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NOVEMBER 7, 2024



THE BEACON HILL TIMES

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T H E R E A R E N O T I M E S L I K E T H E S E T I M E S

HALLOWEEN HOLDOVER



COURTESY PHOTO

As stores quickly move on to Christmas decorations, some Beacon Hill homes want to hold onto Halloween a little bit longer.

BEACON HILL CIVIC ASSOCIATION COMMUNITY CORNER

Some words of THANKS:

Thank you to the City of Boston's Department of Public Works for the edge-to-edge paving of Anderson, Chestnut, Irving, and Myrtle Streets. Neighbors are grateful. We look forward to con-

tinuing this process in the next construction season. Thanks as well for the many brick sidewalk repairs that have been done lately.

Thank you to all the neighbors who helped to place and remove the Halloween barricades keep-

ing the streets safe for our smaller trick-or-treaters!

Thanks to Dr. Jim O'Connell for his moving presentation to a full-house crowd last week, and to neighbors who filled our sock
(BHCA Pg. 10)

Despite expected election outcome, Boston voters back Harris for President

By Dan Murphy

In contrast to the expected outcome of the Presidential Election on Tuesday, Nov. 5, Boston voters resoundingly supported Vice President Kamala Harris over former President Donald Trump in the race.

According to the city's unofficial election results as of the morning of Wednesday, Nov. 6, more than 76.3 percent of Boston voters (187,419 ballots cast) backed the ticket of Harris and her running mate, Minnesota Gov. Tim Walz, over the approximately 20.2 percent (49,654 ballots cast) of voters citywide who supported Trump

and his running mate, Ohio U.S. Sen. JD Vance.

On Massachusetts Ballot Question 1, which would for the first time, give the state auditor the power to audit the state Legislature, more than 74.3 percent (168,625 ballots cast) of Boston voters supported the proposed measure while around 25.7 percent (58,290 ballots cast) opposed it.

According to the Associated Press, Ballot Question 1 was supported by 71.5 percent (2,092,548 ballots cast) of voters statewide while 28.5 percent (834,026 bal-

(ELECTION Pg. 7)

Experienced educator helps students 'unlock their potential'

By Dan Murphy

An experienced educator with a passion for teaching, Dr. Katrina Tamvakologos (a.k.a. 'Dr. T') launched Unlock Your Potential, which now offers personalized tutoring for K-12 students at its Beacon Hill offices, immediately after giving birth to her second child last fall.

"I wanted more flexible hours, and to make my own schedule, while also getting the teaching part in," Dr. T recalled during a recent phone interview.

Born and raised in Milton, Dr. T earned a bachelor's in English from St. Lawrence University, a master's in Literacy Education Grades 5-12 from New York University, and a doctorate in educational administration, leadership, and policy from Fordham University. She is a certified English teacher and reading specialist who



COURTESY PHOTO

Dr. Katrina Tamvakologos (a.k.a. 'Dr. T') of Unlock Your Potential.

has taught in private, parochial, and public schools. She has also provided reading intervention in schools and worked as a learning

(UNLOCK Pg. 3)

NEIGHBORHOOD ROUNDUP

FALLS RISK AND HOW TO LOWER IT WITH STEVEN D. RAUCH, MD

Falls and their related injuries are a leading cause of mortality after age 65. As we age our risk of falling increases. When older adults fall, they tend to get injured and rapidly lose muscle mass and mobility. All too often, they do not recover. Join Dr. Steven D. Rauch – clinician, educator and author – for a potentially lifesaving discussion of how we balance, why we fall and concrete measures that each of us can take to reduce our falls risk.

Steven D. Rauch is Professor Emeritus of Otolaryngology at Harvard Medical School and the former Chief of the Massachusetts Eye and Ear Vestibular Division and Director of the Massachusetts Eye and Ear Balance and Vestibular Center.

This Tuesday, November 12, at 2p.m. Zoom webinar is presented as part of Beacon Hill Village's Living Well Ending Well series in partnership with the Boston Public Library. Registration is required online or by calling 617-723-9713. Registrants will receive a link the day before the event.

WEM SCHEDULES EVENTS FOR NOVEMBER AND DECEMBER

The West End Museum, located at 150 Staniford St., Suite 7 (on Lomasney Way), presents its West End Social & Jimbo Reception on Wednesday, Nov. 13, from 4 to 6 p.m.

At this time, the museum will be opening its doors to West End residents, past and present, to enjoy an afternoon of community and connection. This is a wonderful opportunity to meet your

neighbors, explore the museum, and share in the vibrant spirit of our local community. The special exhibit, 'Jim "Jimbo" Campano: Hero of the West End' will be on display, and staff will be on hand to answer questions about it.

Visit <https://www.eventbrite.com/e/west-end-social-jimbo-reception-tickets-1037061507887> for tickets and more information.

The museum will offer a screening of 'For the Love of Spock (2016)' - a documentary on the enduring appeal of West-End-born Leonard Nimoy and his portrayal of Spock in Star Trek – on Sunday, Nov. 24, at 4 p.m.

The screening will be prefaced with a short talk on the actor's connection to the West End neighborhood, as well as a few (virtual) words from Adam Nimoy, Leonard's son.

Visit <https://www.eventbrite.com/e/for-the-love-of-spock-film-screening-tickets-1063838081339> for tickets and more information.

The museum will also offer 'Postcard Paint & Sip' on Tuesday, Dec. 3, at 6 p.m.

Kick off the evening with a short lecture on museum's historic postcard collection, filled with snapshots of Boston's past. Afterward, let your creativity flow as you're given blank postcards and painting supplies to create your own. Throughout the night, images of the museum's postcards will be projected to inspire your work. Whether you're crafting a card to send to friends and family or simply making a memento for yourself, this event offers the perfect mix of art, history, and fun. Drinks will be available for purchase; this event is for ages 21+ only.

Visit <https://www.eventbrite.com/e/postcard-paint-sip-tickets-1063891420879> for tickets and more information.

Moreover, the museum will bring its Boston Trivia Night to

Causeway Boston, 65 Causeway St., on Tuesday, Dec. 10, from 6:30 to 8 p.m.

Put your Boston history knowledge to the test at the museum's next trivia night. Sign up with your friends and form a team or join one on the spot. Whether you're a history enthusiast or just looking for a fun night with friends, this event is for everyone. And the winning team will win a prize from the museum.

Visit <https://www.eventbrite.com/e/boston-trivia-night-tickets-1037154114877> for tickets and more information.

WECA MEETING SET FOR NOV. 14 AT AMY LOWELL APARTMENTS

The West End Civic Association (WECA) will meet on Thursday, Nov. 14, at 6 p.m. in the Community Room of Amy Lowell Apartments at 65 Martha Road.

Guests for the meeting will be City Council President and Councilor-at-Large Ruthzee Louijeune and Councilor-at-Large Julia Mejia

All West End residents are welcome. Masks are encouraged.

BRIANA CASH IN CONCERT ON NOV. 21 AT WEST END BRANCH LIBRARY

Singer/songwriter Briana Cash perform her original songs and tell the stories behind them on Thursday, Nov. 21, at 6 and 7 p.m. at the West End Branch of the Boston Public Library at 151 Cambridge St.

Cash's eclectic style covers jazz, pop/adult contemporary and americana, and more, and her music has been licensed for TV and film. She has also been considered in eight Grammy Award categories.

For more information: email Wesley Fiorentino at wfiorentino@bpl.org or call 617-523-3957.

LINE DANCE CLASSES AT THE WEST END BRANCH LIBRARY

The City of Boston's Age Strong

Commission has once again partnered with Boston Rhythm Riders to bring line dance classes to the West End Branch of the Boston Public Library on Cambridge Street. Classes for adults 60 and over will be held every Saturday until Nov. 9 from 10 to 11 a.m.

Contact Wesley Fiorentino at wfiorentino@bpl.org to register, or call 617-523-3957 for more information.

FREE LESSONS IN AMERICAN MAHJONG OFFERED AT WEST END BRANCH LIBRARY

The Friends of the West End Library will be offering lessons in American Mahjong to new and experienced players at no cost.

The group meets on Wednesdays at 1:30 p.m., on the second and fourth Wednesdays of each month in the Community Room of the West End Branch Library, 151 Cambridge St.

