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THE BEACON HILL TIMES

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On Feb. 4, Scampo presented a \$3,000 check to Merwin Memorial Free Clinic for Animals. Scampo has donated a portion of their December dessert sales to this wonderful clinic. Pictured are (left to right) Lisa Roy Administrator, Carah McLaughlin Director of events, Jay Baker General Manager, Simon Restrepo Executive Chef, Betsy Gates Merwin Memorial Dog Clinic Treasurer, Lydia Shire Chef co-owner of Scampo Restaurant, Jane McLaughlin Clinic Volunteer.

Scampo donates Dec. dessert proceeds to Merwin Memorial Free Clinic for Animals

Scampo in Beacon Hill donated a portion of the proceeds from December desserts sales to the Merwin Memorial Free Clinic for Animals today. The Italian restaurant, located inside the Liberty Hotel, raised \$3,000 to go towards this wonderful organization.

Scampo Chef/Owner Lydia Shire and GM Jay Baker and the Scampo team were joined by Merwin Memorial Free Clinic

Owners Betsy Gates and Lisa Roy for the check presentation.

For more information on the Merwin Memorial Free Clinic for animals, please log onto: <https://merwinclinic.org/>

Located in Beacon Hill is Scampo, the stunning first floor restaurant in Boston's Liberty Hotel, a culinary destination created by legendary chef Lydia Shire and The Lyons Group. In Scampo,

Shire's reputation for defying tradition translates into Italian-inspired cuisine unrestrained by borders, drawing on flavors from the Mediterranean and Middle East. Designed in collaboration with renowned designers Rafael Alvarez and Brannen Brock, Scampo is a reflection of Chef Shire: bold, red and full of energy.

(SCAMPO Pg. 2)

Dressing up the Ducks

Intended photo book would look at iconic Public Garden sculpture in costume

By Dan Murphy

Mrs. Mallard and her kin always dress their best for a memorable occasion, whether it's a festive holiday or another championship celebration for a hometown team, and an intended photo book would look back at the Ducks donning some of their most memorable costumes in the Public Garden over the years.

"Every time the Ducks get dressed up, people send me an email or a photo," said Nancy Schön, the West Newton sculptor who created the iconic "Make Way for Ducklings" statue. "I can't image the amount of time and effort people take making these outfits."

The bronze sculpture occupies 35 feet of cobblestone along the Public Garden, and was installed on Oct. 4, 1987. It pays tribute to Robert McCloskey's 1941 classic children's book "Make Way For Ducklings," which tells the story of a pair of mallards who decide to raise their family in the Public

Garden's lagoon, and depicts Mrs. Mallard, who stands the tallest at 38 inches, leading her flock of eight ducklings - Jack, Kack, Lack, Mack, Nack, Ouack, Pack and Quack - through the park.

While Schön isn't sure when the tradition of decorating the Ducks began, she said it originally occurred only to mark major holidays. "Then it wasn't just for major holidays, and soon enough, it was for any reason people could think of to dress them up," she said.

The Ducks began paying tribute to Boston pro-sports in 2004 when they donned Red Sox uniforms for the team's World Series appearance, and they have subsequently gone on to show their support for other hometown heroes, including most recently, wearing Bruins gear when that team reached the Stanley Cup Finals last year.

In 2016, a special exhibit at the Museum of Fine Arts celebrated the 75th anniversary of

(Ducks Pg. 7)



Photo by Ben Vainer

West Newton artist Nancy Schön is seen with her "Make Way for Ducklings" sculpture in the Public Garden, showing support for the Red Sox during the 2014 World Series.

BEACON HILL CIVIC ASSOCIATION COMMUNITY CORNER

Collapsible Bin Pilot Program

The Collapsible Bin Pilot Program is still on. The BHCA Streets & Sidewalks Committee is working with the City to improve the quality of life on Beacon Hill. Over 20 bins have been delivered to neighbors on Hancock, Pinckney, and Grove Streets for this trial. Residents can put their trash in these collapsible bins

when they put out their trash (the bins are for trash only, not recycling). The hope is that there will be less trash strewn on the sidewalks and therefore less rodent activity. It is best if you can put your trash out in the early morning before 6 am properly bagged, but the bins should discourage rat activity at all times.

If you would like to find out

more about this program and know how your street can participate, please call the BHCA office at 617-227-1922 or write us at info@bhccivic.org. Your involvement will help!

Join us!

If you haven't yet become a member of the BHCA, we invite

(BHCA, Pg. 2)

Charles Street Meeting House completes six new office suites

The Charles Street Meeting House has announced the completion of six new luxury office suites located in the historic church on the corner of Mount Vernon and Charles streets.

The building owners recently converted the space, previously owned by architect John Sharratt, from residential to office use. The Meeting House began its existence in 1807 as a Baptist church, built on the shoreline of the old Shawmut Peninsula before the filling of Back Bay. It was designed by influential architect Asher Benjamin (1773-1845). Many other congregations occupied the building over the course of its long history—from Albanian Orthodox to Unitarian Universalist.

In 1979, Sharratt purchased the building from SPNEA (now Historic New England) and, while preserving the exterior intact, received approvals to renovate the

interior to create shops on the ground floor (now including Tatte Bakery and Café with its open-air patio), office spaces on floors two through four, and his own 4,000 square-foot residence at the southwest corner of the building, extending on eight levels from the basement to the top of the clock tower.

“The building received architectural awards for adaptive reuse at the time it was converted in 1979, and is considered to be a very successful model for historic preservation, generating income to support maintenance in perpetuity,” said Paul Elias, a trustee for the owners.

The just-completed conversion of the residence (Architect: Mills Whittaker, GC: Berkeley Building Company) offers six new office suites, each with distinct and original details including revealed building trusses, open beams,

vaulted ceilings and large original windows with views of Beacon Hill, Mount Vernon Street and the Charles River. The building offers a staffed central reception area suitable for welcoming visitors and accepting packages as well as several shared conference rooms.

The Meeting House is well known for its role in African American history. Throughout the first half of the 19th century, it was a center of abolitionist activity, hosting such powerful speakers as Fredrick Douglass, Sojourner Truth, Harriet Tubman, and William Lloyd Garrison. In 1876, the structure became home to First African Methodist Episcopal Church, the pioneering independent African American denomination. The Meeting House is a stop on historic trolley tours of Boston and Boston’s Black Heritage Trail.

SCAMPO (from pg. 1)

The contemporary space features shiny copper lamps, a glowing orange bar and stools overlooking a mozzarella bar, setting the stage for house-made breads baked in a tandoori oven, pastas that surpass red sauce norms and entrées that turn simple ingredients into extraordinary experiences. An approachable wine list complements the food with ready-

to-drink varietals from mostly small Italian and American producers. A secluded 60-seat outdoor patio is open during warm weather months, while a 50-seat private dining room features an exciting view of the open kitchen. Scampo is open for lunch, dinner and weekend brunch. Log onto www.scampoboston.com.

BHCA (from pg. 1)

you to join. Your input in quality of life issues on the Hill is important to us, and we rely on you our neighbors to bring your comments and concerns to our attention. By joining our membership, you strengthen our numbers and add credibility to our purpose as advocates for Beacon Hill. Please call our office at 617-227-1922 or email the BHCA Executive Director at patricia.tully@bhcivic.org with any questions, comments or concerns, or to become a member.

Upcoming BHCA Meetings

Board of Directors – Monday, February 10th, 7:00pm, 74 Joy Street

Upcoming BHCA Events

There will be no Coffee Hour this week!

First Friday Coffee Hour – Friday, March 6th, 8-9am, BHCA, 74 Joy Street

Visit the Beacon Hill Civic Association website www.bhcivic.org or call the office (617-227-

The BHCA is working with the City to come up with a solution to increased rodent activity.

1922) for more information on any of these events.



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BEACON HILL BEAT

From Boston Police Area A-1

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DRUG UNIT: 617-343-4879 • EMERGENCIES: 911

Fraudulent Credit Card
01/29/20 - A known male suspect has used a fraudulent credit card on to go orders on sever-

al occasions at a Bowdoin Street establishment. Detectives will follow up.

