in many other ways. The group raises funds to finance and support events, supplies, and services that are not part of the Library budget to benefit all who use of the West End Branch Library. You can learn more about the Friends

of the West End Library by visiting their website, <https://friendsofthewestendlibrary.org>.

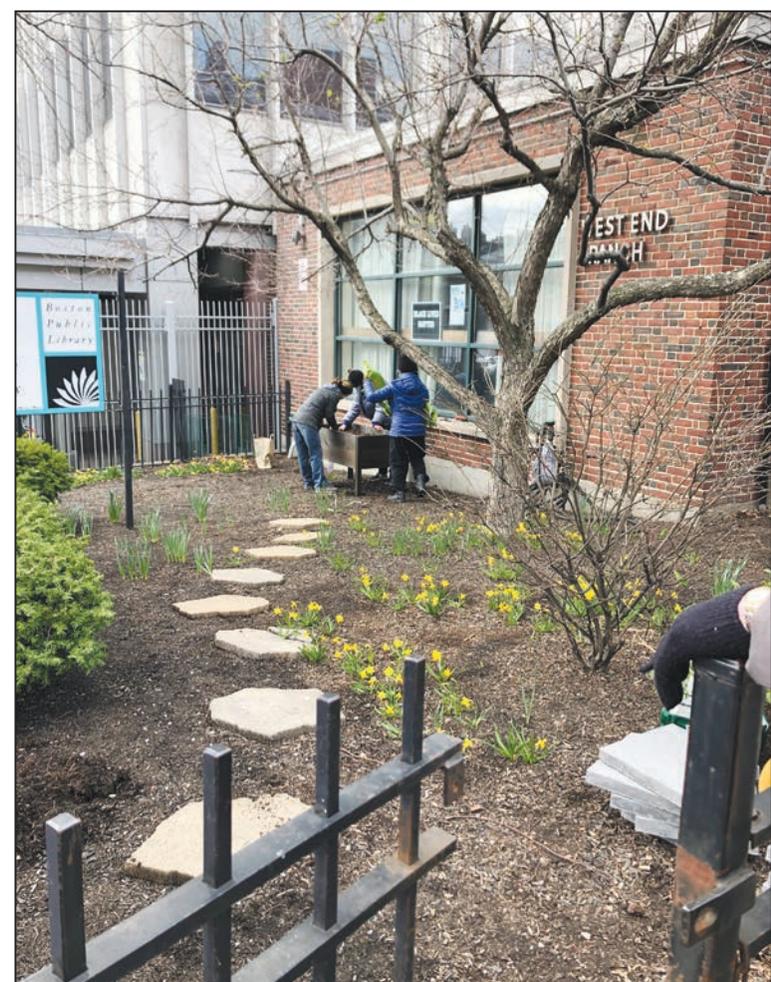
If you would like to help care for the gardens, please sign up on the website or email [friendswestendlibrary@gmail.com](mailto:friendswestendlibrary@gmail.com).



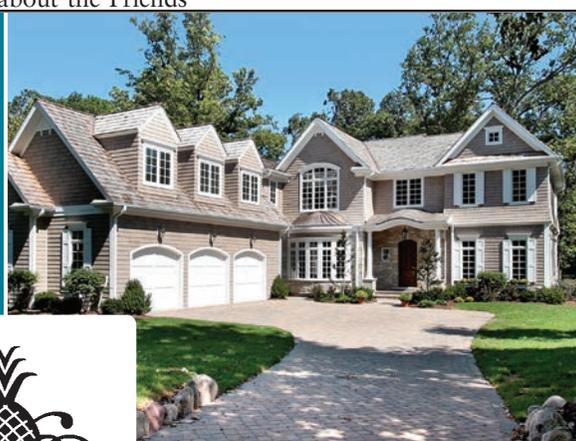
*Sheryl Man, Lisa Gannon, Likam Lie, and Robin Al-Khatib.*



*A look at the library grounds before, (above) and after (below) the volunteers hard work.*



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# Rose Kennedy Greenway Conservancy names Chris Cook as new Executive Director

The Rose Kennedy Greenway Conservancy today announced the selection of Chris Cook as its next Executive Director.

“Chris’ deep local experience in open space, parks, and community engagement is a tremendous asset for both the Conservancy’s and The Greenway’s next chapter,” said Doug Husid, Chair of the Greenway Conservancy Board. “We are delighted to have Chris at the helm as we emerge from the pandemic and continue to strengthen our community connections, world-class horticulture, and remarkable art programs that are the hallmarks of The Greenway.”