To sign up or for more information, email Audrey Tedeman (artedeman@gmail.com) or Julia Forbes (jmaforbes@gmail.com).

Mayor Wu announces Open Newbury: Holiday Stroll

Special to the Times

Mayor Michelle Wu has announced that Open Newbury: Holiday Stroll will be held on Sunday, Dec. 1, and Sunday, Dec. 8, to celebrate the holidays and promote the winter shopping season in the Back Bay.

The expansion of Open Newbury, a pedestrian-only event typically held in summer and early fall, into the holiday season was announced by Mayor Wu earlier this year. Since the start of Open Newbury in 2016, thousands have enjoyed food, shopping, and dining along the mile-long, eight-block stretch from Berkeley Street to Massachusetts Avenue.

"I am thrilled to present the holiday edition of Open Newbury to Back Bay this winter for all of our residents to enjoy," said Mayor Wu in a press release. "The tradition of Open Newbury that we enjoy during the summer brings so much opportunity for community gathering and economic growth for our small businesses. I am looking forward to seeing the city gather together again for Open Newbury this holiday season."

Newbury Street will be car-free from 10 a.m. until 6 p.m. on Dec. 1 and 8. The route will be the same as the summer Open Newbury series, with Newbury Street closed to cars from Berkeley Street to Massachusetts Avenue. The City encourages Newbury Street businesses to activate their outdoor spaces with programming with family-friendly activities, pop-up parklets, brand activations, and much more. In case of inclement weather, a makeup date will be held on Dec. 15.

"Introducing Open Newbury to the winter season brings together two traditions: the excitement of holiday markets and the experience of exploring one of Boston's most vibrant streets from a fresh perspective, free from cars," Jascha Franklin-Hodge, the city's chief of streets, said in a press release. "We look forward to continuing our partnership with the local business community, who have made Newbury Street such an iconic part of Boston."

City Councilor Sharon Durkan added: "We know that our local businesses thrive when residents do their holiday shopping in per-

son! With the trees sparkling with holiday lights and the excitement around a holiday stroll, these two dates will be an exciting chance to support our local businesses and build community. I cannot wait.

Parking will be restricted on Newbury Street and certain cross streets, with enforcement beginning at 6 a.m. Signs will be posted informing drivers of the change. The intersections of Fairfield Street, Gloucester Street, and Herford Street will be car-free. The remaining intersections will be open to vehicular traffic for public safety access and general vehicular traffic flow.

"The Back Bay Association is looking forward to seeing how the Open Streets Holiday Stroll benefits the Newbury Street businesses and brings value to the retail corridor at such an essential time of year," Meg Mainzer-Cohen, president of the Back Bay Association, said in a press release. "We are proud to have secured funding to provide holiday lighting which will coincide with this event, enhancing the atmosphere for shoppers and tourists, alike, and benefitting our business community."

BEACON HILL BEAT

From Boston Police Area A-1

COMMUNITY SERVICE OFFICE: 617-343-4627
DRUG UNIT: 617-343-4879 • EMERGENCIES: 911

Vandalism

10/30/24 - Officers responded to 85 Charles St. for a report of vandalism to the front door of a business. The officers spoke with the victim on scene who showed them the condition of the front

door, with damages estimated to be about \$2,300.

The victim reported that a similar act of vandalism had also occurred at the same location in March of 2024. Area A detectives were scheduled to further investigate this matter.

Wu and Immigrant Advancement announce opening of fourth round of “Weaving Well-Being” grants at inaugural immigrant advancement forum

Special to the Times

Mayor Michelle Wu and the Mayor’s Office for Immigrant Advancement (MOIA) announced the opening of the fourth round of Weaving Well-Being grants. This was announced at MOIA’s first-ever Immigrant Advancement Forum: Our Future Now, held on October 26. This forum is a new annual, family-friendly convening launched to enhance Boston and the region’s capacity to welcome, support, and uplift immigrant and refugee residents across neighborhoods. Local immigrant-serving nonprofits are encouraged to apply to the current round of Weaving Well-Being grants with \$200,000 in funding available for the 2025-2026 program cycle. Applications are open until 4:00 p.m. on Thursday, January 16, 2025.

MOIA’s Weaving Well-Being initiative cultivates a stronger network of immigrant-led and-serving organizations seeking to promote Boston immigrant residents, destigmatize mental health in immigrant communities through non-clinical, culturally, and linguistically sensitive interventions, and shift power to communities.

“Immigrant communities often face barriers in accessing mental health services,” said Mayor Michelle Wu. “Our community nonprofit partners are providing vital support networks and building systems of care through innovative ways to help people heal. I’m thrilled that the City can support their efforts and look forward to their ongoing work to ensure Boston is a home for all.”

MOIA formally launched the Weaving Well-Being initiative in 2022, providing \$70,000 in mini-

grants to seven nonprofits that year. Since then, the program has grown significantly, with 18 partners in 2023, 21 partners in 2024, and \$400,000 in grants to date. The complete list of 2024 participating community partners is available on the Weaving Well-Being website. These awarded grants were funded by the City of Boston’s FY24 operating budget and are being used through January 2025.

“Chinese Progressive Association is grateful for the partnership with the Mayor’s Office for Immigrant Advancement,” said Baolian Kuang, CPA’s Community Organizer who leads resident-focused programs. “With this grant, residents had the opportunity to connect with and support each other, develop in-depth friendships, and collectively learn about the history and context of our neighborhood and beyond! Residents also get to participate, engage in community processes, and visit other neighborhoods in the languages they are most comfortable in.”

“We are thrilled with the recent funding from the City of Boston and other partners in recognition of the stressors that immigrants face and Casserly House’s connective role,” said Donna Stiglmeier, Director of Casserly House.

“Sociedad Latina is excited to be partnering with the Mayor’s Office for Immigrant Advancement to offer greater opportunities for Latine youth to foster positive physical and mental health by exploring outdoor adventure, movement activities, and mindfulness,” said Alex Oliver-Dávila, Executive Director of Sociedad Latina.

Hundreds of participants attended the inaugural Immigrant Advancement forum, which included Weaving Well-Being workshops hosted by community-based organizations. Attendees also got to participate in various speaking sessions and featured remarks from Mayor Michelle Wu, members of the Boston City Council, and community leaders. Weaving Well-Being workshops were led by the Brazilian Worker Center (Aromatherapy), Mutual Aid Eastie (Therapeutic Crafts), and EHR Boston Communities (Yoga). Speaking sessions included Activating Immigrant Voting Power: Your Voice, Your Vote; Unlocking Education: College Access for Undocumented Youth; Weaving Well-being: Building a Movement for Immigrant Community-Driven Wellness; The Power of Your Story: Public Narrative for Immigrant Leaders; and Cooperative Solutions for Community Needs: Empowering Boston’s Immigrant Communities

“The theme of this inaugural forum is ‘Our Future Now’. This is not just a catchy phrase; it’s an imperative—a call to action for every immigrant, every child of immigrants, and every ally,” said Monique Tú Nguyen, Executive Director of the Mayor’s Office for Immigrant Advancement. “The immigrant community is not just a part of this city’s and nation’s future—it is its future—and that future is now.”

To complement the Weaving Well-Being programming efforts, MOIA also partnered with the Leah Zallman Center for Immigrant Health Research to learn how community-embedded

practices improve mental health resources for immigrants. These evaluation efforts help guide the City’s future investments and empower residents to speak on the importance of these initiatives in addressing the social determinants of health. To learn more about the reports, please visit these links to learn more: 2022-2023 report and 2023-2024 report.

To explore additional funding opportunities offered by the City of Boston, visit www.boston.gov/grants. For questions regarding City of Boston grant programs, please email grants@boston.gov.

For interviews and footage from the forum, contact Bessie King at bessie.king@boston.gov.

About the Mayor’s Office for Immigrant Advancement

The Mayor’s Office for Immigrant Advancement (MOIA) strives to strengthen immigrants’ ability to fully and equitably participate in Boston’s economic, civic, social, and cultural life. MOIA also promotes recognition and public understanding of immigrants’ contributions to the City. To learn more, visit boston.gov/immigrants.

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UNLOCK (from pg. 1)

center instructor while tutoring at all different levels.

“I meet with students to find out what their goals are, and to help them achieve success [on their terms],” said Dr. T of the services she offers at Unlock Your Potential. “We meet students where they are and then implement a plan for them to reach their goals and achieve what they see as success.”