BREWSTER & BERKOWITZ
REAL ESTATE

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617-367-0505 www.brewberk.com

Sally Brewster	Betsey Barrett
Ron Berkowitz	Toni Doggett

Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
BACK BAY			
Good Radius 2 NT	PS Beacon LLC	146 Beacon St #1	\$19,700,000
Good Radius 2 NT	PS Beacon LLC	146 Beacon St #2	\$19,700,000
Good Radius 2 NT	PS Beacon LLC	146 Beacon St #3	\$19,700,000
Good Radius 2 NT	PS Beacon LLC	146 Beacon St #4	\$19,700,000
Good Radius 2 NT	PS Beacon LLC	146 Beacon St #5	\$19,700,000
210 Beacon LLC	Adler, Gerald	210 Beacon St #3	\$3,195,000
210 Beacon LLC	Adler, Gerald	210 Beacon St #4	\$3,195,000
Boylston LI LLC	John Hancock Life Ins Co	535-545 Boylston St	\$128,000,000
223 Commonwealth Ave LLC	Mccann, Thomas P	223 Commonwealth Ave	\$10,000,000
Golden Rose LLC	Jones, Jo A	234 Marlborough St #3	\$1,275,000
BEACON HILL			
Okazaki Properties LLC	Nagle FT	49 Hancock St #7	\$970,000
Connolly, William	Fitzgerald, Lyncey E	49 Revere St #6	\$781,000
Chen, Jason	Holt, Ellen	6 Whittier Pl #2H	\$488,500
SOUTH END/KENMORE/BAY VILLAGE			
Safar, Serge	Lerner, Max M	1 Huntington Ave #202	\$1,200,000
Nelson, Katarzyna M	Mathieu, Daniel R	40 Isabella St #5W	\$1,650,000
Gugv 2 212 Stuart Prop	Stuart Acquisition 22	17 Shawmut St	\$10,410,505
Gugv 2 212 Stuart Prop	Stuart Acquisition 22	19 Shawmut St	\$10,410,505
Irwin Muskat 1992 T	Imbrescia, John J	110 Stuart St #21J	\$1,220,000
Gugv 2 212 Stuart Prop	Stuart Acquisition 12	212 Stuart St	\$7,289,493
Stuart Acquisition 12 LLC	Boston Redevelopment	212 Stuart St	\$583,000
Gugv 2 212 Stuart Prop	Stuart Acquisition 22	222 Stuart St	\$10,410,505
Stuart Acquisition 12 LLC	Boston Redevelopment	222 Stuart St	\$583,000
Barber FT	Cummings, Daniel W	176 W Canton St	\$4,500,000
Wu, Meijuan	Costello, Kevin P	414 Beacon St #4	\$2,475,000
Hale Nalu LLC	377 Commonwealth Ave LLC	377 Commonwealth Ave #8	\$545,000
Fitzgerald, Lynsey	Salzler, Matthew	5 Dwight St #1	\$1,630,000
Kopasz, Krisztian	Curtis, Mark E	139 E Berkeley St #601	\$1,001,000 -
Shah, Parth	East, Miles D	80-82 Fenwood Rd #1013	\$1,080,000
WATERFRONT/DOWNTOWN			
Morrisette, Devasena	E Rafferty Bostwick RET	30 Saint Stephen St	\$1,960,000
Gugv 2 212 Stuart Prop	Stuart Acquisition 22	17 Shawmut St	\$10,410,505
Gugv 2 212 Stuart Prop	Stuart Acquisition 22	19 Shawmut St	\$10,410,505
Irwin Muskat 1992 T	Imbrescia, John J	110 Stuart St #21J	\$1,220,000
Barber FT	Cummings, Daniel W	176 W Canton St	\$4,500,000
Horbe, Arthur D	Killoy, Ryan M	92 W Springfield St #1	\$540,000
Abdelsamad, Omar M	Costello, Steven M	91 Waltham St #3	\$775,000
Bonelli, Jessica L	Deitzer, Lynn M	1180-1200 Washington St #307	\$840,000
General Nutrition Corp	Washington Street Assoc	333 Washington St #102C	\$75,000
Gill, Alexander J	Straw Jeffrey S Est	16 Wellington St #3	\$510,000
Gen Ken Peoperties LLC	Owens, Julia	2 Avery St #24G	\$750,000
Britto, John	Hennessy, John	65 E India Row #14C	\$815,000
Ohri, Anil	Charles Harbor Towers	1 Franklin St #1103	\$1,730,000
Nina A Investment LLC	Hong, Frank	1 Franklin St #1504	\$1,900,000
James P Rosenfield	20 Rows Wharf 309 NT	20 Rows Wharf #309	\$2,690,938
RW 608 RT	Haley, John F	20 Rows Wharf #608	\$2,600,000
Weiss, Debra L	Howe, M Benjamin	580 Washington St #1203	\$1,880,000

ATTENTION TO DETAIL

BY PENNY CHERUBINO

THIS WEEK'S ANSWER



The ironwork in the last clue is on 2 Phillips St. built in 1843 and designed by Asher Benjamin. It is known as the second John P. Coburn House. Wikipedia identifies Coburn as a successful businessman and co-owner of a gaming house explaining that "This business brought Coburn even more wealth and allowed him to finance many rescue operations for fugitive slaves ..."

Do you have a favorite building or detail you would like featured? Send an email to Penny@BostonZest.com with your suggestion.

THIS WEEK'S CLUE



COMPASS

Your home is our mission.

Eve Dougherty aceteam@compass.com



EDITORIAL

HAVE WE TURNED A CORNER?

For the first time since 2014, life expectancy in the United States has risen after four years of decline, according to a report released this past Thursday by the U.S. Centers for Disease Control and Prevention.

Overall life expectancy rose to 78.7 years in 2018, a slight increase from 2017, when life expectancy stood at 78.6 years.

Despite the increase, life expectancy in the U.S. only stands at where it did in 2010. In other words, we've had a decade of stagnation in our country's life expectancy, the only Western nation to have no gain in this ultimate measure of national health.

Worse than that however, is this statistic: Life expectancy in the U.S. has fallen behind even poor nations, such as Portugal, Costa Rica, Cuba, and Slovenia, all of whom trailed far behind us in the 1990s.

Many factors have contributed to the recent national decline in life expectancy, most notably the opioid crisis, suicides, and alcohol abuse. These are what experts refer to as "deaths of despair," a statistic that has risen dramatically among the American white male population of all ages.

So here's one question: If it is true that we are still amidst the longest economic recovery of all time, why have America's "deaths of despair" reached an all-time high?

In our view, one obvious answer is this: The economic gains of the past decade have accrued only to the very wealthy, which in turn has resulted in many Americans falling out of the middle class and others not being able to get there.

Consider that the national minimum wage in the U.S. presently is a paltry \$7.25. And just how paltry is it? If the increase in the minimum wage had kept pace with the increase in the cost of living for the past 50 years (the minimum wage in 1968 was \$1.60), the minimum wage today would be about \$22. If you do the math, the lowest-paid workers in the U.S. should be making at least \$800 per week; instead, they are making only about \$300 per week.