“The Greenway represents one of the greatest transformations of urban space in American history,” said Cook. “I am honored to join the Conservancy to continue to contribute to and expand on The Greenway’s success and thrilled by the opportunity to focus deeply on such an important public park and resource.”

The Greenway is a park like no other. It has transformed downtown Boston and delivered on the promise of the Big Dig to create a vibrant green space that is filled with thought-provoking experiences and connections. The nonprofit Greenway Conservancy has sole responsibility for managing all aspects of The Greenway and utilizes that responsibility to create year-round beauty, robust and inclusive programming, and



*Chris Cook named as the next Executive Director of The Rose Kennedy Greenway.*

artistic experimentation. Cook is a local expert with deep community connections who can hit the ground running; under his leadership, the Conservancy is well-positioned to engage with and lift up the diverse communities across Boston and the Commonwealth as we emerge from the pandemic. The Greenway epitomizes the future of our cities and the ongoing importance of public parks to a thriving urban landscape.

Cook brings extensive experience working in parks throughout Boston, as the past Commissioner of the City’s Parks and Recreation Department and current Chief of Environment, Energy & Open Space for the City. He has spent his career working to strategically position open spaces to fos-

ter community, adapt to climate change, and promote public health and wellness through design excellence and management. In his time as Commissioner, Cook comprehensively worked on initiatives to make Boston’s open spaces more equitable and accessible. As the former Director of the previous Mayor’s Office of Arts, Tourism, & Special Events, Cook also played a key role in advancing cultural tourism and fostering the growth of the cultural community.

“Chris has been a steward of Boston’s parks throughout his career, and there’s no one more dedicated to making sure our city’s open spaces are inviting and inclusive for all to enjoy,” said Mayor Kim Janey. “While we’ll miss his leadership at City Hall, I have no

doubt he’ll bring the same passion, creativity, and collaborative spirit to charting the future of the iconic Rose Kennedy Greenway. We wish Chris the best and look forward to partnering with him in his new role.”

A five-member Executive Director Search Committee was formed in October 2020 and began the months-long search process that included input and feedback from a wide variety of stakeholders. They utilized the search firm Isaacson, Miller, which sought a talented candidate pool for the position, engaging with more than 250 sources and prospective candidates.

“The Executive Director Search Committee is delighted to welcome Chris to lead the organization as its new Executive Director. We had an accomplished pool of candidates with varied and impressive professional experiences that reflected the strong reputation of the Greenway Conservancy,” said Search Committee Member Karen Johnson. “We are thankful to everyone who was involved in our selection process and are looking forward to working with Chris.”

Cook will begin in May 2021, succeeding Jesse Brackenbury, who has been named President and CEO of The Statue of Liberty-Ellis Island Foundation in New York. Cook is looking forward to working with MassDOT Acting Secretary Jamey Tesler, Mayor Kim Janey, the abutters who

comprise the Greenway Business Improvement District (BID), the Conservancy’s partners in local and state government, and the adjacent neighborhoods throughout Boston.

“We look forward to working alongside Chris in championing and enlivening this free and open public park,” said Greenway BID Board Chair Stephen Faber. “In addition to providing \$1.5 million in annual funding to the Conservancy, the Greenway BID provides support in thoughtful placemaking through enhancement funds, consensus building, and civic engagement that is critical for the future of The Greenway.”

Cook joins the organization at an interesting inflection point for the future of what cities can be and will continue the work of the Conservancy as a standard bearer for excellence in park management. The Greenway played an important role as an essential respite and gathering space in 2020, and will begin the 2021 season celebrating joy, resiliency, and vibrancy in Boston and the Commonwealth.

The Greenway is the contemporary public park in the heart of Boston. The Greenway welcomes millions of visitors annually to gather, play, unwind, and explore. The Greenway Conservancy is the non-profit responsible for the management and care of The Greenway. The majority of the public park’s annual budget is generously provided by private sources.

## The Old North Church and Historic Site re-opens for tourists

On Saturday, April 17, the Old North Church and Historic Site will kick-off Patriots’ Day Weekend by re-opening its doors to visitors after a 13-month closure in response to the COVID-19 crisis. Known for “One if by land, and two if by sea,” and the midnight ride of Paul Revere, the city’s oldest surviving church is one of the first institutions to re-open along the Freedom Trail.