(Dr. T personally teaches English and college prep while one of the three other staff members handles tutoring in the areas of math and science.)

“Because of the covid setback, a lot of students needed additional support, and obviously, all of those needs can’t be met at school

during the school day,” she said.

Unlock Your Potential offers personalized tutoring in English, Math, Science, Greek, and Latin, as well as help with college applications and ‘executive functioning skills.’

In addition to multi-tasking, ‘executive functioning skills,’ include “task-initiating and anything organization-related, like organizing work or folders, or breaking down longer-term work or assignments,” according to Dr. T.

Meanwhile, high school seniors are now hearing back on early decisions for their top college choices, and with the inevitable rejections coming for some students, they

are left searching for other college options. Unlock Your Potential can help students craft essays specifically tailored for certain colleges, as well as handle the general college application process.

“Everyone is scrambling,” said Dr. T. “Some schools have supplemental essays, which is where kids get bogged down because it requires more writing on a tight deadline.”

For more information on Unlock Your Potential, visit www.uptutoring.com, or contact Dr. Katrina Tamvakologos at 617-784-6753, or via email at Katrina@uptytutoring.com.

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EDITORIAL

GIVE THANKS TO OUR VETERANS

This Monday, November 11, we will celebrate the 106th observance of Veterans Day in the United States, a day of solemnity and reverence to honor those who have served in our nation's military.

Veteran's Day initially was known as Armistice Day when it was enacted in 1919 to commemorate the first anniversary of the end of World War I, which occurred on the 11th hour of the 11th day of the 11th month in 1918.

World War I was marked by trench warfare in which neither the German-allied nations (Germany, Austria-Hungary, and the Ottoman Empire) nor the alliance among England, France, Russia, and the United States, accomplished anything. Historians to this day cannot even pinpoint a rational reason for why the war began.

The trench lines did not meaningfully shift for the entire four-year period of the war. In the meantime, the European continent was ravaged, with 10 million soldiers and another 10 million civilians losing their lives.

More significantly, the "war to end all wars" only set the stage for an even bloodier world-wide conflagration 20 years later with WWII. Indeed, the roots of today's conflict in the Middle East can be traced to the shift in control of that part of the world after WWI from the Ottoman Empire (Turkey) to England, which eventually led to the so-called British Mandate for Palestine after the end of WWII.

In the aftermath of the Korean War in 1954, Armistice Day officially became known as Veterans Day to include the veterans of all of our wars.

There are many ways that each of us can honor our veterans, including attending parades and ceremonies in our communities, visiting veterans memorials and cemeteries, volunteering with veterans organizations, donating to veterans causes, flying the U.S. flag, thanking a veteran for their service, or simply taking a moment to reflect on the great sacrifice made by so many who have put their lives on the line to ensure that all of us can enjoy the freedoms that we hold as Americans today.

If nothing else, Veterans Day should remind us that freedom isn't free and that maintaining our freedom since our nation's founding has required the personal sacrifice of millions of our fellow Americans.

IS DROUGHT OUR NEXT CLIMATE CRISIS?

To paraphrase Bob Dylan, we don't need a weatherman to tell us that our parched lawns and gardens are an indication that there has been a lack of rain in the past month.

But even we were surprised to learn that almost the entire country is experiencing some degree of drought conditions, making this the most widespread state of drought in U.S. history.

In New York City, which had its driest October since record-keeping began in 1869, officials are telling residents "to conserve every drop of water possible."

Climate change, which has been bringing record-high temperatures across the country every month this year -- especially this past summer -- is seen as a key driver of drought conditions.

High temperatures dry out both the atmosphere and the ground, which not only results in less rainfall, but also creates ideal conditions for wildfires, which have been sparking all across Massachusetts in the past few weeks. According to state officials, there are about 15 wildfires in a typical October, but this year there were more than 200 (which brought us that acrid smell of smoke that enveloped our area earlier this week until the direction of the wind changed).

As with everything weather and climate-related these days, our wonderful fall weather has been yet another example of good news/bad news.

Unfortunately, given that the world's efforts to reduce carbon emissions are failing badly, the bad news of the future promises to become even worse.



GUEST OP-ED

Older adults can save money during the annual Medicare open enrollment now through December 7

By Mayor Michelle Wu

With fall in full swing, I'm excited to share some important information that could help you save money on your health insurance premiums and prescription drug payments during the annual Medicare Open Enrollment period from now through December 7.

Now is a great time to meet with one of our certified SHINE

(Serving the Health Insurance Needs of Everyone) counselors to go over your current health needs and find the coverage that's right for you. Our health is constantly changing; reassessing your needs and your plan each year is the best way to ensure that you get the right coverage at the most affordable price.

For our Age Strong Commission, making Boston a home for everyone means ensuring that our older residents have access to the

and services they deserve—at the lowest possible cost.

So, to help you navigate the Open Enrollment process, Boston's Age Strong Commission will be hosting in-person events through December 6th. To see the schedule and location of these events, visit boston.gov/medicare.

Or, if you'd like to set up an appointment with a member of our Age Strong team at City Hall, call 617-635-4366.

Wishing you a wonderful fall.

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Personal jeweler opens private office on the Hill

By Dan Murphy

If you're looking for an engagement ring or another item of jewelry to mark a special occasion but need some guidance when it comes to selecting the right piece, Calista West, a Nantucket-based personal jeweler who opened a private office on Beacon Hill last month, can help you find something that fits your particular taste, as well as your budget.

A native of Northeast Pennsylvania, West began spending her summers on Nantucket with her family as a young child, and she has called the Island her full-time home since the summer of 2003.

"I was supposed to only be there for the summer, but like so many people, the Island got a hold of me, and I can't get away now," West recalls of making her permanent move to Nantucket more than 20 years ago.

On Nantucket, West managed a fine jewelry store for several years — a professional experience she credits for sparking her "fascination with the industry." She completed the Graduate Diamonds Program at GIA (Gemological Institute of America) in New York City in 2017 in preparation of making her next career move: striking it out on her own as a personal jeweler.

While she wasn't the first private jeweler in the industry, West admits she didn't know even realize this niche role existed before she began working in this special-

ized field.

"I wasn't so much aware of what a private jeweler was, but my way of thinking was to find a way to do business and work with clients," she said.

Instead of sitting inside a jewelry shop and simply waiting for a potential client to walk in, West works with clients in need of her services on a personalized, one-on-one basis.

While West can't provide an accurate count on her current clientele, she estimates the number sits somewhere in the "five-figure range." She said the majority of her existing clients are Boston residents who are visitors to the Island so expanding to Beacon Hill was a logical next step for her business.

Last year had already brought what West describes as the "next evolution" of her business when she opened her eponymous, brick-and-mortar jewelry store on Nantucket's Main Street. Two other women now staff the shop while West is available to clients there by private appointment.

And with her expansion to Beacon Hill, West can now offer customers in Boston this same elevated experience in personalized jewelry purchasing.

After an initial consultation with the client, West goes to her sources and handpicks a number of options, based on both the client's particular preferences and their budgets.

"Everything is customizable,"

said West, who added that the pieces she has procured for clients run the full gamut but are most often engagement rings, wedding rings, and custom designs, as well as redesigns, such as placing repurposed old gemstones in new settings.

The Nantucket store has a range of jewelry items in stock for customers on a tight timetable, or for those who might not already know what they're looking for.

West also has access to rare and exclusive items, such as high-quality gemstones (including unheated Burmese sapphires and other rare-colored gems) and diamonds, all of which she sources through her closely guarded connections.

Moreover, West said she offers "convenience and flexibility" to her clients, so she'll travel to them if necessary and work around their schedules.

West seeks to build long-term relationships with her clients as well, offering them what she describes as "enhanced privacy and discretion."

And with its nondescript location, which is available by appointment only, West's new office on Beacon Hill offers a "more private and secure experience," she said, compared with shopping at a traditional jewelry store in a busy location.

For more information on Calista West and her services, visit calistawest.com.



PHOTO COURTESY TAYLOR LYNN PHOTOGRAPHY

Nantucket-based personal jeweler, Calista West, who recently opened a private Beacon Hill office.