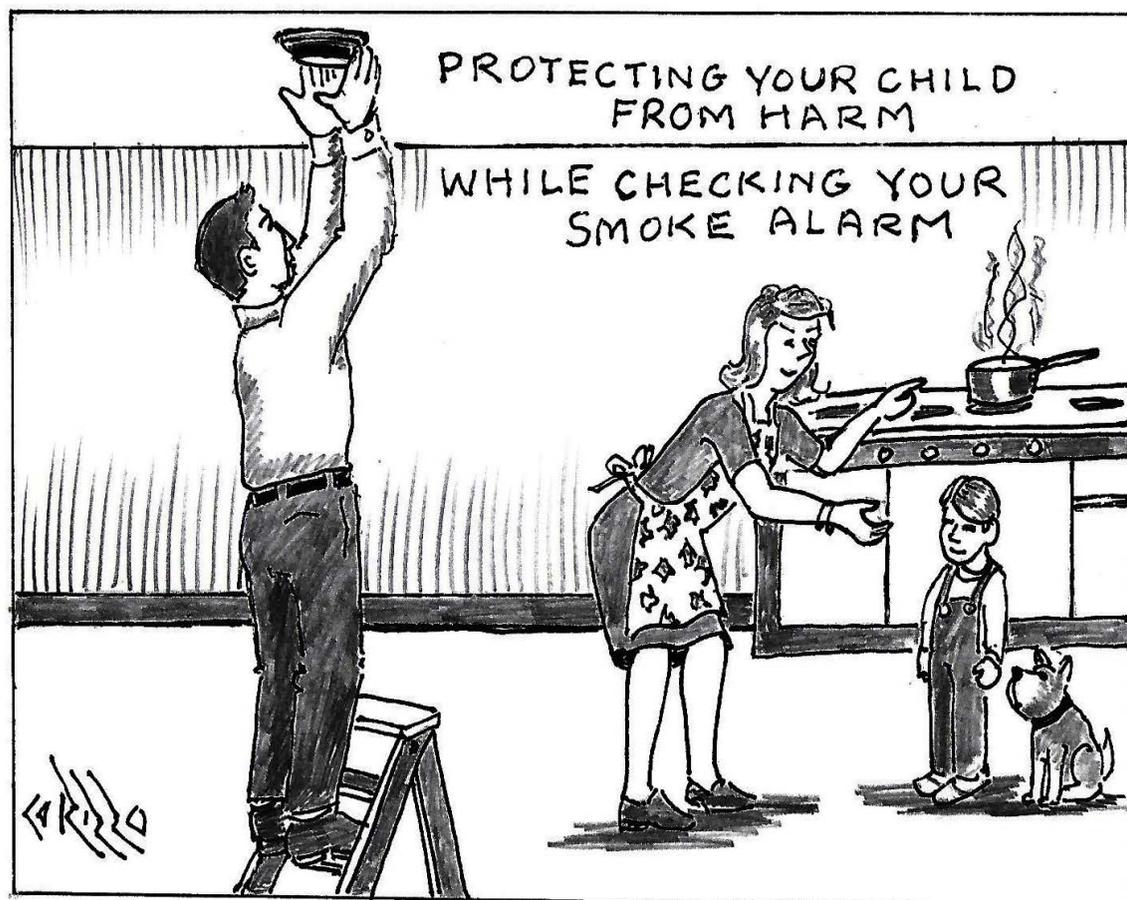
However, the working poor are not the only ones who have been left out of our nation's supposed economic growth. The median household income in the U.S. in 1968 was \$7,700. If that figure had kept pace with the cost of living, the median income today would be more than \$90,000. However, median household income in the U.S. in 2019 was just \$63,000, far below where it should be.

So now ponder this thought: If things have remained bleak for many of our fellow Americans even during the longest economic expansion on record, what will happen when the next recession hits?

The bottom line in America in 2020 simply is this: The very wealthy are getting much wealthier, while everybody else is getting poorer, with the costs of housing, health care, nursing home care for seniors, and a college education increasingly eluding the grasp of the rapidly-sinking American middle-class.

The end result of this economic dislocation can be seen in our national health statistics that show an increase in "deaths of despair" and an overall decline in our national life expectancy.

The stark reality of America in 2020 comes down to this: Americans today are living shorter -- and unhappier -- lives.



NATIONAL BURN AWARENESS WEEK FEB. 2-8

GUEST OP-ED

Black history is more than a month. Join our year-round celebration.

By Mayor Martin Walsh

February is Black History Month and, in Boston, we have a full series of events planned to celebrate the achievements of Black Bostonians-- the women and men, seniors and students, veterans and clergy, business owners and activists who have been at the heart of our city's progress and success since the beginning.

Honoring this history and progress is something we must do every day, all year round. That's why Boston is helping to lead a national movement to recognize that Black history is #MoreThanAMonth. This year, Black History Month kicks off a year-round celebration, in partnership with Boston's Black community, that we are calling a Year of Black Excellence. Black Excellence events will reach all ages and offer a range of activities including arts, sports, history, culture, job resources, and community programming.

Black History Month began on Feb. 3, at City Hall with a Black Heritage Kickoff Celebration. It continues with events like the Carter G. Woodson Basketball Tournament, the Dream Chasers

Call for Artists, our Age Strong Black Heritage Celebration for seniors, the Third Annual Fashionscape and Arts of Boston, our Fourth Annual African American Veterans Brunch, and many more. The remainder of our Year of Black Excellence will be anchored by a series of signature events, in partnership with community members and leading Boston institutions.

In July, Boston will host the national NAACP convention. Being named the host city for this national event was a great honor. We saw right away what an opportunity it would be to not only celebrate our city's progress, but also to catalyze a future of Black achievement that pushes us ever closer to Dr. Martin Luther King Jr.'s dream of equality, justice, and harmony. We are working closely with the community to host the greatest NAACP convention ever held. This event will be a milestone in Boston's history and a focus of the national conversation around social justice and economic equity.

Ultimately, real change is what it's all about. That's why our Year of Black Excellence also coin-

cides with major new initiatives and investments we are making in affordable housing, equity in education, access to transportation, and environmental justice. We will show that when we work to empower everyone and increase equity across our neighborhoods, our city becomes a better place for all-- and we can lead the nation forward as well.

We are being bold in Boston. We have made progress, but there is much work still to be done. We are inspired by the history of individual accomplishment and community progress that Black Bostonians have achieved, often against tremendous odds.

In January, we began the year by remembering the legacy of Dr. Martin Luther King, Jr. He led the country to greater equality and justice, but the realization of his dream is not complete. His vision continues to inspire more progress every day. That's ultimately what our Year of Black Excellence is all about. I invite you to join us.

If you'd like to learn more, visit boston.gov/black-excellence.

Martin J. Walsh is the Mayor of Boston.

THE BEACON HILL TIMES

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Making informed choices about one's future

By Suzanne Besser

Almost 20 years ago Beacon Hill Village was formed to help older adults in downtown Boston lead vibrant, active and healthy lives while remaining in their own homes and engaging in their neighborhoods and community. Over the years BHV has provided countless opportunities for its members to connect with one another and to make choices on how they live.

Choices? How does one make informed choices that will positively affect his or her health and happiness when most people lack expertise in so many issues that affect them as they age?

In 2016 three BHV members, including Beacon Hillers Betsy Peterson and Karen Garvin, set out to find an answer to that question. Realizing that Beacon Hill itself has no shortage of experts, they decided to turn to them. The result is The Living Well/Ending Well series, a popular series now in its 4th year that include monthly presentations by Beacon Hill experts on topics in their fields. These lectures are then followed with opportunities to discuss and share experiences in small groups and workshops.

"By providing relevant, timely and expert information on some of the key issues related to aging, BHV can help its members make informed and independent decisions on how and where they want to live as they grow older," said Executive Director Gina Morrison. "Our Living Well Ending Well (LWEW) series is critical to BHV's mission."

Each year the series has become richer and more varied," said Beacon Hiller Barbara Roop, who now chairs the LWEW planning committee of seven individuals. Topics this past fall ranged from



Photos courtesy of the Beacon Hill Village

Dr. Donald R. Korb, Kate Granigan and Dr. Edward J. Benz Jr., will provide expert advice to help people make informed choices as they age.

the aging brain to Medicare and palliative care. Upcoming programs this winter will focus on the aging eye, living options, advances in treating cancer, prevention of diseases and ageism.

"While the series has changed throughout the years, its goal has remained constant: to empower BHV members to make informed choices for living well today and planning well for tomorrow," added Roop.

To reach a wider audience, the lectures are no longer limited to BHV members. The current series is now being offered in partnership with the Boston Public Library at the Central Library in Copley Square. "This partnership allows us to extend this valuable programming to the broader Boston community," said Morrison.

The main lectures are held in the Commonwealth Salon of the Boston Public Library in Copley Square. The small group conversations and workshops that follow a week later take place at the BPL where they are free and open to the public. Advance registration is required. The workshops are also held for BHV members only

at 74 Joy Street on Beacon Hill. For more information, a schedule of events or to register in advance go to the list of events on beaconhillvillage.org or call 617-723-9713.