Built in 1723, the Old North Church’s enduring fame began on the evening of April 18, 1775, when church sexton Robert Newman and vestryman Capt. John Pulling, Jr. climbed the steeple and held high two lanterns as a signal that the British troops were heading to Lexington and Concord by sea across the Charles River. That is when Paul Revere embarked on his journey, igniting the American Revolution. In 1860, on the brink of the United States Civil War, Henry Wadsworth Longfellow penned “Paul Revere’s Ride,”

citing the Old North Church, to appeal to Northern readers’ patriotism and rally readers behind the abolitionist cause with the tale of a hero who bravely stepped forward to change the course of history. Once again, the Old North Church helped to inspire a nation.

“Although founded nearly 300 years ago, we believe that the legacy of Old North Church is as important today as ever,” says Nikki Stewart, Executive Director of the Old North Church & Historic Site. “We aim to inspire our visitors to consider the roles that active citizenship, hope, sacrifice, and patriotism can play in their lives in 2021 and beyond. When individuals and families leave the Old North Campus, we hope they feel a sense of American pride and are empowered to create meaningful change in each of their own communities.”

Like all museums and public institutions, the Old North Church & Historic Site shut down

onsite visitor operations in March of 2020. As a result, the Old North Church Foundation shifted to a virtual strategy, launching an online lecture series featuring historians, authors and artists, and equipping K-12 educators with engaging content that combines a core history curriculum with thought-provoking discussions about active citizenship, liberty, and personal values. The legacy of Old North Church is discussed in history and civics classrooms nationwide.

“The loss of revenue over the past 13 months has been devastating to us as over 90 percent of our operating budget is earned income through ticket sales, tours, school trips and merchandise,” says Stewart, who took the reins amidst the COVID-19 crisis in June of 2020. “April through October is usually peak tourist season for Freedom Trail sites. We are excited to be back in some capacity this spring.”

Tickets will be offered at the reduced price of \$5 per person. Self-guided tours will offer a more in-depth view of the building that once served wealthy merchants, government officials, and skilled tradesmen. Visitors can walk through box pews, admire the 17th century angels flanking the church’s 1975 organ, and view the stairs of the famous steeple, known as a beacon of American independence. All visitors must be masked as the Old North Church & Historic Site adheres to all CDC health and safety guidelines. For more information or to purchase tickets in advance, visit: [www.oldnorth.com](http://www.oldnorth.com).

About The Old North Foundation of Boston / Old North Church and Historic Site

Established in 1991, The Old North Foundation of Boston is a 501(c)(3) nonprofit organization that is responsible for historic site operations and interpretative, educational, and preservation

programs at the iconic Old North Church and Historic Site. A secular organization that is independent of Christ Church in the City of Boston, Old North Church welcomes approximately 150,000 visitors annually while overseeing the use and preservation of an enduring symbol of American independence. The Foundation serves a wide audience by creating meaningful experiences through educational outreach, site-specific programming, and historical analysis. Old North Church works collaboratively with the City of Boston, the U.S National Park Service, the Freedom Trail Foundation, and other non-profits to foster educational and interpretive programs for students and visitors while engaging the public in Old North Church’s history and its role in inspiring liberty and freedom. For more information, visit: [www.oldnorth.com](http://www.oldnorth.com).

# Women's Lunch Place Mother's Day cards have returned

By Lauren Bennett

Women's Lunch Place (WLP), a day shelter that provides meals and programs for women experiencing homelessness and poverty, is back with its 19th year of Mother's Day cards.

Each \$25 card will provide lunch for one woman for five days through WLP's Healthy Meals program.

This year's card utilizes pieces of cards from years past that have been cut up and arranged into a floral mosaic design. The card was created by Darcy, who has been a WLP guest for more than 10 years, according to WLP Chief Development Officer Paula White.

"She came to us after she was in a car accident and injured her back, and was unable to work," White said. "She has been stably housed for quite some time through efforts of WLP."

White said that Darcy fell in love with WLP's Creative Expressions program, which is part of the organization's "overarching wellness program," she said, adding that "...through expressing yourself in a creative way, a lot

of our guests find peace, they find their inner voice, they talk a little bit more easily about what they've experienced and the trauma that they have felt and witnessed by expressing themselves through art rather than just retelling their stories."

After becoming housed, Darcy continued to visit WLP to participate in the Creative Expressions program, as well as "to have community, because she found community when she started coming to us and to ensure that she had well-balanced, nutritious meal," White said.

