

JANUARY 16, 2025

# THE BEACON HILL TIMES

T H E R E A R E N O T I M E S L I K E T H E S E T I M E S

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## Friends of the Public Garden celebrate Henry Lee's 100th birthday and enduring impact of The Henry Lee Fund for Boston Parks

By Dan Murphy

The Friends of the Public Garden lit 100 candles at the Parkman Bandstand on Boston Common on the evening of Monday, Jan. 13, at a small gathering to commemorate what would've been Henry Lee's 100th birthday, and to celebrate The Henry Lee Fund for Boston Parks.

Lee played a key role in establishing the Friends of the Public Garden – the nonprofit which in partnership with the Boston Parks Department cares for and maintains the Boston Common, the Public Garden, and the Commonwealth Avenue Mall, in 1970. He would go on to lead the Friends group for 41 years and was named the organization's president emeritus upon his retirement.

At Lee's birthday celebration, Leslie Singleton Adam, chair of the Friends' board of directors, recalled how he was on hand at the Parkman Bandstand on June 11 for the public launch of The Henry Lee Fund for Boston Parks.

"Parks belong to everyone," Lee said at that time. "They are the property of everybody in Boston and that is not a statement; that is the law. But no park can

survive unless people care about it. From their very beginnings, it has been public participation that has saved these parks, and it is public concern alone that assures their care and keeping. It is so important that the people who know these parks best have a voice in their care and I am humbled that grants will be made in my name to support people and their parks across the city."

The fund, launched with the goal of raising a \$2 million endowment, aims to "provide small grants for tree and sculpture care and support special projects in public greenspaces in neighborhoods throughout Boston," on an annual basis, with a designated committee reviewing all applications, according to the Friends.

Community groups, civic leaders, park advocates, and other nonprofit organizations are invited to submit funding proposals through an RFP (Request for Proposals) process, which is now open and accepting applications until Friday, Feb. 28. Grantee awards are expected to be announced in early April.

Visit <https://friendsofthepublicgarden.org/leefund-application/> for more information.



*The Friends of the Public Garden honored Henry Lee on Jan. 13, which would've been his 100th birthday, at the Parkman Bandstand on the Boston Common.*



### BEACON HILL CIVIC ASSOCIATION COMMUNITY CORNER

27-29 Hancock Street

The Beacon Hill Civic Association is delighted to share that after years of BHCA advocacy, JDMD, the owner of the Archer Residences and 27-29 Hancock Street, finalized an agreement to donate 27-29 Hancock Street to Fenway Community Development Corporation. This donation will enable the creation of 15 affordable homeownership units, consisting of studios, one and two-bedroom units for house-

holds earning 80% to 100% of the Area Median Income (AMI). This marks a significant milestone in the BHCA's efforts to ensure additional family-oriented affordable housing on Beacon Hill.

This achievement reflects BHCA collaboration with key stakeholders, including Representative Livingstone, the Mayor's Office of Housing, Councilor Durkan, JDMD, Nixon Peabody, the BHCA, and Homes on Han-

cock. We extend our heartfelt thanks to all who participated the robust and authentic public process that helped shape this extraordinary outcome.

**Make a resolution to get more involved in your neighborhood in 2025!**

As we welcome the New Year, the Beacon Hill Civic Association is looking for neighbors who would like to get involved

(BHCA Pg. 7)

### MassDOT alerts customers of EZDriveMA scam

Special to Times

The Massachusetts Department of Transportation (MassDOT) is once again reminding customers to be mindful of text message-based scams, also known as smishing. The scammers are claiming to represent the tolling agency and requesting payment for unpaid tolls.

MassDOT urges customers to be cautious about email, text, and phone scams demanding payment of outstanding toll balances. Some attempts have been made to trick customers into sharing credit card numbers and other sensitive information by directing them to a website to pay their outstanding bal-

(SCAM Pg. 2)

## NEIGHBORHOOD ROUNDUP

### UPCOMING WEST END MUSEUM EVENTS

The West End Museum, located at 150 Staniford St., Suite 7 (on Lomasney Way), presents 'Jimbo: Exhibit Talk' on Thursday, Jan. 16, at 6 p.m.

This talk by WEM's Curator, Bob Potenza, will focus on 'Jim "Jimbo" Campano: Hero of the West End,' an exhibit running through February 2025. Through words, images, and artifacts taken from the museum's archives, visitors will experience Jim's development into a lifelong activist, dedicated to the preservation of the Old West End's memory and the dream of bringing his "neighborhood of the mind" back to the physical space where it belonged.

Visit <https://www.eventbrite.com/e/jimbo-exhibit-talk-tickets-1037094667067> for more information and tickets.

The museum will offer a screening of 'Taken Away,' with a special introduction and Q&A with the filmmaker, Christopher Brown, on Sunday, Jan. 19, at 4 p.m.

This film, Brown's debut, explores the demolition of Boston's historic and diverse West End neighborhood during 'urban renewal' of the 1950s. The film received the Best First Time Director award from the Berlin Indie Film Festival in 2024.

Visit <https://www.eventbrite.com/e/taken-away-film-screening-tickets-1112042311489> for more information and tickets.

The museum will also sponsor the West End Winter Social on Wednesday, Jan. 29, from 5 to 6:30 p.m.

For this event, the museum will open its doors exclusively for West End residents, past and present. There will be crafts, snacks, and refreshments. This is a wonderful opportunity to meet your neigh-

bors, explore the museum, and share in the vibrant spirit of our local community.

Visit <https://www.eventbrite.com/e/west-end-winter-social-tickets-1112059151859> to sign up and for more information.

### DISCOVER MGH'S BLUM CENTER ON TUESDAY, JAN. 28

Discover the Blum Center, in Partnership with the Slavin Academy, on Tuesday, Jan. 28, from 9 a.m. to 2 p.m. at the Blum Center, White 110, on the MGH main campus.

At this time, information on upcoming programs, a Q&A sessions to answer your questions, and insights into the educational resources will be available to patients, families, and the community. A clinicians will also be available to educate attendees on checking their blood pressure at home and understanding how it relates to their heart health, as well as on monitoring their health at home.

All are welcome at this event where light refreshments will be served.

For more information, contact the Blum Center at 617-724-7352 or via email at [PFLC@partners.org](mailto:PFLC@partners.org).

### UPCOMING KNITTING ACTIVITIES AT WEST END BRANCH LIBRARY

The West End Branch of the Boston Public Library will offer 'Learn to Knit with Knitly!' on Fridays, Jan. 10, 17, 24, and 31 from 10-11 a.m. (Registration is for one session.)

Have you been curious about learning how to knit? Join instructors from Knitly for a fun, social

experience, where you will learn how to knit a garter stitch cowl. Materials, including a yarn buffet, are available for participants. No prior experience is necessary.

Registration is required for this event as seats are limited; contact Wesley Fiorentino, generalist librarian, via email at [wfiorentino@bpl.org](mailto:wfiorentino@bpl.org) or by calling 617-523-3957.

The library will also offer 'Knitting and Fiber Crafts Clinic with Knitly' on Fridays from Jan. 10-31 from 11 a.m. to noon.