The Living Well Ending Well series, sponsored by the Beacon Hill Village in partnership with the Boston Public Library, continues this winter with afternoon lectures by three distinguished local experts in their fields. Free and open to the public, they take place in the Commonwealth Salon of the Boston Public Library in Copley Square. Registration in advance is required at beaconhillvillage.org or by calling Beacon Hill Village at 617-723-9713.

Dr. Donald R. Korb, an internationally acclaimed clinician, lecturer, researcher and inventor, will lead a broad ranging discussion of age-related changes to the eye and technological advances in eye care on Feb. 18. He will focus particularly on "dry eye", the most frequent reason for eye doctor visits, and the near miraculous story of developments in cataract treatment.

Kate Granigan, chief executive officer of Life Care Advocates, will explore the wide range of housing options available to the aging on March 17. She will help sort out the options including independent living, assisted living, continuing care retirement communities, as well as emerging creative technologies and intergenerational living arrangements.

Dr. Edward J. Benz Jr., an internationally renowned hematologist who is president and CEO emeritus of the Dana Farber Cancer Institute, will explain how cancer develops and review the remarkable progress in understanding and treating this complex disease. His presentation will take place on April 21.

GUEST OP-ED

Oh, the woe of losing things

By Melissa Martin, Ph.D.

Socks, gloves, ink-pens. The sneaky universe steals these things from me. Or the Sock Fairy visits while I sleep and hides one sock of each color. Or a hungry Groke Grinch lives in my coat pocket. And I've left countless umbrellas behind—only to be reminded on the next rainy day. I am the queen of losing one earring.

The Mystery of Missing Socks

Why do socks disappear? A sock monster with lots of feet. A black hole in the washer or dryer.

Socks get divorced. What's the deal?

Here is one theory. During the wash, a sock runs away from home and creeps into the laundry drum. The rotations separate items and a sock gets caught behind the drum or into the wastewater hose.

The Mystery of Missing Gloves

We can understand why kids lose gloves, but what about adults? This winter I purchased new gloves and vowed to pay attention and not lose one. Within two weeks, I had an orphan glove. Did the mate jump out of my

pocket and join the hand circus? I threw a party for a lost glove reunion, but no luck.

Memory Loss Related to Emotional Problems

"Emotional problems, such as stress, anxiety, or depression, can make a person more forgetful and can be mistaken for dementia. For instance, someone who has recently retired or who is coping with the death of a spouse, relative, or friend may feel sad, lonely, worried, or bored. Trying to deal

(Op-Ed, Pg. 9)

We ♥ Scampo BRUNCH

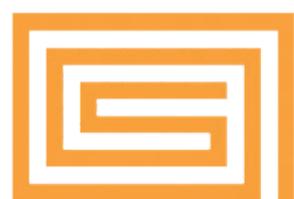
Lydia's Sunday Brunch 9AM - 3PM

BREAKFAST ESSENTIALS

Farm Eggs w/ Toast & Bacon | Omelet* | Eggs Benedict*
Waffles w/ Banana Flambé | Avocado Toast*
Egg Bowl w/Smashed Avocado | Smoked Bacon Spiced Aioli
Scampo Bacon Cheeseburger w/ Sweet Pepper Relish & Fries

*Select dishes available with or without Lobster, Salmon, Bacon
You can view our menu in full at scampoboston.com/menu

Watch Weekly for Lydia's Sunday Savory Secret Selection



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Brunch to our
Beacon Hill
Times readers
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Scampo's Valentine's Day Specials

To Start

Heart of Gold: Grit's Cake, Cape Scallops & Blood Orange Vinaigrette **28**

Main Course Option

Tenderloin Steak & Tempura Lobster w/ Beet Risotto.. Minted Black Truffle **49**
Halibut Bathed & Broiled In Vin Sano w/ Heart Shaped Bacala Ravioli...Red Sorrel & Shaved Fennel **44**

Dessert

Chocolate Raspberry Flourless Cake - raspberry cremeux, cocoa nib crumble, sweet cream chocolate chip gelato **14**
Fried Beignets w/ Champagne Chocolate Sauce & Strawberry Sauce **12**

Hill resident and siblings visit Oklahoma to see historic mural painted by their mother

By Dan Murphy

A Cedar Lane Way resident and her siblings recently made the pilgrimage to an Oklahoma post office to view a mural their mother painted 80 years ago for the first time.

"I'd never seen the mural before, but I have always known about it and wanted to see it," Brigid Williams said. "This was the first time we managed to get together and go."

Brigid visited the Poteau post office with her sister, Kitty of Manakin-Sabot Va., and their brothers, Nick Williams of Orcas Island, Wash., and Michael Williams of Millwood, Va., on Jan. 25 to see the mural that their mother, Joan Cunningham Williams, painted eight decades ago. The Williams children planned their visit to the Oklahoma post office for last month, since Joan's birthday fell on Jan. 19. (She died in 1997 at age 81 in Charlottesville, Va.)

"We planned to make the trip as close as possible to our mother's birthday," Joan wrote. "She would have been 104 this year, and this was certainly the best birthday present possible. We knew the mural well from photographs we'd seen all our lives; we grew up very proud of our moth-

er's accomplishment."

A graduate of Radcliffe College's Class of 1936, Joan went on to study at the Art Student League of New York with painter and muralist Thomas Hart Benton and later worked with muralist Jean Charlot painting frescoes in Oklahoma, Ohio and New Jersey.

In 1940, Joan won a nationwide competition to match artists with post offices throughout the country, and her mural was subsequently commissioned through the WPA Federal Art Project - a New Deal program to fund visual arts in the U.S.

Joan was assigned the subject "Cotton," so from her home in Rochester, N.Y., she painted a mural representing cotton farming near its height of production in the 1930s. She then drove the canvas to Poteau with her younger brother, Michael Cunningham, who not only was her model for some of the figures in the mural, but also helped her install it at the post office.

"It shows influence of American realism school, which was very involved in glorifying the American worker and the circumstances of lives of people across the country," Brigid said of the mural, which depicts agricultural workers resting in the foreground as more workers appear in the



Photos courtesy of Brigid Williams

Joan Cunningham Williams with the mural outside her Rochester, N.Y., studio.

distance gathering cotton.

"It's also very interesting to see the face of an African American in the foreground shown as equal with his fellow workers," Brigid told this reporter.

Moreover, Brigid said the mural clearly conveys her mother's appreciation for landscape.

"One thing I noticed being in Oklahoma for first time was how the fertile plains are edged by mountain ranges," Brigid said, adding that her mother's mural managed effectively to capture the Oklahoma terrain, even though Joan had never visited the state prior to its installation.

While the mural might resonate deeply with today's audiences, it wasn't well received upon its unveiling, as evidenced by two stories published in local newspapers at the time of its installation. But her children agree Joan, who was only 24 at the time, was likely unfazed by the critical response to her work.

"Apparently the reception of the mural was quite critical of its modernism," Brigid wrote. "We agreed that would not have bothered our mother who was a rebel and a groundbreaker in her artistic style."

Despite its storied past, the history and significance of the mural was widely unknown to the people of Poteau, including those working at the post office.

"I called the post office, and they said they had the mural, but they didn't know anything about it," Brigid said. "Part of the fun was telling them about it and my mother and what her career was."

Not long after the installation



Nick, Michael, Kitty and Brigid Williams standing before a mural on display at the Poteau, Okla., post office that was painted by their mother, Joan Cunningham Williams, in 1940.

of the mural, Joan abandoned her artistic pursuits to raise her family as the wife of a diplomat, however.

"She painted it in 1939-40, long before we were born," Brigid

wrote. "She did consider herself an artist and painted professionally until her growing family and husband's career made it difficult to spend the time and focus she felt it required."

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DUCKS (from pg. 1)

the publication of McCloskey's children's book called "Make Way for Ducklings: The Art of Robert McCloskey," and Lorraine Walsh, a museum volunteer, designed and sewed min-tartan coats with velvet collars for the Ducks to wear for the occasion.

Other times, the Ducks have been adorned in attire intended to raise awareness of political issues and current events.

To coincide with the publication of Ruth Bader Ginsburg's 2016 book "My Own Words," the robe-clad Ducks appeared as Supreme Court Justices. And women from all over the country knitted pink hats for the Ducks to wear in conjunction with the Boston Women's March for America, which drew a crowd estimated at 175,000 to the Boston Common on Jan. 21, 2017 – one day after President Donald Trump's inauguration – in support of women's rights, Schön said.