The Mother's Day cards are created through the Creative Expressions program, where one woman's design is chosen to be the face of the card, and they can either be sent blank to be filled out later, or sent directly to the recipient with a message.

White said that Darcy, "probably more than anyone," has had her design featured on the cards the most over the years.

This year, many of WLP's programs and activities are still being conducted via pick-up rather than at the shelter, though White said

that WLP is starting to return to the community slowly. The Creative Expressions program was "takeout rather than on-site" this year, so the women "didn't have a lot of time" to create the designs.

The cards are priced at \$25 each, and White said that the prices for meals were increased this year because everything has to be individually packaged per COVID regulations. Additionally, they couldn't have any volunteers in the kitchen and instead had to hire staff to prepare the meals.

Aside from the \$25 card, there are also other options to help the entire WLP community.

For \$300, an individual, business, or organization "can sponsor a day of breakfast...for everyone we serve," White said. "That's very impactful for a lot of people. We do about 200 meals a day."

For \$500, a day of lunch can be sponsored, and for \$150, fresh fruit can be provided for a day. Each of these three options also includes one Mother's Day card.

White said that the sale of these cards "gives people something very meaningful to give women in their lives," and allows people to



Women's Lunch Place guest Darcy creating the design for this year's Mother's Day card.

"honor the women in your life by supporting women in need."

She said that often, people buy cards for their wives, sisters, and other important women in their lives, not just their mothers.

"You don't have to be a mother to understand the importance of caring for each other," White said.

Additionally, the purchase of a Mother's Day card from WLP "spreads our message," she said,

as everyone who receives one of the cards also receives information about WLP and about the artist who created the card.

"It really helps to educate those who need to understand...exactly the impact of our work," she said.

To order a card, which can be sent blank or personalized with a message, visit [womenslunchplace.org/mothers-day](http://womenslunchplace.org/mothers-day).

## FRESH AND LOCAL

### Stew always tastes better after a rest

By Penny & Ed Cherubino

Have you ever noticed that the stew you made over the weekend tastes much better as a Monday leftover? That may be, in part, because you didn't have to cook after a busy day, but it is also because a stew, in our opinion, is one of those dishes that is at its best after it has had a rest.

For us, the same is true of chili, braised meat, and some soups. This recommendation, like so many in the food world, has its friends and foes. After extensive testing, The Serious Eats Food Lab concluded that with these foods, it really doesn't make a difference and told readers to do whatever they wanted, rest or don't rest.

The popular no-knead bread dough recipes call on long, slow, cool fermentation to improve the flavor, texture, and some say the bread's digestibility. It also allows the baker more flexibility about when they want to bake a loaf.

#### A Must for Chowder

In his book, "50 Chowders

One Pot Meals, Clam, Corn & Beyond," Boston Chef Jasper White recommends the step of letting a chowder rest or "cure," as New Englanders call it. He writes, "Do not underestimate the importance of this process. It is during the resting and cooling-off period that chowder undergoes a metamorphosis, emerging with a deeper flavor and richer texture."

We find this is also true of other soups. We make a variety of soups that are combinations of vegetables with a sausage. After a day in the refrigerator, a sausage like kielbasa or chorizo will have shared its seasoning with the rest of the soup to a greater degree than when first cooked.

#### Short Naps

Rest time may be short or long. If you've grilled a steak, you may have learned to cover it with foil and let it rest for five to ten minutes to allow the heat in the meat to finish cooking and for the juices to redistribute. That time will extend to 20 to 30 minutes for a

large roast.

When we make quick pickles, salad dressings, or herb and yogurt sauces like riata or tzatziki, we'll make those first as we begin to cook, so they have some time for the herbs and seasonings to infuse into the liquids.

In baking, the rest times are often for totally different reasons. Cookie and pastry dough call for a time out in the refrigerator to allow the flour to be completely hydrated by the wet ingredients and let the fat, be it butter or lard, reharden for a tender or flaky result.

#### Food Safety First

While telling you to let your chowder cure, Chef White, a long-time restaurateur, addresses the food safety aspect of allowing food to rest. He says, "A 1-hour resting will improve your chowder immensely, and refrigerating overnight or longer is even better! If you decide to refrigerate your chowder, let it cool at room temperature for 30 minutes, then place



This Rhode Island clam chowder is a dish that benefits from a rest or, as Jasper White calls it, "time to cure."

it in the refrigerator uncovered. Covering can prolong the cooling process, resulting in a warm center that is ideal for bacterial growth. Bacteria ruins the flavor and shortens the shelf life of food. Cover the chowder only after it has chilled completely."