Did you know that knitting has been shown to lower stress levels and blood pressure as much as yoga and meditation? Drop in for knitting help, socializing, and a discussion on the fiber arts. Each session will feature a different knitting-focused discussion. Bring any project you're working on, or get inspired by the provided materials. No prior experience is necessary.

Registration is required for this event as seats are limited; contact Wesley Fiorentino, generalist librarian, via email at [wfiorentino@bpl.org](mailto:wfiorentino@bpl.org) or by calling 617-523-3957.

### FREE LESSONS IN AMERICAN MAHJONG OFFERED AT WEST END BRANCH LIBRARY

The Friends of the West End Library will be offering lessons in American Mahjong to new and experienced players at no cost.

The group meets on Wednesdays at 1:30 p.m., on the second and fourth Wednesdays of each month in the Community Room of the West End Branch Library, 151 Cambridge St.

To sign up or for more information, email Audrey Tedeman ([artedeman@gmail.com](mailto:artedeman@gmail.com)) or Julia Forbes ([jmaforbes@gmail.com](mailto:jmaforbes@gmail.com)).

## Congratulations, Mayor Wu and family

Mayor Michelle Wu and her husband, Conor Pewarski, welcomed their first daughter and third child, Mira Wu Pewarski, at 2 p.m. on Monday, January 13.

"Mayor Wu wishes to express her deepest gratitude to the nurses, doctors, and healthcare staff who made this possible for her family and who work every day to support so many families across the city," according to a city spokesperson.

The newborn, arriving at 8 pounds, 4 ounces and 20 inches, joins her two older brothers, Blaise and Cass.

Mayor Wu is the first Boston Mayor to give birth while in office.

## Episcopal Peace Fellowship to host 'Love Casts Out Fear: An Inauguration Eve Vigil' service

Special to the Times

The Episcopal Peace Fellowship (EPF) and the Diocese of Massachusetts invite all to attend a special service titled "Love Casts Out Fear: An Inauguration Eve Vigil" on the late afternoon of January 19. Held at the Cathedral Church of St. Paul in Boston, this service is a sacred opportunity for reflection, prayer, and solidarity as the nation prepares for a presidential inauguration. The vigil will begin at 5:00 PM and will also be livestreamed for those unable to attend in person.

This ecumenical service will lean deeply into the Christian faith, affirming that love casts out fear (1 John 4:18) and calling participants to stand with marginalized communities. It will focus on themes of justice, peace, and the transformative power of love in action.

"We believe that love in practice looks like justice, reconciliation, and peace. This vigil will create space for the faithful to pray, lament, and commit to working for a world where these values prevail, said Martha Gardner, member of EPF's National Executive Council.

The vigil is being hosted by the Cathedral Church of St. Paul, an inclusive and historic space in the heart of Boston."Our cathedral exists to serve as a house of prayer for all people, particularly in times of uncertainty and change," said the Very Rev. Amy McCreath, Dean of the Cathedral. "In the 1910's, Bishop William Lawrence chose St. Paul's as the Cathedral

for the Diocese because it faces the Massachusetts State House, and he saw as core to the church's mission the work of praying for and speaking for those elected to public office. This mission is more important now than ever."

The Rt. Rev. Julia E. Whitworth, Bishop of Massachusetts, emphasized the importance of standing in solidarity with those experiencing fear and marginalization. "As we face the unknown in the years ahead, our faith compels us to stand together with courage and compassion, especially for those most vulnerable to oppression. This vigil will provide a time of prayer and renewal, so we may be strengthened in our solidarity and our commitment to love and justice."

The service will center a focus on peace and justice building, and the program will include reflections and prayers from a variety of faith leaders and a broad range of music. Attendees will also have the opportunity to engage in a time of personal reflection and communal commitment to justice and peace.

"In times of uncertainty and fear, it is essential to reaffirm the hope and strength we find in God's love," added the Rev. Kerith Harding, executive director of EPF. "We welcome all who wish to participate, whether in person or virtually, to join us in this holy and hope-filled gathering."

Livestream: Join virtually through the Cathedral's YouTube Channel (<https://www.youtube.com/@stpaulboston>)

### SCAM (from pg. 1)

ances. MassDOT strongly encourages customers not to click the link contained in those messages.

MassDOT is underscoring that: EZDriveMA will never request payment by text.; and all links associated with EZDriveMA will include [www.EZDriveMA.com](http://www.EZDriveMA.com).

The EZDrive "smishing" scam is part of a series of smishing scams which the FBI is aware of. Smishing is when unscrupulous actors send deceptive text messages to get someone to reveal confi-

dential or financial information.

The FBI recommends individuals that receive the fraudulent messages do the following:

File a complaint with the IC3, [www.ic3.gov](http://www.ic3.gov) and be sure to include:

the phone number from where the text originated; and the website listed within the text.

Check your account using the toll service's legitimate website.

Contact the toll service's customer service phone number at

(877) 627-7745.

Delete any smishing texts received.

If you clicked any link or provided your information, take efforts to secure your personal information and financial accounts. Dispute any unfamiliar charges.

MassDOT encourages all customers to stay alert to these types of scams and to contact EZDriveMA at [www.EZDriveMA.com](http://www.EZDriveMA.com) with any questions about notifications.

PLEASE VISIT [WWW.BEACONHILLTIMES.COM](http://WWW.BEACONHILLTIMES.COM)

# Tickets now available for 2025 Mayor's Youth Summit

Special to the Times

Mayor Michelle Wu and the City of Boston's Office of Youth Engagement (OYEA) announced free tickets are now available for the 2025 Mayor's Youth Summit (MYS), an annual, citywide celebration of the contributions of young people to Boston's culture. With support from many local, youth-serving partner organizations and City departments, the 2025 Summit will be held 5:00 - 8:00 p.m. on Saturday, February 22 at the Artists For Humanity EpiCenter, a vibrant arts center for youth, located in South Boston. The Mayor's Youth Summit, which resumed last year under Mayor Wu's leadership, builds on her commitment to making Boston a home for everyone and ensuring our city's youth have the tools to reach their fullest potential.

"Boston's future is in our young people, and we're lucky to have their leadership and energy to build a city for everyone. We were so excited to bring back the Mayor's Youth Summit last year for the first time in decades, and this year we will be expanding it based on high demand," said Mayor Michelle Wu. "I look forward to another exciting summit held in partnership with local organizations doing great work with our

youth."

The 2024 Summit, which was held by the City for the first time in 20 years and marked 30 years since its inception, brought over 200 youth attendees from around the city. This year, the Summit is expanding to 500 free tickets available for teens ages 14-19 and 100 tickets for adult providers in the youth work space. It will feature free food, speakers, giveaways, and live performances from local youth of Beat the Odds and 617Speaks, among others.

"The Mayor's Youth Summit is more than just a gathering—it's a platform to celebrate young people, showcase their talents, and build connections," said Pedro Cruz, Executive Director of the Office of Youth Engagement and Advancement. "Together, we are shaping a city that reflects the dreams and ambitions of our future leaders."

"This annual event is a testament to the power and potential of Boston's young people and I'm thrilled that we are able to expand our capacity this year," said José F. Massó, Chief of Human Services. "We invite every young person to join us and enjoy the space, while helping drive the change they want to see in Boston."