Last summer, the Ducks were caged in chicken wire as a statement on the inhumane treatment of immigrant children at the border in a guerilla installation that was the brainchild of Karyn Alzayer, a Malden artist and founder of the nonprofit Integral Arts Everett.

But for the most part whoever dresses the Ducks has chosen and managed to remain anonymous.

"It's a big mystery, and we know there are some groups who do it, but we don't know who they are," Schön said. "There are all sorts of thoughts about who it is."

Meanwhile, Schön hatched the idea of compiling a photo book of the Ducks in costume over dinner with Sue Ramin, director of Brandeis University Press.

The two women became friends after Ramin successfully pitched the idea of a book devoted to Schön and her craft to her employer at the time, Boston-

based David R. Godine, Publisher. This resulted in the publication of "Make Way for Nancy: A Life in Public Art" in 2017, which revisits and recounts the great success and many challenges Schön has encountered over the course of her career.

"Nancy is such an extraordinary person and so incredibly talented, and the Ducks, the Tortoise and the Hare in Copley Square and her other sculptures are so iconic that I wanted to [develop] a book about her achievements and how she achieved them," Ramin said. "She's an artist, a publicist and her own business manager - she does it all - and I was just really interested in the public art process."

Ramin said she was inspired to help tell Schön's story by walking past the Ducks each day on her way to work and noticing their ever-changing wardrobes.

"I thought it was extraordinary how people expressed themselves through the Ducks, and that it's become a form of self-expression and engagement with the public," said Ramin, who is also helping Schön develop this latest book project. "It amazes me that people use them to celebrate Christmas, Easter, the winter season and Boston's sports teams. It's like a catalyst for commentary."

Boston Parks Commissioner Ryan Woods points to the Ducks as not only a popular attraction for children, but also a city landmark that is embraced and enjoyed by visitors to the Public Garden of all ages.

"The Make Way for Ducklings statue is a beloved piece of public art in the City of Boston," Woods said. "We look forward to welcoming children - and the young at heart - to the Public Garden for generations to come."

A portion of the proceeds from



Photo by Jessamyn Martin

Renowned sculptor Nancy Schön at work in her West Newton studio.

sales of the book would benefit the Friends of the Public Garden, a private nonprofit that cares for the Boston Common, Public Garden and Commonwealth Avenue Mall in partnership with the city.

"The Ducklings sculpture is probably the most beloved sculpture in Boston, with outfits or without," said Liz Vizza, executive director of the Friends group. "We are grateful to Nancy for her generosity in pledging a portion of the proceeds to the Friends so we can continue our work in caring for this iconic park and every creature in it."

As for the expected content and release date of the intended book, Schön is now soliciting high-resolution photos submissions from the public, and will work together with Ramin to select a diverse representation of images for potential publication.

"We're seeking the best, most artistic images we can find," Schön

said. "It will be a beautiful book and reminder that these Ducks are like the Energizer Bunny - they just keep going and going."

To submit a photo, click on the link at <https://nancyschon.typeform.com/to/IhTbAA>. You will be asked to provide the occasion of

the outfit/decoration, date of the photo (if you know it) and your name as the photographer if you desire attribution (if selected for the book). If your photo is used, you will be informed of its selection, and you will receive a copy of the book signed by Schön.

Frost Fit Winter Series returns to the Esplanade

The Frost Fit Winter Series, presented by Blue Cross Blue Shield of Massachusetts, is back this year and bigger than ever with 13 free outdoor fitness classes.

The Esplanade Association is partnering with Blue Cross Blue Shield of Massachusetts, Lynx Fitness Club, the November Project and the Massachusetts Department of Conservation and Recreation to bring the series back to the Charles River Esplanade in February and March.

Every Monday in February at 6:30 a.m., instructors

from the November Project will lead you through running loops, body-weight exercises, and other fun, energetic activities designed to keep you moving (and therefore warm). Every Saturday in February and March at 10 a.m., instructors from Lynx Fitness Club will lead you through an hour-long high intensity interval training (HIIT) class that incorporates bodyweight strength training with high-intensity cardio bursts for maximum calorie burning effect, set to fun and upbeat music. Anyone who attends these work-

outs will receive select Frost Fit Winter Series swag, a light breakfast and hot beverages.

Upcoming Frost Fit programming includes Saturday Workouts with Lynx Fitness Club on Saturdays, Feb. 8 and 15, at 10 a.m.; and Monday Workouts with the November Project on Mondays, Feb. 10 and 17, at 6:30 a.m.

Interested in signing up? Visit Esplanade.org/Fitness to learn more and register.

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City Councilor Flaherty announces his 2020 committee assignments

Committee assignments for the two-year Boston City Council term beginning in 2020 have been announced, and Boston City Councilor At-Large Michael F. Flaherty has been assigned as the Chair of the Community Preservation Act (CPA) Committee for the second consecutive term. Councilor Flaherty has also been assigned as Vice-Chair on the Committee on Government Operations, the Committee on PILOT Reform, and the Committee on Rules and Administration.

"I am looking forward to my leadership roles on these critically important committees and to helping move Boston forward with effective legislation and constituent services," said Councilor Flaherty. "I am particularly excited about my role on the PILOT reform committee, working with my colleagues and our City's tax exempt institutions to ensure that the benefits they are reaping from our great City are being returned equitably so we may all continue

to prosper."

Councilor Flaherty has been a longtime champion of the CPA since its adoption by the Commonwealth of Massachusetts in 2000, and was a key figure in its adoption by the City of Boston in 2016. In his role as CPA Committee chair, Councilor Flaherty will be central in the allocation of funds generated through the CPA, and their ultimate disbursement to affordable housing, open space, and historical preservation projects across the city.

Councilor Flaherty said "The success of the Community Preservation Act in the City of Boston is something I take great pride in, having spearheaded efforts to support it for almost 20 years now. I am honored to continue serving in my role as Chairman of this important committee and working to ensure that deserving projects in every neighborhood of our City continue to receive this important funding."

Mayor Martin J. Walsh recently released his recommendations

for what will be the third round of CPA funding--a total of roughly \$24 million, spread across 40 projects around the City. The Mayor recommended a majority of the funds be directed towards affordable housing projects, in direct response to the affordable housing crisis that Boston currently faces. With this round of funding, the City will have granted approximately \$67 million for projects in every neighborhood. The Mayor's

recommendations for this round of funding have been approved by the Community Preservation Committee, and they will now be submitted to the Boston City Council's CPA Committee for final approval in the coming weeks.

Councilor Flaherty will now begin the public hearing process to determine the merits of each proposed project, ensuring that they meet all of the appropriate criteria and maximize public

benefit. The Councilor welcomes input from all community partners and constituents throughout this process. Any concerned party is welcome to contact his office at 617-635-4205 or by email at michael.flaherty@boston.gov. A formal announcement of the CPA Committee hearing on this matter will follow once the hearing has been scheduled.

BRIEFS

ORGAN CONCERT ON SUNDAY

The Boston Society of the New Jerusalem has installed a new Allen Organ G330. The Allen G330 is truly an amazing instrument and has been especially designed to take advantage of the church's superb acoustics. In addition to the speakers in the balcony, a special set of speakers has been installed in the front of the church for antiphonal affect. The Organ Concert will take place on Sunday, Feb. 16, at 3:00 p.m. The guest organist will be Shalun Li. Shalun Li is a student of Ting Zhou and Jianzhong Wang in Music Middle School Affiliated to Shanghai Conservatory of Music. He is now pursuing a Master of Music Degree at New England Conservatory in Boston as a student of Meng-Chieh Liu. The performance will include: Bach's "Tocatta in d minor", "Three inventions"; Messiaen's "Le Banquet Céleste"; "O Sacrum Convivium"; Scarlatti's "Sonata K.27,K.208" and others. The admission price is \$5. A reception immediately following (the concert site is handicap accessible). Come to 140 Bowdoin Street, Beacon Hill (across the street from the State House). For more information phone: 617-523-4575 or visit <http://churchon-thehillboston.org>.