Boston's Age Strong Commission to host free Medicare open enrollment events across Boston

Boston's Age Strong Commission, the city agency serving its nearly 120,000 residents aged 60+, will host 15 free in-person events to assist older adults enroll in Medicare and make changes to their current Medicare health insurance and prescription drug coverage plans. These events are open to the public, and will be hosted in 11 neighborhoods across Boston. Make advance appointments by calling 617-635-4366.

Those not able to attend the events may schedule an appointment with Age Strong certified SHINE (Serving the Health Insurance Needs of Everyone) counselors through December 7.

Older adults are urged to assess their health insurance and prescription drug coverage each year, as health needs and health plans change. SHINE counselors will help residents get the best coverage for the lowest cost. In addition, Age Strong will screen older adults for other cost-saving ben-

efits including Medicare Savings Program (MSP), fuel assistance, and food resources (SNAP).

Thursday, November 7 Inquilinos Boricuas en Acción 2 San Juan St., South End

Wednesday, November 13 BCYF Curley Community Ctr. 1663 Columbia Rd., S. Boston

Friday, November 22

BCYF Nazzaro
30 N Bennet St., North End

To see a full list of in-person events, and information in other languages, visit boston.gov/medicare.

UNLOCK YOUR POTENTIAL

Academic Success Is Right Around the Corner

When it comes to education, there is no one-size-fits-all approach. Every student is different and requires varying approaches to learning. Tutoring provides students with the guidance and personal attention they need to succeed in school. Contact Dr. Katrina Tamvakologos for a consultation about how we can support your student's success.

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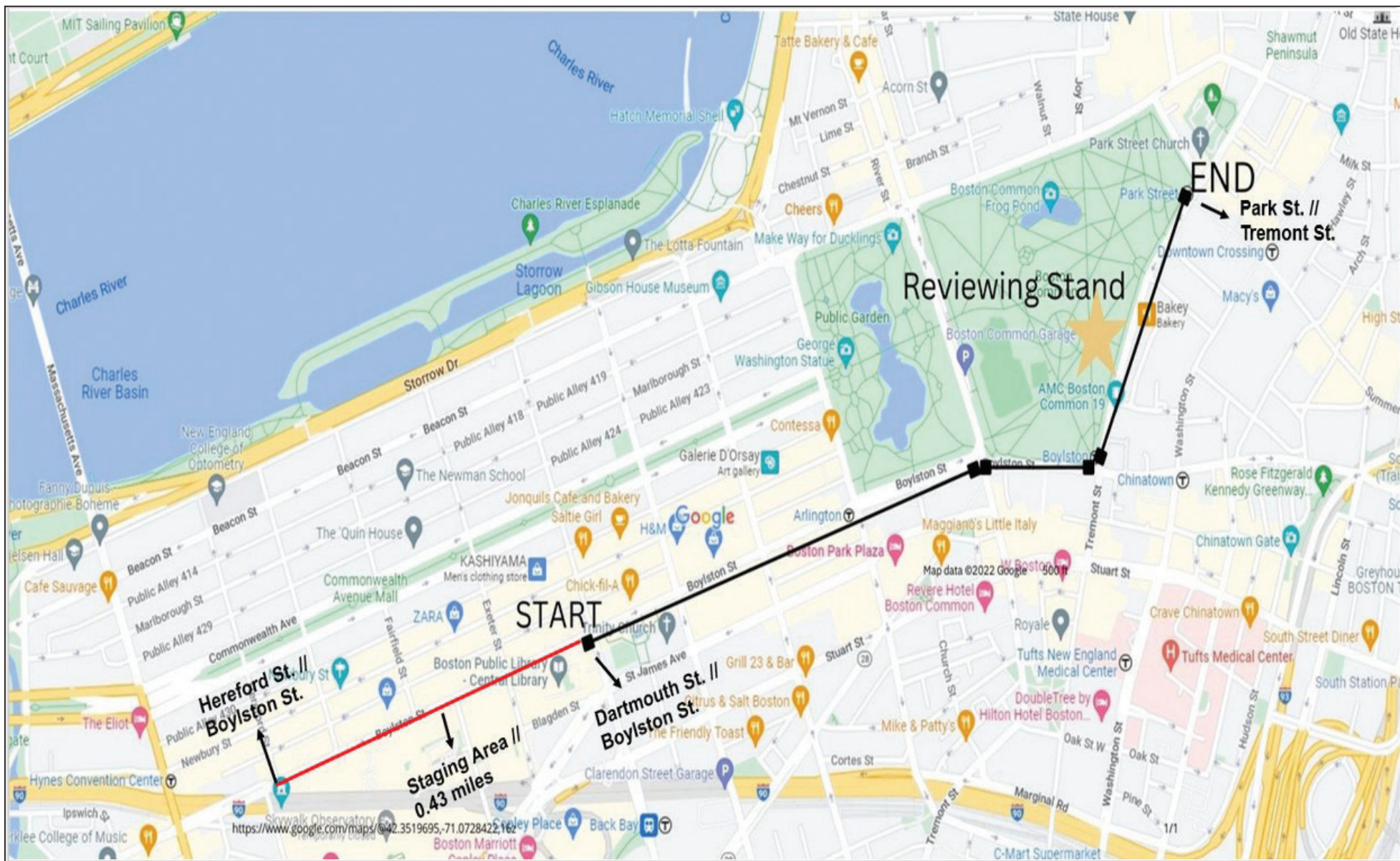
Boston is honoring the service and sacrifices of all who have served and those who continue to serve. The parade starts at 12-3pm

on Saturday, November 9. The Parade will begin at Boston Public Library located on Boylston Street and marching to the corner

of Park and Tremont St and end at 1 City Hall Plaza. This is a new and exciting parade designed to honor the service and sacrifice of

veterans and their families, as well as a thank you to all who continue to serve. We are seeking veteran, military, and civic organizations as

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MBTA successfully completes critical track work on Orange Line

The MBTA announced the successful completion of critical track work on the Orange Line while service was suspended between Oak Grove and Ruggles October 26 – 27 and between Oak Grove and North Station October 28 – November 1. As a result of unencumbered access to track areas, crews accomplished important work to lift nine speed restrictions, resulting in a safer, more reliable trip for riders.

Following additional Track Improvement Program work that took place on the line earlier last month, the Orange Line is now completely free of all speed restrictions for the first time since 2010. Currently, slow zones are affect-

ing less than 1% of the entire subway system. The last slow zones are expected to be removed by the end of next month.

During these seven days of unencumbered access to this area of the Orange Line, work crews replaced nearly 17,500 feet of rail and 2,600 ties. During the 30-day Orange Line shutdown in 2022, crews replaced only 6,000 feet of rail and about 2,900 ties. The tremendous amount of work accomplished on the Orange Line this past month is due to the close collaboration and coordination of multiple work crews on-site and during the pre-planning phases of these service suspensions.

“I would like to thank the

MBTA team members who have been part of the Track Improvement Program for their hard work and express appreciation to our riders for being flexible during construction,” said Transportation Secretary and CEO Monica Tibbits-Nutt. “Mobility access for everyone is critical and the successful completion of Orange Line projects advances our commitment to leave the communities where we live and work in better condition than we found them. Transportation systems have to work if we want our communities to thrive.”

“We made a commitment to the public to deliver safe, reliable trips and upon completion of this most recent work, I’m pleased to confirm another major step forward towards that promise – the Orange Line is now completely free of speed restrictions for the first time in 15 years,” said MBTA General Manager and CEO Phillip Eng. “Less than 1% of our subway system is now affected by track-related slow zones, down from March 2023 when we had the entire system running at restricted speeds. I’m confident we’re on schedule to eliminate all remaining restrictions by the end of this year. This is truly an all-hands-on-deck, cross-functional effort that exemplifies teamwork and determination. Moving beyond this, we are committed to addressing future needs timely and not allowing such conditions to build up, impacting all that depended on us. All the credit goes

to my leadership team and our workforce for delivering essential repairs more efficiently and effectively. I’d be remiss if I didn’t thank our riders for their patience as we bring them the faster, safer, more reliable, and frequent trips that they deserve.”

This service change was in place to support critical track and tie replacement work as part of the Track Improvement Program. Workers also maximized the outage by performing signal upgrades, security enhancements, station amenity upgrades, and more.

For more information, visit mbta.com/TrackProgram or connect with the T on X @MBTA, Facebook /TheMBTA, Instagram @theMBTA, Threads @thembta, or TikTok @thembta.