Two awards will be given at the 2025 Summit. The Youth Lead-



er Award will honor two Boston residents between the ages of 14 and 19 years old who demonstrate high levels of leadership among their peers and/or a commitment to civic engagement. The Youth Organization Award will be given to two organizations who demonstrate exceptional dedication to

empowering and supporting Boston's youth.

"We are honored to offer Artists for Humanity as the venue for this important annual event, which celebrates and brings together youth voices and leadership. We hope the space inspires creative collaborations," said Anna Yu, Artists

for Humanity Executive Director. "We are so grateful that the City of Boston continues to invest deeply in youth engagement and youth employment."

To learn more about and reserve free tickets for the 2025 Mayor's Youth Summit, please visit [boston.gov/youth-summit](http://boston.gov/youth-summit).

## Old North Church & Historic Site presents 'American Nations' with award-winning journalist and historian Colin Woodard

Join New England-raised award-winning journalist and historian Colin Woodard for a special discussion of his book, *American Nations: A History of the Eleven Rival Regional Cultures of North America*, on Wednesday, Feb. 12, from 7 to 8 p.m. In *American Nations*, Woodard contends that North America is made up

of eleven distinct nations, each with its own unique history and ideals. In this engaging book chat, he will explore how these regions, from the Deep South to Yankeeedom, continue to shape America's identity and political landscape today. Attendees are encouraged to read the book and share their own thoughts and experiences

during this lively discussion. This virtual event is accessible with a donation of any amount to support Old North Illuminated, the nonprofit that stewards Old North Church. The 2024 Speaker Series is brought to you in part by HUB Town Tours. To register, please visit: <https://www.oldnorth.com/events/>.

### HARRY, I FOUND MY GLOVES *wendy franco almquist*

Harry I found my gloves  
Thought you'd like to know  
Remember when I lost them?

Brrrr my hands were cold  
That blustery January  
As we crossed the Common  
You like a knight proffered me yours  
Saying: *They may be too large  
But will warm you if you let them*

I wonder what happened  
To your rescuing gloves  
Perhaps they'll someday find me?

Until then  
When winter winds unbridled blow  
And hapless I forget my gloves  
I will tuck my hands in  
Flannel wool pockets of memory  
And recall your gentle kindness...

The warmth of your touch  
Will help me still  
To brave the chill

*Wendy Franco Almquist is a Beacon Hill resident*

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# EDITORIAL

## DR. MARTIN LUTHER KING JR. NEVER GAVE UP

For those of a certain age, it is hard to imagine that 2025 will mark 57 years since the assassination of Rev. Dr. Martin Luther King Jr. in Memphis while he was standing on the balcony of the Lorraine Motel on April 4, 1968. Recalling how we felt when he first heard the news of Dr. King's murder still brings chills and a deep sense of sadness that never has subsided.

For those who are too young to have been alive in that era of American history, there are a few things that everyone should know about Dr. King that should provide inspiration to all of us.

First, Dr. King was fearless. He knew from the inception of his rise to prominence of the Civil Rights movement that he would become a target for those who opposed change. Yet, even though he often told others that he believed his death would be imminent, he did not relent in his fight to continue his work in the civil rights movement.

Second, Dr. King stood for the rights of all Americans, not merely those of color. He was in Memphis working with striking sanitation workers, whose pay and working conditions he was seeking to help improve. He was an outspoken critic of the Vietnam War because he knew it to be an unjust war, not only for poor Americans who could not get a college deferment for the draft, but also for the people of Vietnam, whose homeland was being bombed into oblivion at great profit for the American military-industrial complex.

If Dr. King were alive in the present era, there is no doubt that he would have been in the forefront of the Black Lives Matter movement, as well as the effort to reduce the economic inequality that has made attainment of the American Dream possible for a select few.

Dr. King's words ring as true today as they did two generations ago; his "I Have A Dream" and "I've Been to the Mountaintop" speeches are among the most powerful not only in American history, but in all of Western civilization.

All of us should learn from the example set by Dr. King that in each of us is the power to change the world -- that each of us has the capacity to inspire others, whether through our words or deeds, whether on a small or large scale, to make the world a better place. Many of our fellow citizens have followed the path set by Dr. King and many more will do so in the years ahead.

Dr. King often would say that "the arc of the moral universe is long, but it bends toward justice." Admittedly, that "bend" often has taken a less-than-direct path in recent years. But as we celebrate Dr. Martin Luther King Jr. Day this Monday, let us recall not only his memory and the many things that he accomplished, but let us also resolve never to give in to the forces of intolerance, prejudice, and hate that continue to plague our country and the world today.

## LOS ANGELES WILDFIRES: A TRAGIC SIGN OF THE TIMES

The apocalyptic images from Los Angeles this past week of the destruction caused by the still-raging fires are unfathomable. They are mindful of the horrific black-and-photos of Hiroshima in the aftermath of the atomic bomb in WWII.

Entire communities have been burnt to the ground, with only the charred foundations and concrete slabs of homes, businesses, municipal buildings, and places of worship serving as a reminder that this was a place where tens of thousands of people once called home.

The Los Angeles fires will affect all of us. With losses estimated at a minimum of \$60 billion, insurance premiums nationwide for homes and automobiles are certain to increase for everybody, just as they have in the aftermath of the hurricanes in Florida in recent years.

In addition, with tens of thousands of families and businesses losing everything in a state that represents 1/7th of the U.S. economy -- and with no hope of being able to return and rebuild -- there will be ripple effects across the economic spectrum that will impact all of us.

In the aftermath of hurricanes Helene and Milton this fall, we noted that Florida is close to becoming uninhabitable. Insurance companies have pulled out of that state, which means that most folks are unable to buy -- or sell -- a home, except at great expense. Moreover, living in the path of ever more-destructive hurricanes is akin to playing Russian roulette -- it's only a matter of time before the chamber spins and you're out of luck.

The same now is true of California because of the threat of wildfires. But the reality of climate change is this: There is no place on earth where we are safe from the destruction of Mother Nature's climate-change-induced wrath -- and the situation is only going to get worse. Way worse.

## GUEST OP-ED

### Communication is key for Beacon Hill projects

By City Councilor Sharon Durkan

Dear Beacon Hill neighbors,

If you've walked through the Boston Common recently, you've likely noticed the temporary fencing along the Beacon Street Mall. Understandably, this change has caught many of us by surprise, and I want to shed light on the reasons behind this project and why it's important for us to stay informed.

The Boston Water and Sewer Commission (BWSC), a quasi-governmental agency, has installed this fencing as part of a water main rehabilitation project. The work requires a "permanent work zone" along the walking path, and due to the scale of equipment and materials involved, pedestrian access simply cannot be safely maintained in the area during construction. This project, governed by an agreement between BWSC

and the Boston Parks and Recreation Department, is scheduled to run through April 11th, with the goal of demobilizing completely by that date.

To minimize disruptions, BWSC has committed to installing pedestrian detour signage at Joy, Walnut, and Spruce Streets, directing traffic to entrances at Park and Charles Streets, which will remain open. These signs, requested by the Friends of the Public Garden, are expected to be posted within the next few days.