WARD 5 DEMOCRATIC CAUCUS TO MEET ON FEB. 29

The Democratic Caucus for Boston Ward 5 will be held on Saturday, Feb. 29, at 11 a.m. at Old South Church (645 Boylston St.), in the fourth-floor Guild Room. The purpose of the Caucus is to elect delegates to the Massachusetts Democratic State

Convention to be held on Saturday, May 30. All registered Democrats living within Ward 5 are welcome to attend, vote in, and run for delegate at the caucus. In addition, any unregistered resident of Ward 5 will be able to register as a Democrat at the Caucus prior to the start of the proceedings. Those not registered as Democrats or not living in Ward 5 are also welcome to attend as guests.

GALLEGO JOINS SEN. ED MARKEY CAMPAIGN AS FIELD ORGANIZER

Juan Gallego has joined Sen. Ed Markey's campaign for re-election to the United States Senate as a Field Organizer. Juan has extensive campaign experience, having previously worked on the Committees to Elect Mayor Kimberley Driscoll, Michael Gatlin and Damali Vidot. He also interned at the Office of U.S. Sen. Markey and worked as a Student Assistant for Distinguished Professor and former Massachusetts governor, Michael S. Dukakis at Northeastern University.

Juan is the Field Organizer for South End, Allston, Brighton, Fenway, Kenmore, Back Bay, Beacon Hill, North End, Government Center, South Boston, Charlestown, East Boston, Chinatown, Chelsea, Revere, and Winthrop.

"Juan's experience in government and politics, his drive to propel progressive policies forward, and his prior work for Sen. Markey make him an important addition," said Campaign Manager John Walsh. "His passion for grassroots campaigns is evident in his work and we are excited to have him join Team Markey."

"I have always admired Senator Markey's commitment to the fight

against climate change. It is the most important issue to my generation and I am glad to be a part of a campaign that understands that now is the time to act," said Gallego. "I am looking forward to making sure that the voters of Massachusetts organize for this progressive champion."

Juan is from Chelsea and has a Bachelor of Science in Political Science with a minor in Urban Studies from Northeastern University.

FBHW TO HOST EVENT

On Saturday, Feb. 22, join Friends of the Boston Harborwalk (FBHW) for a two-hour, narrated Boston Harbor tour on Boston Harbor Cruise's Regency. The heated vessel will travel around the Inner Harbor and out past the Boston Harbor Islands. Speakers will discuss the history and evolution of Boston's waterfront.

The Regency will depart from and return to Long Wharf. Boarding begins at 9:30 a.m. with departure at 10 a.m. (sharp), returning at approximately 12:15 p.m. Specific dock location and boarding information will be sent out days prior to the tour.

The Regency has bathrooms and is heated. Beverages and snacks are available for purchase. Dress extra warmly if you would like to be outside!

Friends of the Boston Harborwalk, affiliated with Boston Harbor Now, is an all-volunteer group that promotes public enjoyment of Boston's 43-mile Harborwalk. FBHW hosts monthly tours, facilitates cleanups, and partners with property owners to add interpretive signs along the city's waterfront.

The \$20 fee supports the Friends' work.

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Absentee ballots and early voting dates now available for the presidential primary

The City of Boston's Election Department announced that absentee ballots are now available for the Presidential Primary taking place on Tuesday, March 3. Voters registered in Boston who meet one of the requirements below are eligible to vote by absentee ballot:

- Voters absent from the city and unable to vote at the polls on Election Day,
- Voters who have a physical disability preventing them from getting to a polling site,

- Voters who are an active member of the armed services, and
- Voters who cannot participate due to religious obligations.

The deadline to submit an application for an absentee ballot is Monday, March 2, at noon, and can be done by mail or in person at the Election Department in City Hall. In person absentee voting is available during regular business hours as well as on Saturday, Feb. 15, Feb. 22 and Feb. 29, from 10 a.m. to 2 p.m.

Absentee applications can be downloaded at boston.gov/absentee. When requesting a ballot by mail, voters are asked to mail their applications to the Election Department early to be processed on time. Voted ballots must be mailed back and received by the Election Department no later than 8 p.m. on Tuesday, March 3. For more information please visit: boston.gov/absentee

VOTER REGISTRATION DEADLINE: the deadline to regis-

ter to vote or to update voter profiles for the Presidential Primary is Wednesday, Feb. 12. On Feb. 12, the Election Department will be open until 8 p.m. for those who want to register to vote. For more information on how to register to vote, please visit <https://www.sec.state.ma.us/ovr/>

EARLY VOTING: early voting for the March 3, 2020 Presidential Primary will be available to all Boston voters from Monday, Feb. 24, through Friday, Feb. 28. Any

registered voter can vote early. A listing of all early voting locations, dates, and times will be included with the annual city census. For more information on early voting please visit <https://www.boston.gov/departments/elections/vote-early-boston>

Polling locations for Election Day can be found using the Secretary of the Commonwealth's website.

LOCAL STUDENTS EARN ACADEMIC HONORS

LOCAL RESIDENTS RECEIVE ACADEMIC HONORS

Northeastern University announces fall semester 2019 Dean's List

Northeastern University is pleased to recognize those students who distinguish themselves academically during the course of the school year. The following students were recently named to the university's Dean's List for the Fall semester, which ended in December 2019.

Back Bay resident Abdullatif Kanafani, majoring in business administration

Back Bay resident Camille Ruykhaver, majoring in business

administration

Back Bay resident Shirley Cheung, majoring in nursing

To achieve the dean's list distinction, students must carry a full program of at least four courses, have a quality point average of 3.5 or greater out of a possible 4.0 and carry no single grade lower than a C- during the course of their college career. Each student receives a letter of commendation and congratulation from their college dean.

Founded in 1898, Northeastern is a global research university and the recognized leader in experience-powered lifelong learning. Our world-renowned experiential approach empowers our students, faculty, alumni, and partners to

create impact far beyond the confines of discipline, degree, and campus.

LOCAL RESIDENTS RECEIVE ACADEMIC HONORS

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* Beacon Hill resident Stephen Burr, majoring in business administration

Beacon Hill resident Tarfa Abulhamayel, majoring in business administration

Beacon Hill resident Gabriella Cova, majoring in intl affairs/economics

Beacon Hill resident Maria Barrett, majoring in communication studies

Beacon Hill resident Bianca Palmarini, majoring in intl affairs/economics

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have a quality point average of 3.5 or greater out of a possible 4.0 and carry no single grade lower than a C- during the course of their college career. Each student receives a letter of commendation and congratulation from their college dean.

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OP-ED (from pg. 5)

with these life changes leaves some people feeling confused or forgetful," according to article by the National Institute on Aging.

Memory problems can occur from trying to juggle too many balls in the air; not enough sleep from burning the candle at both ends; and runaway stress. Some drugs list memory loss as a side effect.

Age-Related Changes in Memory

"Forgetfulness can be a normal part of aging. As people get older, changes occur in all parts of the body, including the brain. As a result, some people may notice that it takes longer to learn new things, they don't remember information as well as they did, or they lose things like their glasses. These usually are signs of mild forgetfulness, not serious memory problems, like Alzheimer's disease." www.nia.nih.gov

What's Normal

Absentmindedness occurs when you aren't paying close attention to the activity at hand. Occasionally forgetting where you placed things. Forgetting facts

over time. Like computers, our brains need to purge old data to make room for new. A "tip of the tongue" memory slip that you remember later. Utilizing reminders to help you remember. Despite memory lapses, if your personality and mood remain the same, it's a good indicator that it's probably not something more serious. That's according to Helena Chang Chui, MD, a neurologist at Keck Medicine of USC.

I lose my car in parking lots, often. Is misplacing your cell phone, purse, or keys part of your daily routine? Do you put special

things in special places to not forget, and then forget? The land of the lost has recently claimed a pair of my favorite glasses.

My solutions: Wear mismatched socks on my hands and outsmart the Sock Fairy and the Glove Grinch. Handcuff car keys to my wrist. And buy an old lady eyeglass chain or strap.

Melissa Martin, Ph.D., is an author, columnist, educator, and therapist. She lives in Ohio. Contact her at melissacolumnist@gmail.com.