The Massachusetts Bay Transportation Authority (MBTA) opened America’s first subway tunnel in 1897, pioneering public transportation in the United States. Today, the MBTA is one of the largest public transit systems in the country, operating an extensive network of subway, bus, commuter rail, ferry, and paratransit services across 176 cities and towns. The MBTA is undergoing a transformative period, focusing on cultivating a culture of safety and excellence, modernizing infrastructure, and improving reliability and accessibility. Current priorities include accelerating critical infrastructure repairs, expanding accessibility, and reducing

emissions. The MBTA is committed to providing dependable, frequent, and accessible service that riders can rely on, while supporting the region’s economic vitality. Through initiatives like the unprecedented Track Improvement Program and the Bus Network Redesign and Rail Vision, the MBTA aims to connect communities and improve riders’ daily experiences and trips. For questions or assistance, customers are encouraged to contact the MBTA Customer Center at 617-222-3200. Members of the press are encouraged to contact mediarelations@mbta.com. For the latest updates on MBTA services, projects, and initiatives, visit MBTA.com or follow @MBTA on social media.

ELECTION (from pg. 1)

lots cast) of the Commonwealth’s voters opposed it.

Ballot Question 2, which would eliminate the MCAS exam as a standard graduation requirement for the state’s high school students, was supported by more than 56.1 percent (132,760 ballots cast) of Boston voters while nearly 43.9 percent (103,812 ballots cast) of voters citywide opposed it, according to the city’s unofficial election results.

According to the AP, 58.9 percent (1,788,506 ballots cast) of the Commonwealth’s voters backed Ballot Question 2 while 41.1 percent (1,247,263 ballots cast) of voters statewide opposed it.

Ballot Question 3, which would allow drivers working for ride-share companies, like Uber and Lyft, to unionize, was supported by more than 65.4 percent (148,414 ballots cast) of Boston voters while nearly 34.6 percent (78,385 ballots cast) of voters citywide opposed it, according to the city’s unofficial election results.

According to the AP, Ballot Question 3 was supported by 54.1 percent (1,585,726 ballots cast) of the Commonwealth’s voters while 45.9 percent (1,346,031 ballots cast) of voters statewide opposed it.

Ballot Question 4, which would have decriminalized the use of

certain natural psychedelic substances for people older than 21 and allowed them to grow these substances at home for personal use, was supported by more than 52.5 percent (122,978 ballots cast) of Boston voters while nearly 47.5 percent (111,163 ballots cast) of voters citywide opposed the proposed measure, according to the city’s unofficial election results.

According to the AP, Ballot Question 4 was opposed by 56.9 percent (1,703,794 ballots cast) of the Commonwealth’s voters, with 43.1 percent (1,291,968 ballots cast) of voters statewide supporting it.

Ballot Question 5, which would have raised the minimum wage for tipped employees incrementally over a period of five years from \$6.75 an hour to the state’s regular minimum wage of \$15 an hour by 2029, was opposed by more than 50.6 percent (117,043 ballots cast) of Boston voters while nearly 49.4 percent (114,078 ballots cast) of voters citywide opposed it, according to the city’s unofficial election results.

According to the AP, Ballot Question 5 was opposed by 64 percent (1,938,409 ballots cast) of the Commonwealth’s voters while 36 percent (1,090,498 ballots cast) of voters statewide opposed the proposed measure.

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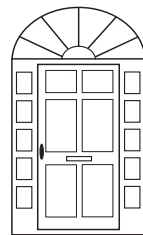
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Rentals

Over \$4.5 million in Complete Streets Funding Program awards announced

Special to the Times

The Healey-Driscoll Administration is awarding over \$4.5 million to 11 communities as part of the Fiscal Year 2025 Round 1 of grants for the Complete Streets Funding Program.

These grant awards will be used by recipient municipalities to fund local multimodal infrastructure projects that improve travel for pedestrians, public transit users, bicyclists and people using other forms of transportation.

A Complete Street enables safe, convenient, and comfortable travel for users of all ages and abilities regardless of their mode of transportation. Administered by the Massachusetts Department of Transportation (MassDOT), the Complete Streets Funding Program aims to teach communities about Complete Streets and encourage the integration of Complete Streets into regular local planning prac-

es. Of the 11 projects selected, 8 will benefit Environmental Justice communities.

“We are excited to announce over \$4.5 million for 11 cities and towns as part of the first round of funding of the Fiscal Year 2025 Complete Streets Funding Program,” said Transportation Secretary and CEO Monica Tibbits-Nutt. “These grant awards will assist municipalities with the implementation of Complete Streets projects, which will greatly improve safety, connectivity, and access for all roadway users. We look forward to working together with local leaders as they begin planning and implementing their projects.”

“Our Complete Streets program has been a valuable funding source for our cities and towns, with hundreds of projects receiving grants in the past eight years,” said Highway Administrator Jon-

athan Gulliver. “We’re ready to support our municipal partners as they make these key improvements to roadway safety and multimodal access.”

The MassDOT Complete Streets Funding Program was launched in 2016 and provides technical assistance and construction funding to eligible municipalities to plan and implement Complete Streets. Prior to this round, the Complete Streets Funding Program has awarded 278 construction project grants across the Commonwealth, totaling over \$100 million.

This round of funding provides funding to the following communities:

• Concord received \$500,000 to widen and pave an existing stone dust sidewalk on Magnolia Street, the construction of a new sidewalk on Walden Street to Brister’s Hill Road and construct a pedestrian/bike path from Walden Street to the Alcott Elementary School. The project will also include ADA compliant ramps, crosswalks, and signage.

• Everett received \$500,000 to reconstruct a 12-foot-wide sidewalk on the western and eastern sides of Broadway between Maple Avenue and Timothy Avenue. The project will also include ADA-compliant curb ramps and high-visibility crosswalks. In addition, the project will reconstruct a new bus stop at the Lexington Street intersection and include new five-foot-wide bike lanes on both sides of Broadway, the installation of a bus-only lane, and new bike racks.

• Medfield received \$500,000 for the construction of new five-foot-wide sidewalks on Dale Street, Adams Street, and Winter Street. The project will also include new pedestrian ramps, detectable warning panels, crosswalks, and new signage to help improve pedestrian accessibility, mobility, and safety.

• Melrose received \$450,803

for the construction of new five-foot-wide asphalt sidewalks on one side of Swains Pond Avenue from the intersection with Penney/Dexter Road to the intersection with Beech Street. The project includes ADA curb ramps, crosswalks, narrowed travel lanes, new trees, and will close a current sidewalk gap.

• Newton received \$500,000 for the construction of a 6.5-wide asphalt sidewalk on the northern side of Nahanton Street from Wells Avenue to Dedham Street. This project will help increase access to the Wells Avenue complex. The project also includes ADA-compliant pedestrian curb ramps, high-visibility crosswalks, audible pedestrian signals, and pedestrian push buttons.

• North Attleborough received \$500,000 for the construction of new five-foot-wide sidewalks on both sides of Landry Avenue between the J.W. Martin Elementary School and Route 152. The project includes new narrowed road lanes to allow bicycle safety, ADA-compliant curb ramps, tactile warning panels, a high-visibility crosswalk, and Rapid Rectangular Flashing Beacons.

• Oxford received \$60,225 to connect two sidewalks on Monument Drive and Charlton Street with a new five-foot-wide sidewalk on Monument Street from Corbin Road to Charlton Street. This project will improve the safety of pedestrians in this corridor.

• Rockland received \$500,000 for the construction of new five-foot-wide sidewalks on the northern side of North Avenue from Union Street to the town limit. The project includes ADA-compliant curb ramps, detectable warning panels, signage, narrowed road lanes, crosswalk improvements, and the installation of Rapid Rectangular Flashing Beacons.

• Wareham received \$500,000 for multiple projects. The grant will construct new ADA-compli-

ant ramps and detectable warning panels at various locations on Main Street from Trinity Christian Church to Sandwich Road and on Onset Avenue from Union Avenue/South Boulevard to East Boulevard. The project includes modifying curbs and the addition of Rapid Rectangular Flashing Beacons. The next project will create the “Walters Alley Pedestrian Zone” between Main Street and Merchant Way and finally, the grant will provide Speed Feedback signs at various locations.