While we appreciate the necessity of this critical infrastructure work, the lack of communication with our neighborhood prior to the project's start has been a missed opportunity. Transparent and proactive updates are crucial when projects of this magnitude affect shared spaces like the Common.

As a community, we deserve to know about these disruptions in advance so we can better adapt and stay informed.

I hope to work closely with the Friends of the Public Garden and the Beacon Hill Civic Association to better understand how this project is impacting residents' lives and how we can jointly advocate for the needs of our neighborhood. Collaboration will be key to ensuring that both the progress of infrastructure work and the quality of life in Beacon Hill are upheld.

In the meantime, my office remains available to assist with any questions or issues as the project progresses. Together, let's advocate for clearer communication while continuing to support the improvements that benefit us all.

*Sharon Durkan is the Boston City Councilor for District 8.*

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# DR. FERNANDA SAKAMOTO GUEST SPEAKER AT BEACON HILL WOMEN'S FORUM MEETING

Photos & Story by Marianne Salza

Physician-scientist and board-certified dermatologist, Dr. Fernanda Sakamoto, MD, PhD, is passionate about helping people. She strives to build patients' confidence while improving and healing their skin. During Dr. Sakamoto's January 14 presentation at the Beacon Hill Women's Forum (BHWf) meeting at the Hampshire House, she described laser skincare treatments that reduce acne and scarring, and explained the scientific discoveries that she learned through extensive clinical studies.

"My end goal is to help patients," said Dr. Sakamoto, Assistant Professor in Dermatology at the Harvard Medical School, Wellman Center for Photomedicine, and Massachusetts General Hospital. "I love meeting and helping people."

Doctor Sakamoto believes in collaborating with intelligent individuals who she can exchange fresh ideas with and learn from. With the support of fellow dermatologists, engineers, and physicists, Dr. Sakamoto has developed high-end laser technology that uses near-infrared light and does not interact with melanin present in the skin.

"I believe in hard work. I'm super organized. I like to be practical," asserted Dr. Sakamoto, smirking towards her dermatologist husband, Rox, who she noted is lacking in organizational skills.

In 2022, Dr. Sakamoto launched a science-based, cruelty-free cosmetic line, LightWater



*Dr. Fernanda Sakamoto enjoying conversation with friends.*

Skin. Although the company is no longer in business, she is considering restarting and rebranding it.

"The idea of LightWater was to create the cleanest skincare product," explained Dr. Sakamoto. "Any skincare product will have some preservatives and shelf life. Once you open the jar, they start degrading. The idea was to make something in small, single packages with zero preservatives, and the right active ingredients to make something pure. We also wanted something that would not create reactions and was sustainable. Seventy-percent of the price of your skincare is the jar, not the product. That was upsetting to me."

Doctor Sakamoto was raised in Brazil, where she maintains a cosmetic laser clinic, and is a founding member of the Dream Beam Foundation, which is presently creating



*Amanda Currey, Suzanne Daley, and Dr. Fernanda Sakamoto. See Pages 6 and 7 for more photos.*

a free clinic and training center in São Paulo.

She has contributed to over 30 scientific and clinical publications in peer-reviewed journals, as well as over a dozen chapters in dermatology textbooks.

Doctor Sakamoto is the recipient of the American Society for Laser Medicine & Surgery's Best Overall Scientific Award, Best Clinical Science Award, Best Basic Science Award, the Horace Furimoto Award for Innovation, and the Ellet Drake Memorial Award for her innovative laser procedures.

"The most successful projects that we have worked on were

based on simple ideas that nobody thought about before," said Dr. Sakamoto. "I think the only way for us to succeed in life is to have a good village, and that includes our work colleagues, mentors, and collaborators."

Although dedicated to her work, Dr. Sakamoto values spending quality time with loved ones. She stresses that having that foundation – as well as a canine companion, and regular exercise – will help one live a longer and more fruitful life.

"Having a healthy life should always be number one," said Dr. Sakamoto, a mother to three

sons: William, 9, Charles, 8, and Andrew, 3. "Life is juggling balls: work, family, health, friends, and spirit. I learned over and over that work always bounces back."

Doctor Sakamoto's Beacon Hill neighbors have contributed to her life, as well. During the holiday season, she attended a Christmas party every other day and was excited to meet people of all ages.

"I love people. Having adult friends is hard, but you have to be open to that," said Dr. Sakamoto. "I think the beauty of humankind is finding something in common. I love that we can do that in Beacon Hill. It feels like a village."



*Kelly Wuinn and Cailey Sapienza.*



*Mary S., Casey Cokkinias, Richelle Gewertz, Emily Roessel, and Lisa.*

# DR. FERNANDA SAKAMOTO GUEST SPEAKER AT BEACON HILL WOMEN'S FORUM MEETING

PHOTOS BY MARIANNE SALZA



Marti Hopkins and Kim Freedman.



Perla Fernández Saint-Amanda, Vice President, Casey Cokkinias, new member, and Richelle Gewertz, Co-President, and Connections Co-Director.



Renata enjoying cocktail hour with friends.



Jean enjoying conversations with friends during cocktail hour.

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# DR. FERNANDA SAKAMOTO GUEST SPEAKER AT BEACON HILL WOMEN'S FORUM MEETING

PHOTOS BY MARIANNE SALZA



Renata, Rachel Von Nieda, Special Events Director, and Diane.



LeaAnne Dunton and Laurie LaConte.



Guest speaker, Dr. Fernanda Sakamoto with BHWF Co-Presidents Tricia Stone and Richelle Gewertz.

## BHCA (from pg. 1)

as committee members and volunteers. We have many committees including Traffic & Parking, Architecture, Trees, and Parks & Public Spaces that are always looking for new people to join. The only requirement is that you be a BHCA member. Contact Patricia Tully at patricia.tully@bhccivic.org if you'd like to learn more!

### Upcoming Meetings

Traffic & Parking - NEW DATE Thursday, January 23rd, 6pm, 74 Joy Street  
Events Committee - Tuesday, January 28, 6pm, 74 Joy Street

### Upcoming Events

Undecorating -Saturday and Sunday, January 25 & 26  
Decorating Volunteer Breakfast - Sunday, January 26, 10am-12pm, Hampshire House  
BHCA Coffee Hour - Friday, February 7, 8:30am, 74 Joy Street.  
February's guest will be At-Large Boston City Councilor Erin Murphy.  
For further information on these events and meetings, to volunteer, or to join a committee please contact the BHCA office at 617-227-1922.

## State officials urge fire safety during open burning season

Special to the Times

After an unprecedented fall fire season in Massachusetts and as wildfires rage in California, state officials are urging residents to protect themselves and their communities by following local and state restrictions on open burning. State Fire Marshal Jon M. Davine, Department of Environmental Protection Commissioner Bonnie Heple, and Chief Fire Warden David Celino of the Department of Conservation & Recreation said restrictions on

open burning are imposed at the state and local levels. "Open burning season begins January 15 in communities where it's allowed," said State Fire Marshal Davine. "Even where burning is authorized, a permit from your local fire department is always required in advance and it's your responsibility to be able to extinguish the fire on a moment's notice. For two years in a row, Massachusetts residents have lost their lives when they couldn't contain their fires - please make safety your priority when burning."