We would add that you should

always use a food thermometer to ensure that your resting food stays out of the danger zone of 40°F to 140°F, where bacteria proliferate.

Do you have a question or topic for Fresh & Local? Send an email to [Penny@BostonZest.com](mailto:Penny@BostonZest.com) with your suggestion.

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### Esplanade Association holds 20th annual meeting

*By Dan Murphy*

The Esplanade Association marked a milestone via Zoom on Monday, April 5, when the longstanding organization held its 20th annual meeting.

Michael Nichols, executive director of the nonprofit that has worked in partnership with the Department of Conservation and Recreation for the past two decades to care for and maintain the park, detailed big changes already planned for it in 2021, including the planned demolition of the Charles River Bistro and a new paint job – and new shade – for the Arthur Fiedler Footbridge coming between now and July 1, as well as “widespread” landscaping improvements near the State Police Barracks to create a new entrance to the West End and the Museum of Science.

Already in 2021, the Esplanade Association launched “Hatched: Breaking through the Silence,” a 15-minute sight and sound experience led by Boston-based percussionist and composer Maria

*(ESPLANADE, Pg.11)*

### Acting Mayor Janey launches campaign for four-year term

*By Seth Daniel*

Already sitting in the corner office and being the first African American and woman to lead the City, Acting Mayor Kim Janey released a video at 6 a.m. on Tuesday morning to officially announce she would be running for mayor in the September Preliminary Election.

She joins five other candidates who have already announced a run for mayor in what will surely be a very crowded ballot in September, assuming everyone running gets the required signatures to be placed for consideration on the ballot.

In the three-minute video, Janey stressed, “we can’t go back, we can only go better.”

“The work to address the challenges we face from COVID-19 and the racial inequalities that have been inherited from centuries of structural racism will take longer than a few months to change,” she said in a statement

*(JANEY, Pg. 2)*



*Acting Mayor Kim Janey – the former Council President – announced on Tuesday that she will officially join the race for mayor.*

---

### Beacon Hill Garden Club members plant window box

*By Dan Murphy*

Beacon Hill Garden Club members Leslie Adam, at left, and Alecia Manning ushered in spring by planting the window box and the Charles Street Post Office at the end of March.



### Laura Cunningham, bids farewell to the Nichols House Museum

*By Dan Murphy*

During the five years she spent with the Nichols House Museum, Laura Cunningham, who stepped down from her role as its Curator of Collections on March 31 to pursue a new employment opportunity, said perhaps what she’ll cherish the most from her experience there was having the opportunity to thoroughly immerse herself in a small museum environment.

“At a small museum like the Nichols House Museum, each position has creative freedom besides handling your day-to-day responsibilities,” Cunningham said, “and as a small museum, there’s so much to explore there, but there aren’t multiple departments, which allows for creativity and exploring different interests. For me, I was really interested in learning more about the collection and interpreting it, so I focused my extra time on research into the objects and making it publicly available for exhibitions.”

Cunningham, who hails from Boston suburbs and earned a BA in art history from Boston University

*(CUNNINGHAM Pg. 3)*



*Laura Cunningham, who stepped down as Curator of Collections March 31 after five years with the Nichols House Museum.*

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### BEACON HILL CIVIC ASSOCIATION COMMUNITY CORNER

Save the Date - Beacon Hill Civic Association Annual Meeting of Members; Monday, May 17th via Zoom

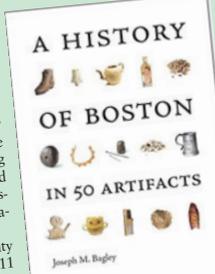
The BHCA is thrilled to announce that Joseph M. Bagley, City Archeologist for the City of Boston, will be the keynote speaker for our Annual Meeting in May. His talk will be titled “Wells, Privies, and Diverse Histories: The Archaeology of Beacon Hill”.

Joe Bagley joined the City Archaeology Program in 2011 as the fourth City Archaeologist since 1983. Bagley curates a growing repository of archaeological collections currently housed at the City Archaeology Laboratory at 201 Rivermoor St. in West Roxbury, acts as the review and compliance agent for below-ground cultural resources in the city, educates the public in archaeology through a number of city programs, manages Rainsford Island, and manages the Archaeology Programs social media platforms.