• West Stockbridge received \$112,612 for pedestrian improvements at the Swamp Road/Main Street intersection. The project includes the relocation of a crosswalk, the installation of ADA-compliant curb ramps, and improvement at the intersection for drivers by building permanent bollards to better direct turns. The project will also improve the walkability at the Depot Street Municipal Parking Lot by building a pedestrian zone and a new sidewalk segment while also relocating a crosswalk to better connect visitors parking in the lot to the town sidewalk.

• Weymouth received \$444,685 for intersection improvements at Pleasant Street and Ralph Talbot Street. The project will first reduce the corner radius which will help halve the length of the current pedestrian crossing. Also, the project will construct seven-foot-wide sidewalks to better connect to the current sidewalk network and include curb extensions and new lighting.

Municipalities may apply for up to \$500,000 in construction project funding in one application. Examples of project elements that can be implemented through the program include sidewalks, multimodal paths, bicycle lanes, improved street lighting, and pedestrian signalization at crosswalks or intersections.

THE BEACON HILL TIMES

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LEGAL NOTICES

LEGAL NOTICE
COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT NOTICE AND ORDER:

Petition for Appointment of Guardian of a Minor
Docket No. SU24P1738GD
Suffolk Probate and Family Court
24 New Chardon St.
Boston, MA 02114
In the interests Of: Cory Bryan

Barnett Of: Boston, MA
Minor
NOTICE TO ALL INTERESTED PARTIES
A hearing on a Petition for Appointment of Guardian of a Minor filed on 08/20/2024 by Debra A. Egan will be held 12/06/2024 09:00 AM Guardianship of Minor Hearing, 24 New Chardon Street, Boston MA 02114 3rd Floor Probation Dept.
You may respond by filing a written response to the Petition or by appearing in person at the hearing. If you choose to file a written response, you need to: File the original with the Court; and

Mail a copy to all interested parties at least five (5) business days before the hearing. The minor (or an adult on behalf of the minor) has the right to request that counsel be appointed for the minor.
If you are a parent of the minor child who is the subject of this proceeding you have a right to be represented by an attorney. If you want an attorney and cannot afford to pay for one and if you give proof that you are indigent, an attorney will be assigned to you. Your request for an attorney should be made immediately by filling out the Application of Appointment of Counsel form. Submit the application form in person or

by mail at the court location where your case is going to be heard. A minor over age 14 has the right to be present at any hearing, unless the Court finds that it is not in the minor’s best interests. THIS IS A LEGAL NOTICE: An important court proceeding that may affect your rights has been scheduled. If you do not understand this notice or other court papers, please contact an attorney for legal advice.
Date: September 6, 2024
Stephanie L. Everett, Esq.
Register of Probate

11/07/24
BH

Wu, Boston EMS celebrate new EMTs

Special to the Times

Mayor Michelle Wu, Boston Emergency Medical Services (EMS), and the Boston Public Health Commission (BPHC) celebrated the graduation of 27 EMT-Recruits and three recent promotions in a ceremony at Boston Public Library's Rabb Hall. The EMT-Recruits were hired as state-certified EMTs and successfully completed the Boston EMS Recruit Academy, an additional intense training program to ensure residents receive the highest quality emergency care. The 27 new graduates now join Boston EMS to respond to medical emergencies in Boston, enhancing 9-1-1 staffing for ambulances and dispatch operations.

"Congratulations to the EMTs graduating today. You are joining a department that sets the standard for excellence in care and compassion," said Mayor Michelle Wu. "EMS is the critical link between our first responder agencies and our healthcare providers, answering the call all hours of the day and night in every neighborhood of our City. I am so grateful for your dedication and commitment to serving our communities."

"Becoming an EMT or paramedic is an honorable calling. It takes courage, passion and heart to do this job. On every shift, you will have the opportunity to make a difference in the life of someone who needs your help," said Boston EMS Chief James Hooley. "The call volume for medical emergencies in our city is at an all-time high with our members responding to more than 400 calls every day. Your work is

vital. After completing this Academy, you are now equipped with the skills and knowledge to handle whatever comes your way."

The Boston EMS Recruit Academy is a full-time paid training program and includes classroom and field training for a variety of life-threatening emergency situations, including active shooter incidents, hazardous materials exposure, transportation accidents, recovery services, human trafficking, and mass casualty incidents. During training, these graduates responded to more than 3,700 9-1-1 incidents caring for patients suffering from a range of emergencies including cardiac arrest, behavioral health, illnesses and injuries, and serious trauma including shootings and stabbings.

"Congratulations to the EMTs and the newly promoted members of EMS," said Dr. Bisola Ojikutu, Commissioner of Public Health for the City of Boston and Executive Director of the Boston Public Health Commission. "This is not an easy career. Thank you for your commitment to providing compassionate, high-quality care to people in some of the toughest situations imaginable. We are proud to have you join this department, and we thank you for your service."

This class includes eight members who are the first Cadet cohort to complete the EMT Recruit Academy in two decades. This graduating class is also the first to complete the academy at the department's new state-of-the-art training and education facility in West Roxbury. The new 20,000 square foot space includes simulation rooms for training, a gym,

multiple large classrooms, as well as two new ambulance bays. Four of the new graduates also participated in the most recent City Academy training program, managed by the Office of Workforce Development, that prepares Boston residents for various jobs including as Emergency Medical Technicians (EMTs) with Boston EMS.

During today's ceremony, Boston EMS also recognized the promotion of Paramedic Jaclyn Greenwood to Deputy Superintendent and the promotions of EMT Cliff Biggins and EMT Lindsay Robinson to Lieutenants. Deputy Greenwood, Lieutenant Biggins, and Lieutenant Robinson have more than 58 years of combined experience at Boston EMS that will strengthen the department's leadership ranks.

"I am so proud of our newly promoted Lieutenants and Deputy Superintendent for everything they have already accomplished at Boston EMS. And I am grateful their expertise and knowledge will now provide continued leadership to members across our department," said Chief Hooley.

Boston EMS is one of the busiest municipal EMS providers in New England, responding to more than 138,000 emergency medical incidents per year. To meet the growing demand in Boston, Boston EMS is actively recruiting to expand the department, add front-line ambulances, and better meet the rising demand for service. As a bureau of BPHC, Boston EMS is committed to serving Boston's residents through clinical excellence, emergency planning and preparedness, and community outreach.

Healey-Driscoll Administration announces grant opportunities for fire safety education

The Healey-Driscoll Administration announced that applications are being accepted for \$2 million in grants to support fire and life safety education for children and older adults, the people most vulnerable in the event of a fire at home.

The Student Awareness of Fire Education (SAFE) and Senior SAFE grant programs are administered by the Executive Office of Public Safety & Security and the Department of Fire Services. They send local firefighters to schools, community groups, senior centers, councils on aging, and other venues to teach age-appropriate safety lessons to children under 18 and adults 65 and older.

"The SAFE and Senior SAFE grants are a smart investment in

fire protection, fire prevention, and fire safety for the most vulnerable members of our communities," said State Fire Marshal Jon M. Davine. "I want to thank Governor Healey, the Executive Office of Public Safety, and the Legislature for supporting these programs, and I encourage every fire department to apply."

The SAFE grant program has contributed to the steepest decline in child fire deaths in Massachusetts history. In 1994, there were more than two dozen child fire fatalities; the SAFE grants were launched the following year and child fire deaths never again reached even half that number. Massachusetts recently went more than two and a half years without losing a child to fire.

The Senior SAFE grants were

created in 2014 to provide education, smoke and carbon monoxide alarm installation, and other services to reduce fire-related fatalities among older adults, who now represent the age group most likely to die in a fire.

Fire departments of every city, town, fire district, and eligible state authority can apply to share in funding for SAFE grants, Senior SAFE grants, or both. Departments must meet certain requirements, including mandatory fire data reporting, to be considered. The Notice of Funding Opportunity, grant application, and eligibility requirements are available on the Department of Fire Services' website. Applications must be submitted by 5:00 pm on December 10.

OBITUARIES

Donna M. Wyshak

Entrepreneur and trendsetting floral designer

Donna M. Wyshak of Chestnut Hill, formerly of Beacon Hill, passed away unexpectedly on Tuesday morning, October 22, 2024 in her home at the age of 79.