"Open burning is limited to protect public health and public safety," said MassDEP Commissioner Heple. "The governing laws and regulations are in place to reduce air pollution, property damage, and personal injury. If open burning is allowed in your community, please follow the local and state guidance to keep yourself, your neighbors, and our environment safe."

"This fall, residents across Massachusetts saw just how quickly outdoor fires can grow out of

(SAFETY Pg. 8)

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# ICA Watershed launches 2025 season with Chiharu Shiota's powerful installations

Special to the Times

This summer, the Institute of Contemporary Art/Boston (ICA) opens the 2025 Watershed season with Chiharu Shiota: Home Less Home, on view May 22 through Sept. 1, 2025. The exhibition features two large-scale installations by the Berlin-based, Japanese artist Chiharu Shiota (born 1972 in Osaka, Japan), including the debut of a new commission made for the ICA Watershed. Shiota foregrounds universal stories of migration, home, connection, memory, and survival. Her signature approach combines intricate, immense, and web-like installations built of thread and rope with quotidian objects—such as shoes, suitcases, beds, chairs, dresses, and keys—that serve as symbols for human presence and memory. Chiharu Shiota: Home Less Home amplifies the ICA Watershed as a unique space for public art in Boston and will be included as part of the inaugural Boston Public Art Triennial. The exhibition is the artist's first solo presentation in New England and is organized by Ruth Erickson, the ICA's Barbara Lee Chief Curator and Director of Curatorial Affairs, with Brianne Chapelle, Curatorial Department Coordinator.

"Shiota's awe-inspiring installations address themes of migration and home that resonate meaningfully with the Watershed's location in East Boston and beyond," said Erickson. "She uses common materials to imbue her work with profound and personal connections. We are honored to be able to invite Boston audiences to participate by sharing an image or story of their personal experiences of leaving one home and finding

another, adding another meaningful dimension to this important exhibition."

Visitors to the exhibition will first encounter the installation Accumulation – Searching for the Destination (2014/2025), which the artist has adapted to fill the monumental scale of the Watershed space. In this powerful work, dozens of vintage suitcases are suspended from red rope, some vibrating and shaking with the turbulence of anticipation. For Shiota, who brought only one suitcase when she moved from Japan to Berlin in 1996, the suitcase symbolizes the starting point of a new journey.

The exhibition then leads to the artist's newly commissioned work, Home Less Home. Within a field of red and black ropes forming the shape of a house in space, Shiota suspends thousands of documents, including those contributed by local Boston participants. These passports, letters, photographs, immigration papers, and messages hover above vignettes of domestic furniture selected and arranged by Shiota.

For her new work, Shiota invites individuals to share stories and images of what home means, what it feels like to leave home, and what it takes to rebuild it. The collection of personal images and stories will take place in the spring of 2025 through partnerships with local community organizations and an open call to East Boston residents from the artist and ICA. Together, these works consider the journey towards one home and away from another.

Chiharu Shiota: Home Less Home will be included as part of the inaugural Boston Public Art Triennial, the city's first and only



COURTESY PHOTO

Shown is one of the many pieces by Chiharu Shiota to be on display at the ICA Watershed starting May 22.

public art event set to run every three years from May to October.

Chiharu Shiota (born 1972, Osaka, Japan) is a Berlin-based Japanese artist who has been working at the intersection of performance, sculpture, and large-scale installation since the 1990s. Shiota is internationally renowned for her large-scale installations, which she has exhibited globally, with recent solo presentations at the Nakanoshima Museum of Art, Osaka, Japan (2024); Fundació Antoni Tàpies, Barcelona, Spain (2024); Hammer Museum, Los Angeles (2023); Queensland Art Gallery of Modern Art, Brisbane, Australia (2022); ZKM | Zentrum

für Kunst und Medien, Karlsruhe (2021); Museum of New Zealand Te Papa Tongarewa, Wellington (2020); Mori Art Museum, Tokyo (2019); and Gropius Bau, Berlin (2019). Her work has also been included in numerous group shows and international exhibitions, including the 56th International Art Exhibition at the Venice Biennale (2015) where Shiota represented Japan with her installation The Key in the Hand.

Since its founding in 1936, the ICA has shared the pleasures of reflection, inspiration, imagination, and provocation that contemporary art offers with its audiences. A museum at the intersection of contemporary art and

civic life, the ICA has advanced a bold vision for amplifying the artist's voice and expanding the museum's role as educator, incubator, and convener. Its exhibitions, performances, and educational programs provide access to the breadth and diversity of contemporary art, artists, and the creative process, inviting audiences of all ages and backgrounds to participate in the excitement of new art and ideas. The ICA is located at 25 Harbor Shore Drive, Boston, MA, 02210. For more information, call 617-478-3100 or visit our website at [icaboston.org](http://icaboston.org). Follow the ICA on Facebook, Instagram and TikTok.

## SAFETY (from pg. 7)

control," said Chief Fire Warden Celino. "Right now, California is facing an even worse crisis with devastating fires consuming entire neighborhoods. Please don't risk a fire that puts you, your home, or your community at risk. Burn only approved materials and always get a permit from your local fire department first."

These restrictions are authorized by 310 CMR 7.07, which sets baseline requirements based on air quality and allows for "no burn" days; MGL chapter 48, section 13, which prohibits any open air fire unless a permit is issued; and the Massachusetts Comprehensive Fire Safety Code, which gives local fire chiefs the authority to impose additional limits.

Open burning is prohibited year-round in the cities and

towns of Arlington, Belmont, Boston, Brookline, Cambridge, Chelsea, Chicopee, Everett, Fall River, Holyoke, Lawrence, Lowell, Malden, Medford, New Bedford, Newton, Somerville, Springfield, Waltham, Watertown, West Springfield, and Worcester.

In the remaining communities, open burning season runs from January 15 through May 1 with the following limitations. Local fire departments may deny a permit or set additional limitations if circumstances make open burning hazardous.

Only certain agricultural waste may be burned. This includes brush, cane, driftwood, residential forestry debris, fruit tree and bush prunings, raspberry stalks, infected bee hives, trees and brush from agricultural land clearing,

and fungus-infected elm wood if no other acceptable means of disposal is available. It is unlawful to burn leaves, grass, hay, stumps, tires, household trash, construction materials, demolition debris, or brush, trees, cane, or driftwood from commercial or industrial land clearing.

**Open burning may only be conducted:**

- With a permit issued in advance by the local fire department;
- Between 10:00 am and 4:00 pm;
- At least 75 feet from all dwellings and without causing a nuisance;
- As close as possible to the source of material being burned; and
- When it will not cause or con-

tribute to a condition of air pollution.

Persons who burn unlawfully or allow a fire to grow out of control could be held liable for firefighting costs or face fines or even jail time.

### Open Burning Safety

• An adult should tend to the fire at all times and keep tools to extinguish it close by.

• Burn small amounts at a time.

• Never use gasoline, kerosene, or other accelerants to start the fire.

• Don't wait for the fire department to tell you that it has become unsafe to burn: put the fire out if winds pick up or the weather changes. Most fires get out of control during sudden wind changes.

• If the fire gets out of control, call the local fire department right away.