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NEIGHBORHOOD ROUNDUP

KING'S CHAPEL'S TUESDAY RECITALS

King's Chapel, 58 Tremont St., presents its Tuesday Recitals. Admission is by suggested donation of \$5 per person; the donations are given to the performing musicians. Programs begin at 12:15 p.m. and last approximately 35 minutes; for more information, call 617-227-2155.

Programming includes Meghan Jacoby (flute) and Daniel Ascadi (guitar) performing works by Assad, Bartok, Beaser and Piazzolla on Feb. 11; George Sargeant on the C.B. Fisk organ performing works by Bach, Franck, Gigout and Howells on Feb. 18; Caroline Hughes (flute) and Tim Roberts (cello) and Heinrich Christensen (organ) performing works by Bach, Corigliano, Faure and Morricone on Feb. 25.

'SKATING WITH FRIENDS' ON THE FROG POND

The Friends of the Public Garden is sponsoring "Skating with Friends" on Sunday, Feb. 9, from 10 a.m. to 6 p.m. at the Frog Pond on the Boston Common.

The event will feature free skate rentals (while supplies last), and complimentary cookies. There will be free cocoa thanks to the Skating Club of Boston. Skating assistants will be on hand, and Frog Pond Freddy will also make an appearance.

Tickets are available only on the day of the event starting at 9:30 a.m. The day will have five 90-minute skating sessions at 10 a.m.; noon; and 2, 4 and 6 p.m., and up to 250 skaters can be accommodated per session.

HILL HOUSE PRESENTS FREE KIDS' VALENTINE'S DAY PARTY

Hill House, Inc. located at 127 Mount Vernon St., will host its annual, free kids' Valentine's Day

Party on Thursday, Feb. 13, from 3:30 to 5 p.m. in the main assembly room of the Firehouse.

All ages are welcome for an event that includes crafts, seasonally appropriate games and a chance to win a \$10 JP Licks gift card. This event does not require registration - you can just come anytime. Along with the party, Hill House is holding a cosmetic, handbag and footwear drive for Dress For Success Boston, and hopes you'll donate unused, unopened cosmetics, size 5-9 women's footwear (business casual), and lightly used handbags.

For more information on the party or donation drive, contact Meredith Adamczyk at 617-227-5838 or adamczyk@hillhouseboston.org. Visit hillhouseboston.org for more information.

LECTURE SERIES LOOKS BACK ON URBAN RENEWAL IN THE WEST END

The West End Museum presents "Reflections on Boston's West End: The Origins & Lessons of Urban Renewal," a lecture series that provides a comprehensive examination of the forces that led to the urban renewal programs in mid-20th century America. Structured as a series of seven lectures with discussion, each session has a distinct topic, but all use Boston's West End urban renewal project as the primary example and connecting point.

Attendees will learn how an entire Boston neighborhood vanished, displacing about 7,500 people who called it home. Tenement houses with mom-and-pop storefronts fell to the wrecking ball, ultimately to be replaced by high-rises with professed suburban amenities, all in the name of progress.

Series presenter James Briand has worked with The West End Museum since 2009, developing classroom presentations and tours

on various topics including urban renewal, the work of Jane Jacobs, the 1949 Housing Act, and Title One. Briand has authored numerous articles on local history and is a lifelong resident of the Boston area.

Beginning Feb. 19 and running through the fall, the lectures take place on Wednesday evenings from 7 to 8 p.m. at the museum. Pre-registration is required at thewestendmuseum.org/events. Attendees may opt to register for the entire lecture series for \$120 (\$60 Museum members and students), or individual sessions for \$20 each (\$10 Museum members and students).

CONVERSATION WITH CAREGIVERS

The Dementia Care Collaborative welcomes guest speaker Donna Newman-Bluestein, MEd, BC-DMT, LMHC, for "Embodied Caregiving: Transforming the Culture of Care for People with Dementia through Movement Therapy" at the Mass. General Hospital, O'Keefe Auditorium, 55 Fruit St., on Tuesday, Feb. 18, at 5:30 p.m.

How do we convey acceptance, caring, and genuine interest to people whose verbal skills are diminished so that they feel safe and willing to cooperate? Through video and a lecture demonstration, Dr. Newman-Bluestein's program will offer a brief overview at the many ways we express ourselves through movement so that people with dementia experience genuine connection and pleasure, rather than isolation, loneliness, and abandonment.

This monthly educational seminar series is a helpful resource for everyone; for caregivers walking the journey of dementia with a loved one, for clinicians, hospital staff, and community members.

All are welcome. Refreshments will be available at 5 p.m., and admission is free. R.S.V.P. at 617-724-0406.

FRIENDS OF THE BOSTON HARBORWALK'S 'WINTER HARBOR CRUISE'

Friends of the Boston Harborwalk presents a narrated Boston Harbor tour on Boston Harbor Cruise's Regency on Saturday, Feb. 22, departing from and returning to Long Wharf. Boarding begins at 9:30 a.m. with departure at 10 a.m. (sharp), returning at approximately 12:15

p.m. Specific dock location and boarding information will be sent out days prior to the tour.

The heated vessel will travel around the Inner Harbor and out past the Boston Harbor Islands. Speakers will discuss the history and evolution of Boston's waterfront. Dress extra warmly if you would like to be outside.

Admission is \$20, and the fee supports the work of the Friends of the Boston Harborwalk, affiliated with Boston Harbor Now, is an all-volunteer group that promotes public enjoyment of Boston's 43-mile Harborwalk. Sign up at <https://www.eventbrite.com/e/winter-harbor-cruise-tickets-91630259573>.

HILL HOUSE SPRING BASEBALL LEAGUE REGISTRATION NOW OPEN

Hill House, Inc. located at 127 Mount Vernon St., has opened up Baseball and Softball League registration. Members of the community can now register for its new Red Sox Rookie League for 4-year-olds, T-Ball (ages 5-6.5), AA Baseball (ages 6.5-7), AAA Baseball (ages 8-9) and Majors League (10- to 12-year-olds). Hill house also offers Girls Softball for 6- to 8-year-olds and 9- to 12-year-olds. All leagues are coed, and the season will begin the first week in April.

Visit <http://www.hillhouseboston.org/Athletics/Baseball.htm> for more details.

For more information on the Hill House Little League, contact Hill House Athletics Director Marshall Caldera at 617-227-5838 or mcaldera@hillhouseboston.org.

BSNJ COMMUNITY CHILDREN'S CHORUS

The Boston Society of The New Jerusalem (BSNJ) Community Children's Chorus is a comprehensive musical training program for children in the third through seventh grades.

Your child will be participating in a program that promotes: the love of music, expressive singing, teamwork-cooperative learning, building new friendships, self-assessment and the fun of being in an outstanding program.

The group meets at 140 Bowdoin St. on Saturday mornings. Tuition is free for any child with a Greater Boston-area address. All levels of singing ability are welcome. To register, contact Carlton Doctor at 617-523-

4575 or visit www.churchonthehillboston.org (click on "music.")

BSNJ/The Church On The Hill sponsors this initiative, but we are not promoting any religious ideology.

'COLORING FOR ADULTS' AT THE WEST END BRANCH LIBRARY

The West End Branch of the Boston Public Library, located at 151 Cambridge St., presents "Color Your World: Coloring for Adults" on Fridays from 2 to 4 p.m.

At this time, the library will supply coloring pages, colored pencils, markers and crayons, or bring your own supplies if you prefer. Feel free to drop in between these hours.

Call 617-523-3957 for more information.

SPANISH/ENGLISH LANGUAGE EXCHANGE

The West End Branch of the Boston Public Library, located at 151 Cambridge St., presents the Spanish/English Language Exchange/Intercambio de Idiomas en Inglés y Español on Mondays from 3 to 5 p.m.

At this time, English speakers can practice Spanish and Spanish speakers can practice English in this fun, informal conversation class.

Call 617-523-3957 for more information.