Born in Boston on August 31, 1945 in Boston, the daughter of the late Toffy Wyshak and Georgette (Marchi) Wyshak, she was a graduate of Watertown High School with the Class of 1964; Donna then attended the Rittner Floral School of Design in Boston.

With a passion for floral design and a love for creating beautiful things, Donna began an illustrious career in the floral industry. An entrepreneur and trendsetting designer, she opened the Florist Shop at the Meridian Hotel. With a reputation for being one of the best in the business, she then went on to open the Ritz-Carlton Floral Shop on Newbury Street. Throughout the years, Donna mentored so many in the present day business and free lanced for several local florists.

Donna was an example to us all as she dealt with health issues for many years. She inspired those around her with positivity. Donna will be remembered and missed by her family and friends for her kindness and compassion for others, often putting their concerns ahead of her own.

Donna is survived by her sisters; Joyce Cahaly (the late Richard) of Falmouth; and Georgette Wyshak of Belmont; her nieces and neph-



ews: Richard F. "Rick" Cahaly Jr. and his wife, Pamela of Belmont, Joy A. Cahaly of Boston and Scott M. Cahaly of Somerville; Andrea Saber of Medfield and Christopher Hadge of Woburn; and her great nieces and nephews: Christina Cahaly, Madison Saber, Savannah Saber, James Cahaly and Sloane Saber. In addition, she is survived by many close dear friends and colleagues. She was predeceased by her beloved sister, Valarie Hadge and her former husband, Joseph Bevilacqua.

In lieu of flowers, those wishing to may make contributions in Donna's memory to the Church of St. John of Damascus, 300 West St., Dedham MA 02026 Web: <http://www.stjohnd.org> or Dana-Farber Cancer Institute, at dana-farber.org.

OBITUARIES

All obituaries and death notices will be at a cost of \$150.00 per paper.

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Charles St. Supply	54 Charles St.
Cobblestones	30 Charles St.
DeLuca's	11 Charles St.
Cheers	84 Beacon St.
Beacon Hill Market	61 Anderson [corner of Myrtle St.]
Beacon Capitol Market	30 Myrtle St.
City Convenience	23 Beacon St.
Capital Coffee House	122 Bowdoin St.

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1 Longfellow	10 Bowdoin St.
4 Longfellow	144 Bowdoin St.
5 Longfellow	130 Bowdoin St.
2 Hawthorne Place	45 Myrtle St.
9 Hawthorne Place	19 Myrtle St.
4 Emerson Place	65 Martha Rd.

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please call 781-485-0588

MassDOT announces third annual "Name A Snowplow" contest for Massachusetts' elementary schools

The Massachusetts Department of Transportation (MassDOT) is announcing the third annual "Name A Snowplow" contest for statewide elementary school students in Massachusetts. The contest seeks to solicit names for 12 MassDOT snowplows that will be in service for the upcoming 2024/2025 winter season. The purpose of the contest is to celebrate the snow and ice season and to help recognize the hard work and dedication shown by public works employees and contractors during the winter season. Winning selections will be announced by Monday, December 23.

"With the winter soon approaching, we are excited to announce that the third annual 'Name a Snowplow Contest' is now accepting submissions from elementary school students statewide," said Transportation Secretary and CEO Monica Tibbits-Nutt. "Each year, this is a fun opportunity for students to show off their creativity, and we look

forward to seeing which names will end up on our snowplows this winter season."

"The Name a Snowplow contest has been a major success the last two years, with great submissions from schools across the Commonwealth" said Highway Administrator Jonathan Gulliver. "This contest is a fun way for kids to learn about public works and for our snow and ice crews to connect with their communities. We are excited to receive creative names for our plows this year."

Applications for the Snowplow Naming Contest are due by 5:00 p.m. on Friday, December 6, and can be submitted by using an online portal:

<https://www.mass.gov/forms/name-a-snowplow-contest-submission>.

There is no limit to the number of applications that can be submitted per school. The contest winners will be invited to participate in a scheduled snowplow unveiling event.

A selection panel composed of MassDOT employees will choose two elementary school classroom winners that are located within each of the six Highway Division districts. The winning submissions will be evaluated based on two grade-level categories: 1) kindergarten through fourth grade; and 2) fifth grade through eighth grade.

During the second annual snowplow naming contest last winter, the winning names were: Flower Plower, Edward Blizzardhands, Glacier Gobbler, Polar Pathmaker, Snow B Wan Kenobi, The Snolar Express, Sleetwood Mac, Snow Place Like Home, Snow-hemian Rhapsody, The Mayplower, Snow Monstah, Fast and Flurryous. These names, which were placed on the sides of plow trucks a year ago, remain on those vehicles.

For more information on the contest, please visit <https://www.mass.gov/name-a-snowplow-contest-2024-25>

BHCA (from pg. 1)

bag for his patients.

Speaking of giving thanks, we are once again organizing a clothing drive to benefit the Old West Church and the unsheltered people they serve (85% men and 15% women). With the weather turning cold, they are most in need of:

Men's winter coats (parkas) - with hoods if possible.

Pants, all sizes.

Belts.

Seasonally appropriate shoes.

They are also in constant need of emergency toiletries.

Please bring CLEAN items and new toiletries to the BHCA any weekday between 9am and 5pm. The clothing drive will run from November 8 through December 6.

Upcoming Meetings

Board of Directors - Tuesday, November 12th, 7pm via Zoom

Architecture Committee - Monday, November 18th, 5:30pm via Zoom

Upcoming Events

Garlands & Greens - November

13th, Hampshire House

Holiday Decorating - December 4th (Charles Street) and December 7th & 8th (rest of the hill)

BHBA Holiday Stroll - Thursday, December 5th

Holiday Concert - Wednesday, December 11th, Harvard Musical Association

For further information on any of these meetings or events, please contact the BHCA office at 617-227-1922.