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# New developer proposes changes to project approved for ‘West Site’ of 69-81 Kilmarnock Street

By Dan Murphy

A newcomer to the project, an affiliate of Samuels & Associates filed a Notice of Project Change on Jan. 8 to make changes to the ‘West Site’ of the previously approved 69-81 Kilmarnock St. project in the Fenway.

The project area comprises two separate sites – the West Site, which is bound by Kilmarnock Street to the east and Queensbury Street to the south and encompasses two parcels; and the East Site, which is home to Idyl, a new 365-unit residential building with 2,100 square feet of retail.

An approximately 86,000 square-foot, eight-story building, with around 77 residential units, was previously approved for the West Site; it was proposed by

the erstwhile developers, Cabot, Cabot and Forbes and CIM Group of Los Angeles.

The NPC project now proposes a building with the same square footage but with 89 units divided into two components.

‘Component 1’ proposes approximately 45 patient-family housing units while ‘Component 2’ would include approximately 44 residential units. (The two components could be constructed simultaneously, or at different times, depending on the market and other variables.)

The Boston Planning Department will hold a virtual public meeting on Jan. 23 at 6 p.m. while the public comment period closes on Feb. 7.

Visit <http://www.bostonplans.org/projects/development-proj->



COURTESY OF THE BOSTON PLANNING DEPARTMENT

A rendering of the 69-81 Kilmarnock St. project proposed for the Fenway.

ects/69-kilmarnock-street to register for the meeting, to submit a public comment, or to learn more about the project.

## Rockland Trust launches annual Scholarship Program

Special to the Times

Rockland Trust is pleased to announce the launch of its 21st Annual Scholarship Program. This program is open to students who are enrolling in part-time or full-time post-secondary studies for the first time at an accredited two—or four-year college, university, or vocational-technical school for the entire upcoming academic year (2025-2026). Rockland Trust will award up to sixteen \$3,000 renewable scholarships this year. Applications are available online at [RocklandTrust.com/Scholarship](http://RocklandTrust.com/Scholarship).

“It’s an honor that for 21 years Rockland Trust has been able to provide scholarships for students across our service area. It reaffirms our commitment to individuals through the power of education,” said Andrea Borowiecki, Vice President of Charitable Giving & Community Engagement. “By providing these opportunities to advance post-secondary learning, we continue to invest in the potential of our communities and the bright futures of those we serve.”

Applications will be considered based on financial need, academic performance, and unusual personal or family circumstances. Applicants must reside in a county Rockland Trust serves. To learn more about guidelines, and eligibility criteria, and access the application, please visit [RocklandTrust.com/Scholarship](http://RocklandTrust.com/Scholarship).

The Rockland Trust Charitable Foundation’s mission is to strengthen the communities served

by the Bank. We enable individuals and their families to access opportunity and improve the quality of their lives. To date, the Foundation has distributed more than \$30 million in grants to qualified non-profit organizations in the communities served by Rockland Trust. For information about the Rockland Trust Charitable Foundation, please visit [www.RocklandTrust.com/CharitableGiving](http://www.RocklandTrust.com/CharitableGiving).

Independent Bank Corp. (NASDAQ Global Select Market: INDB) is the holding company for Rockland Trust Company, a full-service commercial bank headquartered in Massachusetts. With retail branches in Eastern Massachusetts and Worcester County as well as commercial banking and investment management offices in Massachusetts and Rhode Island, Rockland Trust offers a wide range of banking, investment, and insurance services to individuals, families, and businesses. The Bank also offers a full suite of mobile, online, and telephone banking ser-

vices. Rockland Trust was named to The Boston Globe’s “Top Places to Work” 2024 list, an honor earned for the 16th consecutive year. Rockland Trust has a longstanding commitment to equity and inclusion. This commitment is underscored by initiatives such as Diversity and Inclusion leadership training, a colleague Allyship mentoring program, and numerous Employee Resource Groups focused on providing colleague support and education, reinforcing a culture of mutual respect and advancing professional development, and Rockland Trust’s sponsorship of diverse community organizations through charitable giving and employee-based volunteerism. In addition, Rockland Trust is deeply committed to the communities it serves, as reflected in the overall “Outstanding” rating in its most recent Community Reinvestment Act performance evaluation. Rockland Trust is an FDIC member and an Equal Housing Lender.

## Beacon Hill Times Drop-Off Locations

- Antonio’s ..... 288 Cambridge St.
- Simmon’s Liquors ..... 210 Cambridge St.
- Jobi Liquors..... 170 Cambridge St.
- 7-Eleven..... 122 Cambridge St.
- West End Library..... 151 Cambridge St.
- Charles St. Liquors ..... 143 Charles St.
- U.S. Post Office..... 136 Charles St.
- Gary Drug ..... 53 Charles St.
- Bank of America..... 39 Charles St.
- Charles St. Supply..... 54 Charles St.
- Cobblestones ..... 30 Charles St.
- DeLuca’s ..... 11 Charles St.
- Cheers..... 84 Beacon St.
- Beacon Hill Market ..... 61 Anderson [corner of Myrtle St.]
- Beacon Capitol Market ..... 30 Myrtle St.
- City Convenience..... 23 Beacon St.
- Capital Coffee House ..... 122 Bowdoin St.

### Apartment Building locations:

- 8 Whittier Place
- 6 Whittier Place
- 150 Stanford St.
- 1 Longfellow
- 4 Longfellow
- 5 Longfellow
- 2 Hawthorne Place
- 9 Hawthorne Place
- 4 Emerson Place
- 1 Emerson Place
- 5 Emerson Place
- 45 Temple St.
- 10 Bowdoin St.
- 144 Bowdoin St.
- 130 Bowdoin St.
- 45 Myrtle St.
- 19 Myrtle St.
- 65 Martha Rd.

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## CITY PAWS

## Quality of life

By Penny &amp; Ed Cherubino

Our furry family members need more from us than regular feeding, walking, and routine health care. They need us to be concerned about the quality of their lives.

If you have a dog or a cat, you want to do everything possible to keep your animal happy and healthy. However, finding time to do things that can improve their quality of life may be challenging. To overcome this, resolve to form new habits and set a few goals for the new year.

## Dedicated Time

You know the activities you love to do with your dog or cat. However, you should also think about the activities your little pal loves to do with you. It could be a play session when you toss a toy or wiggle an interactive cat teaser. Recognizing joyful moments can take careful observation. Plan to do more of it once you know what

fills your animal's life with bliss.

On the other hand, you also know what activities cause your pet stress and fear, diminishing their quality of life. You should take whatever steps are needed to support the animal through difficult situations and desensitize them as best you can. For example, you might visit the grooming parlor or veterinary office and have the staff give your pet a treat between scheduled visits.

## Learn To Do The Basics

You are the one most likely to spot something abnormal with your cat and the one who speaks for your dog when he needs medical care. A quick home check-up regularly might save the animal some pain and you some money.

Routine, at-home dental care is one of the most important (but often neglected) quality-of-life care a pet guardian can provide. If you can set a routine to brush your critter's teeth at least once or, at

best, twice a day, it can help prevent pain and a cascade of health issues from periodontal disease.

## Make Your Home Pet-Friendly

Does your cat have places to climb, not only because cats love to climb, but also to get away from dogs, children, (or even you) when she wants to be left alone?