Joe received his Bachelor’s Degree in Archaeology from Boston University and a Master’s Degree in Historical Archaeology from UMass Boston. While a senior at BU he worked at the City Archaeology Lab under the previous City Archaeologist, Ellen Berkland, to analyze the Native American artifacts excavated by former City Archaeologist, Steven Pendery, on Boston Common.

Joe has conducted archaeological surveys from the woods of Maine to the Florida Everglades. He specializes in both Native American and Historical archaeological analysis and the archae-

*(BHCA Pg. 4)*



**A HISTORY OF BOSTON IN 50 ARTIFACTS**

*Joseph M. Bagley*

*A History of Boston in 50 Artifacts by Joseph M. Bagley.*

# FOR ALL THE LATEST NEWS IN THE NEIGHBORHOOD

# Beacon Hill restaurants featured in new digital cookbook

By John Lynds

A popular Beacon Hill bakery and cafe that has made a name for themselves outside the confines of the neighborhood is now featured in The Food Lens's first digital cookbook "Dining in Boston".

The Food Lens, an online dining resource that helps readers discover the best food, drink, and happenings in Boston, has includ-

ed a recipe from Flour Bakery + Cafe on Cambridge Street.

The Food Lens's founders Molly Ford and Sarah Jesup also compiled more than 38 other recipes from the area's best chefs and restaurants in an effort to bring their readers a new way to experience local dining at home during Covid-19.

A portion of proceeds from

Dining in Boston will benefit Massachusetts Restaurants United (MRU) to help strengthen and support the industry after a challenging year.

"We find purpose in our work to showcase the area's many talented chefs every day, but this effort feels particularly meaningful as we look back on a year of Covid-19 and the devastating toll it has taken on the city's hospitality industry," said The Food Lens Co-Founder, Molly Ford. "Our hope is to not only offer our readers with another fun and dynamic way to experience their favorite spots, but also to give back to the restaurant community that we love so deeply," added Co-Founder Sarah Jesup.

The digital cookbook includes Beacon Hill's Flour Bakery + Cafe's recipe for their famous "Sticky Sticky Buns".

The Food Lens' digital cookbook, Dining in Boston is available for purchase at thefoodlens.com/shop for \$14.00, with 10% of every sale contributing to MRU's mission to not only help local restaurants survive the pandemic, but to keep them open and thriving long after the spread of Covid-19.

## Clinical Research Study for Healthy Men and Women

Are you a healthy man or woman without any chronic illness? Are you age 45 or older?

If yes, you are invited to participate in a research study at the Brigham and Women's Hospital that is looking at the effects of a dietary supplement  $\beta$ -nicotinamide mononucleotide, (a dietary component found in various food products) on metabolism, muscle performance, and physical function.

- Participation includes up to 12 study visits
- Financial compensation of up to \$1700 is provided
- Free parking and meals are also provided.

For more information, please call: 617-525-9193 Or Email: [nozimek@bwh.harvard.edu](mailto:nozimek@bwh.harvard.edu) Or Visit: [https://rally.partners.org/study/nad\\_booster](https://rally.partners.org/study/nad_booster) • <http://hormonesandaging.bwh.harvard.edu/mib/>

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The front cover of The Food Lens's new digital cookbook that features a recipe from a popular Beacon Hill bakery and cafe on Cambridge Street.

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## Red Cross aiming to make more than 600 homes safer by May 8

The American Red Cross of Massachusetts is on a mission to make more than 600 homes across the state safer between now and May 8.

Volunteers will meet with residents by appointment – either virtually or socially-distanced outside their homes – to share crucial fire safety information, help create an

escape plan, and practice a two-minute drill. This information is free and available to anyone who makes an appointment. In some communities, the Red Cross is working with partner fire departments to offer free smoke alarm installations when it becomes safe to do so.

This effort comes as part of a larger national push to educate 100,000 people about home fire safety in high-risk communities. Here in Massachusetts, focus cities include Worcester, Brockton and Quincy, although individuals in any city or town (owner or renter) may participate.

To sign up for free home fire safety education, please visit [SoundTheAlarm.org/Massachusetts](http://SoundTheAlarm.org/Massachusetts). The Red Cross is also looking for additional volunteers to train as home fire safety educators and offer this training in their own community.

The Red Cross of Massachusetts is grateful for the support of our sponsors, National Grid and Harvard Pilgrim. This effort would not be possible without the support of the focus cities, with special thanks to Mayor Joseph Petty of Worcester, Mayor Robert Sullivan of Brockton and the Quincy, Worcester and Brockton fire departments and emergency management teams.

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April 5-April 23

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