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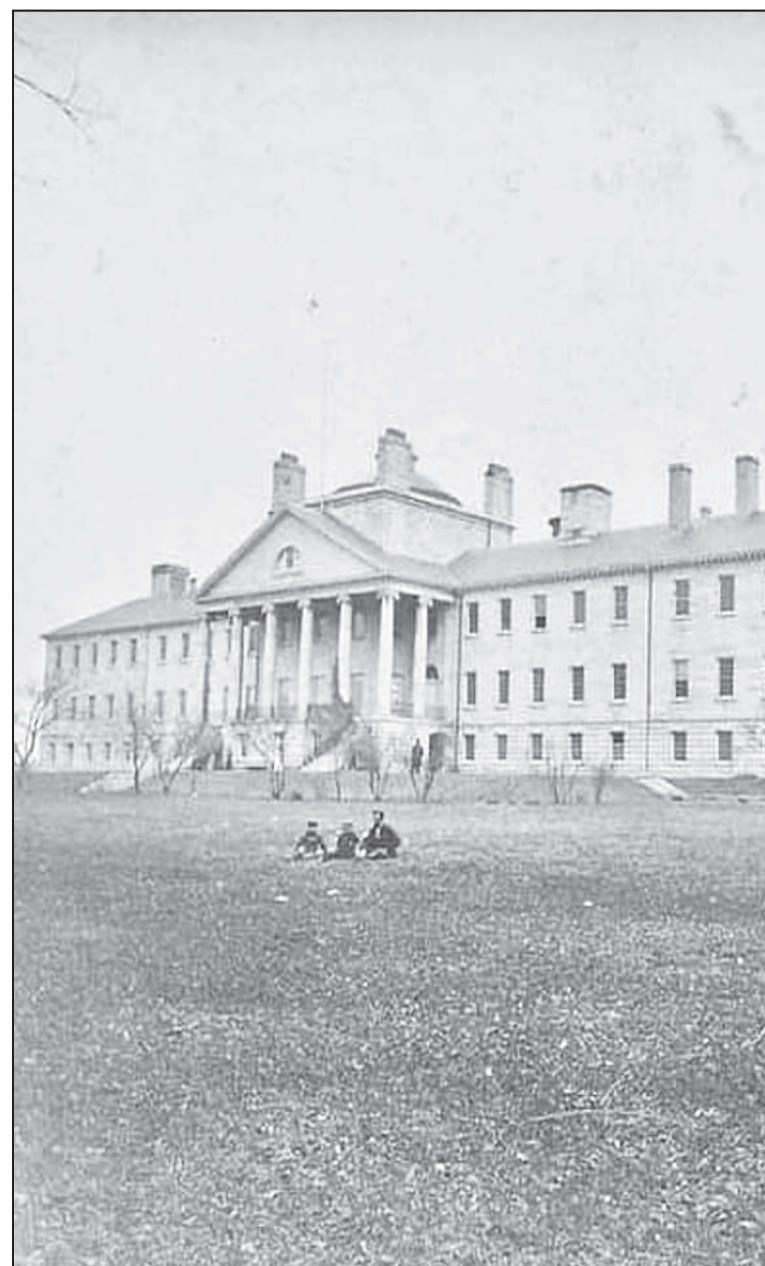
Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Robinette, Curran D	Oconnor, John	130 Appleton St #4D	\$1,575,000
Mcdermott, William	Kraus, Sandra T	34 Appleton St #3	\$730,000
Higgins, James	Diehl, Alan M	9 Appleton St #M1	\$830,000
Ganglani, Zoe T	Richardson, Gina P	127 Beacon St #52	\$719,000
Syron, Richard F	Carol Casey Caniff RET	180 Beacon St #16G	\$3,050,000
Conti, Chris	Stephen J Rice 2000 RET	324-332 Beacon St #34	\$1,500,000
Powers, Robert	Common Realty Tli	200 Boylston St #1115	\$4,800,000
776 Boylston Ph2e Nt	776 Boylston Ph2e Nt	776 Boylston St #PH2E	\$25,000,000
Krishnamurti, Manioucha	Altinoglu, Sarah	90 Broadway #5D	\$1,325,000
Lagace, Francis R	Johnson, Alphonso S	75 Clarendon St #36	\$10,733
Loughlin, Robert J	Fein Ruth Est	205 Commonwealth Ave #9	\$2,152,500
Ferrado Offices LLC	L3 149 Newbury Street LL	278-284 Dartmouth St	\$101,000,000
Ferrado Offices LLC	L3 149 Newbury Street LL	149 Newbury St	\$101,000,000
Wmt Raffles 1606 LLC	Ts Pied-A-Terre Hldg LLC	430 Stuart St #1606	\$1,199,000
Steven M Bauer RET	Spyrka, Paul T	7 Warren Ave #24	\$1,020,000
Robinette, Curran D	Oconnor, John	130 Appleton St #4D	\$1,575,000
Koester, Melissa	Knilians, Renee C	35 Beacon St #2	\$2,200,000
Feng, Brandon Y	Hampton Realty LLC	4 Charlesgate E #303	\$860,000
Hrh Archie LLC	Haber, Stuart S	32 Derne St #2B	\$3,379,840
Ouyang, Xuanjie	Quinn South End LLC	370 Harrison Ave #1015	\$1,199,000
Winfen-50 LLC	Bobson Residential LLC	104 Hemenway St	\$36,000,000
Winfen-50 LLC	Bobson Residential LLC	108 Hemenway St	\$36,000,000
Baloglu, Beliz	Whittaker Rt	107 Jersey St #7-9	\$470,000
Polad, Mary A	Bissey, Jessica	604 Massachusetts Ave #1	\$950,000
Ferrado Offices LLC	L3 149 Newbury Street LL	149 Newbury St	\$101,000,000
Urban Swift LLC	Cheng, Alice J	135 Pembroke St #1	\$935,000
30 Pinckney 2 LLC	Suh, Joome	30 Pinckney St #2	\$589,500
Zimmerman, Elise	Zimmerman, Elise	47-49 Saint Joseph St #2	\$98,000
Leocorno LLC	Div Shawmut LLC	100 Shawmut Ave #1202	\$2,100,000
Frederick, Sean	Jessica Mcconnell T	43 Upton St #2	\$860,000
Bender, Jean	Kahn, Zachary	145 Worcester St #2	\$1,175,000
Osullivan, Sheila	Battery 50 T	50 Battery St #303	\$1,000,000
343 Com St Unit 602 Nt	Michael R Dornbrook T	343 Commercial St #602	\$3,250,000
Holway, Bruce	Linda G Johannson RET	357 Commercial St #121	\$680,000
Nace, Jeffrey L	Hoodie LLC	402 Commercial St #3	\$1,025,000
Nace, Jeffrey L	Thomas D Sullivan RET	402 Commercial St #4	\$1,000,000
Palomba RET	Ridlen, Karen	85 E India Row #27D	\$675,000
107 South Street Rt	Kim Halliday RET	103-109 South St #5D	\$785,000

Attention to Detail

PHOTOS AND TEXT BY PENNY CHERUBINO

THIS WEEK'S ANSWER



The dome in the last clue is the famous Ether Dome atop Massachusetts General Hospital. Today's answer, from an 1860 photograph, shows what the property looked like when the hospital was one building standing alone in a field.

Do you have a favorite building or detail you would like featured? Email Penny@BostonZest.com with your suggestion.

THIS WEEK'S CLUE



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FRESH AND LOCAL

Hold the Mayo

By Penny & Ed Cherubino

Mayonnaise is a food, like cilantro, anchovies, blue cheese, and liver, that some people avoid or outright hate. Those who have investigated mayo aversion have proposed estimates that this group comprises 20% to 25% of people. However, scientific research has yet to be conducted on that number.

Perhaps the “Hold the Mayo” movement protests the food industry’s ubiquitous use of this condiment. It’s slathered on sandwiches, drizzled on entrées, and mixed into salads. In some cases, it is not even mentioned on the menu. You have to ask, “Does this dish contain mayo.” For most, it’s an aversion; for some, it’s an allergy.

Our Experience

For Penny, an emergency room visit for a severe reaction to egg-nog resulted in a lifetime of avoiding mayonnaise and any other condiment or salad dressing with raw egg as their base.

“Hold the mayo” and allergy-related questions were part of our lives until a few years ago. She was tested for allergies at MGH, and the result was that she was no longer allergic.

Nonetheless, Penny decided that she had lived all these years without mayo and was much happier using the many substitutes she had discovered. They all provided more nutrition and were better for our health.

Pull up a nutrition chart for mayonnaise, and you’ll find that one tablespoon contains 94 calories. The only four numbers listed for our daily % requirements are total fat 15%, saturated fat 8%, cholesterol 2%, and sodium 3%. The other 12 nutrition measurements are listed as 0%.

Mayo Replacements

As our love for international cuisine grows, we find excellent leadership from chefs who use their native condiments to add moisture and flavor to their dishes. Yotam Ottolenghi, the Israeli-British chef and restaurateur, has



This beet, arugula, and goat cheese sandwich is perfect for a “Hold the Mayo” lunch.

taught us to use hummus, tahini, and yogurt as spreads or drizzles for his recipes.

Jamie Oliver educates home cooks on how to prepare simple, nutritious, and inexpensive meals. He uses yogurt, sour cream, oil and vinegar, chili sauces, and prepared condiments like tapenade or mango chutney as flavor bombs to finish a dish.

We’ve been inspired by local restaurateurs like Michael Serpa and Marc Orfaly, who offer alternatives on and off the menu. At

Marc’s former restaurant, Pigalle, the special one night was lobster rolls. When Penny declined one because of mayo, she was offered the dish made with crème fraîche and chives. She still declares it the best lobster roll she’s ever had. She also began using crème fraîche as a mayo substitute.

Vinaigrettes (without eggs) are the dressing for our cole slaw, potato salad, and tuna salads. We make egg salad with yogurt or sour cream, and mashed avocado rounds out many sandwiches.

Substitute Resources

Our copy of “The Food Substitutions Bible” supplies a list of substitutes for any ingredient, including mayo. You can also search online for “mayonnaise substitutes.” We like www.allrecipes.com and www.foodsubs.com for their searchable databases.

If you are a “Hold the Mayo” community member, remember you can’t trust that a menu will mention that the dish includes mayo. You have to ask. We recently had lunch at a restaurant with a menu inspired by Southern USA foodways. Nearly every dish included mayo, which was often integral to the dish. After checking one entree after another, Penny made a meal of appetizers and sides.

Mayonnaise is a primary ingredient in many dishes in the American South. If you travel to that area, remember this and be ready to be told, “Sorry, we can’t hold the mayo.”

Do you have a question or topic for Fresh & Local? Email Penny@BostonZest.com with your suggestion.

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