We often notice cats and sometimes dogs perched in windows. Does your little friend love to watch the world go by or keep track of the birds in the trees? If you don't have wide window sills, do what you can to provide a comfortable and secure perch. And, be sure there is no possibility of a fall out of the window.

Safety is another issue. In our tech-filled world, we run wired chargers here, there, and everywhere. These can be tempting to little friends who spend far more time on the floor looking around than we do. Keep those devices unplugged or out of reach when



PHOTO BY PIOTR MUSIOL

Your cat's purr is an excellent sign that she is enjoying your moment together.

you aren't using them.

Finally, educate yourself about foods, plants, household products, and odd dangers from ribbons that cats might ingest to stray socks that a big dog might eat.

The saddest assessment of the quality of life required of any animal guardian is when their pet's health drastically reduces their enjoyment of life. With our pets,

we are allowed to end suffering. However, before you make that decision, check your options. It may be that more specialized veterinary care, a new medication, or a mobility aid could make a difference.

Do you have a question or topic for City Paws? Send an email to Penny@BostonZest.com with your request.

## TSA publishes final rule on REAL ID enforcement beginning May 7

Special to the Times

The Transportation Security Administration (TSA) published a final rule providing a framework for federal agency phased enforcement of REAL ID requirements. Federal agencies, including TSA, will begin REAL ID enforcement on the deadline—May 7, 2025. Starting on May 7, only state-issued driver's licenses and identification cards that meet the security requirements established by the

REAL ID Act will be allowed for official purposes, including boarding commercial aircraft. The final rule provides necessary flexibility for federal agencies to begin enforcement in a manner that takes into account security, operational risk and public impact.

Federal agencies that use a phased enforcement approach must also coordinate their enforcement plans with TSA and make them publicly available on agency

websites. TSA will provide additional information about its use of phased enforcement authority on TSA.gov.

"Congress passed the REAL ID Act in 2005 to enhance security standards for identification, directly in response to the security vulnerabilities highlighted by the 9/11 attacks," said TSA Administrator David Pekoske. "Identity verification is foundational to security. I urge those who use a driver's

license or state-issued identity card as their primary form of identification to access federal facilities or board commercial passenger aircraft, to ensure these credentials are REAL ID-compliant. We are committed to engaging with the public, licensing jurisdictions and states to facilitate a smooth transition to REAL ID enforcement beginning May 7, 2025, which this rule supports."

All states are issuing REAL ID-compliant driver's licenses and identification cards. TSA continues to urge travelers to obtain a REAL ID-compliant state-issued driver's license, state-issued identification card or another form of acceptable ID before May 7, 2025 to avoid

delays at airport security checkpoints.

The REAL ID Act, enacted pursuant to a 9/11 Commission recommendation, established minimum security standards for state-issued drivers' licenses and identification cards that federal agencies may accept for purposes of boarding federally regulated commercial aircraft, accessing certain federal facilities and entering nuclear power plants. Enforcement of the REAL ID Act and regulations enhances the security of these documents and the ability of federal agencies to accurately verify an individual's identity.

For more information on REAL ID, please visit TSA.gov/real-id.

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**LEGAL NOTICES**

**LEGAL NOTICE**

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT

Suffolk Probate And Family Court  
24 New Chardon St.  
Boston, MA 02114  
CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF CONSERVATOR OR OTHER PROTECTIVE ORDER PURSUANT TO G.L. c. 190B, § 5-304 & § 5-405  
Docket No. SU25P0048PM

In the matter of: Charlotte AKA Charlotte O'Brien Of: Boston, MA To the named Respondent and all other interested persons, a petition has been filed by Massachusetts General Hospital of Boston, MA in the above captioned matter alleging that Charlotte AKA Charlotte O'Brien is in need of a Conservator or other protective order and requesting that Matthew O'Brien of Medford, MA (or some other suitable person) be appointed as Conservator to serve With-

out Surety on the bond. The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Conservator is necessary, and that the proposed conservator is appropriate. The petition is on file with this court. You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 02/06/2025. This is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date. **IMPORTANT NOTICE** The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or

financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: January 09, 2025  
Stephanie Everett, Register of Probate  
01/16/25 BH

**LEGAL NOTICE**

Commonwealth of Massachusetts The Trial Court Probate and Family Court

CITATION GIVING NOTICE OF PETITION FOR APPOINTMENT OF GUARDIAN FOR INCAPACITATED PERSON PURSUANT TO G.L. C. 190B, ss5-304  
Docket No. SU24P0047GD  
Suffolk Probate and Family Court  
24 New Chardon Street

Boston, MA 02114 (617) 788-8300 In the matter of: Charlotte AKA Charlotte O'Brien Of: Boston, MA RESPONDENT Alleged Incapacitated Person To the named Respondent and all other interested persons, a petition has been filed by Massachusetts General Hospital of Boston, MA in the above captioned matter alleging that Charlotte AKA Charlotte O'Brien is in need of a Guardian and requesting that Matthew O'Brien of Medford, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond. The petition asks the court to determine that the Respondent is incapacitated, that the appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court and may contain a request for certain specific authority. You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of

02/06/2025. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date. **IMPORTANT NOTICE** The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: January 09, 2025  
Stephanie L. Everett Register of Probate  
01/16/25 BH

**Attention to Detail**

PHOTOS AND TEXT BY PENNY CHERUBINO

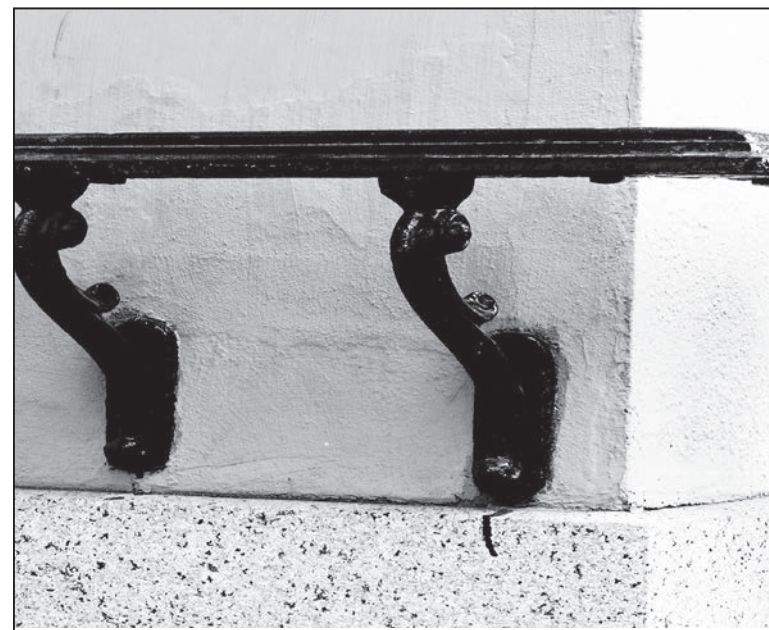
**THIS WEEK'S ANSWER**



The detail in the last clue is above the Corner Mall at Washington and Winter Streets. Today's answer is from a 1962 photo of the Gilchrist Flagship store in that location. Gilchrist opened in 1842 and closed due to bankruptcy in 1977.