VOLUNTEERS NEEDED FOR HOT MEAL PROGRAM

The North End/West End Neighborhood Service Center (NE/WE NSC), located at 1 Michelangelo St., serves a hot, fresh, home-cooked lunch to seniors in the neighborhood Mondays and Fridays, and is looking for two volunteers to help with shopping, food preparation, cooking, serving and clean-up. The non-profit providing services and programs to low-income residents of the North End, West End and Beacon Hill is looking for volunteers who can assist with the whole meal from 9 a.m. to 2 p.m. on a Monday and/or Friday, but can make arrangements to fit your schedule. Contact Maria Stella Gulla, director, at 617-523-8125, ext. 201, via e-mail at mariastella.gulla@bostonabcd.org for more information.

(CONTINUED ON Page 11)

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CALENDAR

THE DEADLINE FOR LISTING EVENTS IS THE TUESDAY BEFORE PUBLICATION. CALL 617-523-9490 OR FAX 617-523-8668 OR EMAIL EDITOR@BEACONHILLTIMES.COM

SUNDAY, FEB. 9

ACTIVITY, Friends of the Public Garden's "Skating with Friends," Boston Common, Frog Pond, 10 a.m.-6 p.m., admission: free, tickets available only on the day of the event starting at 9:30 a.m.

TUESDAY, FEB. 11

CONCERT, Meghan Jacoby (flute) and Daniel Ascadi (guitar) performing works by Assad, Bartok, Beaser and Piazzolla, King's Chapel, 58 Tremont St., 12:15 p.m., suggested donation: \$5, call 617-227-2155 for more information

THURSDAY, FEB. 13

EVENT, kids' Valentine's Day Party, Hill House, Inc. 127 Mount Vernon St., main assembly room, 3:30-5 p.m., contact Meredith Adamczyk at 617-227-5838 or adamczyk@hillhouseboston.org for more information

TUESDAY, FEB. 18

CONCERT, George Sargeant on the C.B. Fisk organ performing works by Bach, Franck, Gigout and Howells, King's Chapel, 58 Tremont St., 12:15 p.m., suggested donation: \$5, call 617-227-2155 for more information
LECTURE, "Embodied Caregiving: Transforming the Culture of Care for People with Dementia through Movement Therapy," Mass. General Hospital, O'Keefe

Auditorium, 55 Fruit St., 5:30 p.m., admission: free, R.S.V.P. at 617-724-0406

SATURDAY, FEB. 22

FUNDRAISER, Friends of the Boston Harborwalk's "Winter Harbor Cruise," departing from Long Wharf at 10 a.m., (boarding begins at 9:30 a.m.), admission: \$20, register at www.eventbrite.com/e/winter-harbor-cruise-tickets-91630259573

TUESDAY, FEB. 25

CONCERT, Caroline Hughes (flute) and Tim Roberts (cello) and Heinrich Christensen (organ) performing works by Bach, Corigliano, Faure and Morricone, King's Chapel, 58 Tremont St., 12:15 p.m., suggested donation: \$5, call 617-227-2155 for more information

NEIGHBORHOOD ROUNDUP

ESL CONVERSATION GROUP RESUMES MEETING AT WEST END BRANCH LIBRARY

The West End Branch of the Boston Public Library, located at 151 Cambridge St., welcomes the English as a Second Language (ESL) conversation group every Tuesday from noon to 1:30 p.m. Come and practice your English language skills with other newcomers and a facilitator.

GET HOMEWORK HELP AT THE WEST END BRANCH LIBRARY

The West End Branch of the Boston Public Library, located at 151 Cambridge St., offers homework help every Thursday from 4 to 6 p.m.

Get help from a Boston Public Schools teacher. No appointment necessary; simply drop in with your homework.

Call 617-523-3957 for more information.

COMPASSIONATE FRIENDS GROUP REACHES OUT TO BEREAVED PARENTS, FAMILIES

The Boston Chapter of The Compassionate Friends (TCF) meets at Trinity Church on the first Tuesday of each month from 6 to 7:30 p.m.

TCF is a national self-help, mutual-assistance organization offering friendship, understanding and hope to bereaved parents and their families. Call 617-539-6424 or e-mail tcfboston@gmail.com for more information.

WEST END PLAYGROUP MEETS TUESDAY MORNINGS

The West End Community Center, located at 1 Congress St., welcomes the West End Playgroup on Tuesdays from 9:30 to 10:30 a.m. through the fall and winter.

This is a free drop-in time to let kids play and adults chat with one another. Small toy donations are welcome.

WEST END FOOD PANTRY SEEKING DONATIONS

The West End Food Pantry needs help to continue serving its more than 120 clients per month. They welcome donations to replenish the supply of food that they give out to hungry residents in the neighborhood.

The pantry is located in the West End Branch of the Boston Public Library and is staffed by volunteers from ABCD's North End/West End Neighborhood Service Center. Non-perishable (canned and boxed) items are being sought, including rice, pasta, canned tuna, canned chicken, chili, beans, vegetables, cereal, soups, cup of noodles, etc.

Donations can be left at the library, 151 Cambridge St., on Monday through Wednesday from 10 a.m. to 6 p.m., Thursday from noon to 8 p.m. and Friday from 9 a.m. to 5 p.m.

INTRODUCTION TO LAPTOPS, EREADERS AND IPADS AT THE WEST END BRANCH LIBRARY

The West End Branch of

the Boston Public Library, 151 Cambridge St., offers an introduction to laptops, eReaders and iPads by appointment only. Get the most out of your eReader or Laptop. Receive tips and guidance during these one-on-one sessions. Call Branch Librarian, Helen Bender at 617-523-3957 or e-mail hbender@bpl.org to set up an appointment.

YOGA FOR SENIORS AT THE WEST END BRANCH LIBRARY

The West End Branch of the Boston Public Library, 151 Cambridge St., presents yoga for seniors every Tuesday from 2:45 to 3:30 p.m. Classes are led by Tatiana Nekrasova, a certified yoga instructor.

VOLUNTEER AT SPAULDING REHAB

Stay active, meet new people and be connected with your community by volunteering at Spaulding Rehabilitation Hospital. Staff members will match your skills and interests to a volunteer opportunity. The hospital is currently recruiting volunteers, ages 18 and up, for two- to three-hour-a-week shifts for a minimum of six to 12 months commitment. Visit www.spauldingnetwork.org for more information.

AFTER-WORK TAI CHI GROUP AT THE WEST END BRANCH LIBRARY

The West End Branch of the Boston Public Library, 151 Cambridge St., welcomes after-work tai chi group every Thursday from 5 to 6 p.m. Come and try this low impact energy exercise

with yang-style tai chi instructor Arthur Soo-Hoo.

BE A FRIEND TO ELDERLY IN NEED

FriendshipWorks seeks caring people to offer help and support to isolated elders in the Boston area. Volunteers are needed to provide companionship and assist elders with tasks such as reading, organizing, or going for a walk - lend an hour each week and gain a friend and a new perspective. Volunteers also needed to escort elders to and from medical appointments. No car is needed and hours are flexible. For more information or to apply online, visit www.fw4elders.org or call 617-482-1510.

LOCAL RESIDENTS NEEDED TO DRIVE CANCER PATIENTS TO AND FROM TREATMENT

The American Cancer Society is in great need of Road to Recovery volunteers to drive local cancer patients to and from their chemotherapy and/or radiation treatments. An integral part of treating cancer successfully is making sure cancer patients receive their treatments, but many find making transportation arrangements is a challenge. The American Cancer

Society provided more than 19,000 rides to cancer patients in New England last year, but needs new volunteer drivers to keep up with the demand for transportation.

Make a difference in the fight against cancer by becoming a volunteer driver for the American Cancer Society's Road to Recovery. Drivers use their own vehicle to drive patients to and from their treatments. The schedule for volunteers is flexible, and treatment appointments take place weekdays, primarily during business hours. If you or someone you know is interested in becoming a volunteer driver for Road to Recovery, contact your American Cancer Society at 800-227-2345 or visit www.cancer.org.

JOIN THE DOWNTOWN BOSTON ROTARY CLUB

The Downtown Boston Rotary Club, the first new Rotary Club in Boston in 100 years, holds meetings at the UMass Club in the Financial District on the first and third Tuesdays of each month from 6 to 7:15 p.m.

For more information, visit www.dbrotary.org or call 617-535-1950.



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*— Ali, Owner of Sloane Merrill Gallery
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