Do you have a favorite building or detail you would like featured? Email Penny@BostonZest.com with your suggestion.

**THIS WEEK'S CLUE**



**Real Estate Transfers**

BUYER 1	SELLER 1	ADDRESS	PRICE
<b>BACK BAY</b>			
<b>BEACON HILL</b>			
Zebrowska, Krystyna	Dogberry T	2 Hawthorne Pl #2H	\$460,000
<b>BAY VILLAGE/SOUTH END/KENMORE</b>			
Arlington St Condo LLC	108-110 Arlington Ph LLC	108-110 Arlington St #PH	\$3,700,000
Botwinik, Dan	412 Beacon St Nt	412 Beacon St #3	\$2,770,000
Cucinatti, John	Larwoski, Nicholas B	234 Causeway St #1209	\$1,240,000
Darrow, Keith N	108 Gainsborough Rt	108 Gainsborough St #406W	\$685,000
31 Massachusetts Ave LLC	Mas T	31 Massachusetts Ave #1-4	\$930,000
Natsu LLC	Fang, Moly C	31 Massachusetts Ave #3-2	\$780,000
Choi, Yubg H	Schaefer, Elizabeth L	12 Stoneholm St #530	\$473,000
Garofalo, Lucas	Borgis G Garofalo RET	194 W Brookline St #3	\$500,000
Mck Rt	Kvazar Asset LLC	333 Washington St #638	\$305,000
<b>WATERFRONT/DOWNTOWN</b>			
Turkey Realty LLC	Sukhtian, Marlyne	717 Atlantic Ave #2A	\$864,000
229 Harrison LLC	Betty L Chin RET	229 Harrison Ave	\$1,988,000
Gjm 4 Liberty LLC	4 Liberty Ma LLC	4 Liberty Sq	\$4,500,000

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## FRESH AND LOCAL

# Controlling food waste

By Penny & Ed Cherubino

Food waste is a hot topic these days. More of us have taken our first steps on the pathway that will lead us to waste less food. We cannot afford to make this resolution in January and forget it by March. However, it is a lifestyle change you can decide to develop slowly over the next few years.

### What's Working for Us

As carfree city dwellers, we shop for food in the European style. We buy what we can carry or, at most, what will fit in our shopping cart. We think about one or two meals at a time rather than trying to purchase food for a week or two. We visit farmer's markets, bakeries, and specialty stores to support small food producers.

As food writers, we've learned how to select and care for the food we buy. We check the dates on packages and avoid prepacked produce when we can. At home, we transfer packaged produce, like berries, to a clean container and immediately use any damaged items.

When we dine out, we often share food rather than ordering more than we can finish. We also bring our trusty little bento box container with us in case we don't finish our food. We can also use this if we want something on the

menu to take home for another meal. Most restaurants will be reluctant to put take-out in your container. However, you can order that shepherd's pie or tiki masala with the rest of your meal and tuck it into your reusable container.

### Shop Your Pantry & Leftovers

Try playing the "Use these ingredients" game, which is popular in food competition shows. However, you get to choose the ingredients. There is a joke among food writers about how many times they've added chickpeas to their shopping cart because they couldn't remember if they had some.

That makes this a great ingredient to grab for your mystery supper. Now, pull out the produce, condiments, grains, and spices you love with chickpeas. Google "recipe generator," enter your ingredients, and you'll find some options for supper.

Sisters Irene and Margaret Li of Mei Mei Dumpling fame have a great book to keep in your kitchen, "Perfectly Good Food: A Totally Achievable Zero Waste Approach to Home Cooking."

The book came out of their equally helpful website, [www.foodwastefeast.com](http://www.foodwastefeast.com). As food truck pioneers and restaurateurs, they saw how food waste impacts the bottom line and found ways to

use the items you and I might have tossed to make delicious food.

"Perfectly Good Food" introduces readers to "hero recipes" like fried rice, soups, dumplings, pancakes, frittatas, and fruit crisps. Once you master the technique, you can switch up the ingredients.

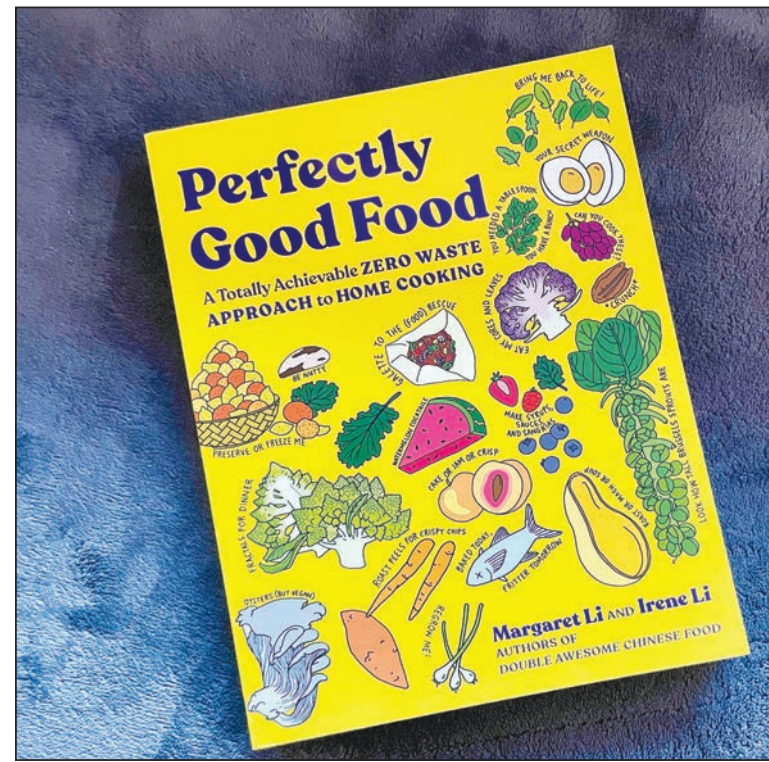
Another great resource is Tamar Adler's *The Everlasting Meal Cookbook: Leftovers A-Z*. This award-winning author lets you look up what you have, including items you might not have considered using, like banana peels and almost empty food jars. The book includes more than 1,500 recipes.

### Know Yourself

Will a big pot of your favorite soup keep you happy for a week, or will you grow tired after a few days and finally toss out what you haven't eaten? If so, make smaller batches or freeze some of what you make.

If you find yourself near the checkout counter with too many impulse buys too often, consider a final stroll through the store to put a few things that might become food waste back on the shelf. If you still want it next trip, you can buy it then.

*Do you have a question or topic for Fresh & Local? Email [Penny@BostonZest.com](mailto:Penny@BostonZest.com) with your suggestion.*



*"Perfectly Good Food: A Totally Achievable Zero Waste Approach to Home Cooking" can help when standing in the kitchen wondering what to make for supper.*



## Experience Matters, and So Do Results.



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## NICHOLS HOUSE MUSEUM CELEBRATES ROSE NICHOLS' BIRTHDAY

The Nichols House Museum celebrated Rose Standish Nichols' birthday a day early on Friday, Jan. 10, with cake and a free community open house.



COURTESY OF THE NICHOLS HOUSE MUSEUM

## SEND US YOUR NEWS

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